**Transition of Children and Young People from Children to Adult Services Insert for:**

Service Specification(s) and/or Service Contract(s)

**Section… Transition of children and young people (C&YP) to adult services**

Adolescence is a developmental stage, distinct from childhood or adulthood, with increasing evidence of the specific neurocognitive development young people experience that underlies much of their behaviour. Advances in health care and improved quality of services means that children and young people are living longer with serious illness, chronic conditions and disabilities and will require ongoing care and support into adulthood. Children and young people need to be prepared and supported to live healthy and fulfilling lives. Adolescents are seen both in, and across, paediatric and adult services and effective transition processes are key in providing young–person friendly, developmentally-appropriate care (aged between 12-25).

Transition must be:

* A planned, clear, transparent process, and be as seamless as possible for young people.
* Timely and not delayed and cover all young people in transition.
* Delivered by staff who have undertaken training in providing health care for young people.
* Seen as a process not a one of event.
* Centred around the needs of the child or young person and place them at the heart of the process

**The Provider of the Service within this specification will play a key role in enabling this vision to be delivered**

Commissioner(s) and Provider(s) will:

* Ensure transition services are commissioned and delivered according to national or locally agreed best practise guidelines and standards.
* Ensure that transition services/arrangement are developed and managed in cooperation with children young people and their families.
* Conduct a joint review of transition services/arrangements on a ………. basis.
* Where possible have a champion at board level for transition

The commissioner will:

* Ensure they are well informed on the needs (included unmet needs) of children, young people and their families in relation to transition and ensure that services reflect these needs.
* Consider measurable outcome indicators against which successful models (services/arrangements) of transition can be commissioned and monitored.
* Place significant importance on transition in performance and contract management.

The provider will:

* Identify and work in partnership with stakeholders to ensure an integrated, comprehensive and coordinated approach to transition service development and delivery.
* Have a transition policy covering services for young people (12 -25) developed, implemented and reviewed annually with assurance report to the board and commissioners.[[1]](#footnote-1)
* Transition pathway and operational guidelines jointly developed by all partners (stakeholders) including: paediatric, adult services, local authority and service users implemented. - Published pathway and guidelines available to staff, young people and parent carers using the service.[[2]](#footnote-2)
* Provide ongoing professional development to ensure all staff engaged in transition have the appropriate skills to work with children and young people.
* Deliver children and young people friendly services in line with ‘You’re Welcome’ Quality Standards.[[3]](#footnote-3)

Children Young People and their families will:

* Will experience a seamless transition service with greater continuity of care and into early adulthood.
* Will experience “Person centred” age appropriate care based around jointly agreed care plans which focus on developing the skills necessary for self-care.[[4]](#footnote-4)
* Have access to appropriate coordinated support particularly when transitioning into adulthood.

Outcomes

* Compliance with 'You’re Welcome' Quality Standards and 'young person friendly' services.
* Directory of named transition leads in place for Adult specialties/department
* Transition policy covering services for young people (13 -25) developed, implemented and reviewed annually with assurance report to the Board and commissioners
* Shared protocol between children and adult services.
* Transition Forum led by named executive lead for transition monitors, reviews and improves compliance with NHS England agreed standards.

1. NHSE Generic Specification for Transition2014/15 [↑](#footnote-ref-1)
2. NHSE Generic Specification for Transition 2014/15 [↑](#footnote-ref-2)
3. Department of Health’s quality criteria for young people friendly health services, ‘You’re Welcome’ [↑](#footnote-ref-3)
4. Leeds Diabetes Transition Specification V.1 24/10 2008 [↑](#footnote-ref-4)