

In support of



Yorkshire and the Humber  
Clinical Networks

# Children & Young People's Mental Health Clinical Network & Stairways

Who Are We and What Do We Do?



# Hello! Who Are We?

- Core Team Members:

- Andrew Clarke (Quality Improvement Manager)
- Laura Whixton (Quality Improvement Lead)



- Plus...

- Rob Mayall (Local Authority Advisor)
- Claire Pearson (Clinical Advisor)
- Anne Worrall-Davies (Clinical Advisor)
- Kath Evans (National NHS England Sponsor)

### Future in mind

Promoting, protecting and improving our  
children and young people's mental health  
and wellbeing



# Why Are We Here?

- **Future in Mind**: Published in March 2015 this document explains what needs to happen to make mental health services better for children and young people.
- All areas across Yorkshire & the Humber are working hard to make changes and we are here to support them and help them achieve this. Each area has written something called a '**Local Transformation Plan**' (LTP) which explains for the next 5 years what they will do.

# What Do We Do?

- As a network **we bring everybody together**; Clinical Commissioning Groups (CCGs), CAMHS Providers, Voluntary Organisations, Children and Young People, Public Health, Local Authorities, Department for Education and more to **work together** on common themes included in Local Transformation Plans, such as:
  - Eating disorders
  - Improving CYP mental health/emotional wellbeing in schools
  - Data and information to demonstrate change and improvement
  - Transition to adult mental health or moving to another area
  - Vulnerable groups, such as those being adopted



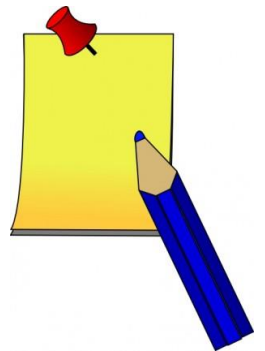
# Why We Need You

- As a young person in Stairways (our CYP Advisory Group) **you** can:
  - Help keep our work on track and make sure we are not missing something
  - Be an expert of young people's needs and tell us about them
  - Influence future services by making suggestions, creating ideas to solve problems and working with us to make things happen
  - Support each other and share examples of work that you may have already done with other areas



# A Bit More About Us

- All those common themes that we work on are written down in something called our ‘**Work Programme**’.
- We regularly review our Work Programme to make sure we are on track and really making a difference. You can help us with this and we welcome you to make suggestions and challenges.



# A Bit More About Us

We have two other groups of people who come together every two months:

## 1. Y&H CYP Mental Health and Emotional Wellbeing Steering Group

This group decides what will happen next for our Work Programme . Members come from all those organisations already mentioned. The CYP Advisory Group will work really closely with this group of people, giving you the opportunity to influence them! You don't have to come to their meetings, but we will use the Facebook Group discussions as your main link in and out of this group.

## 2. Lead Commissioner Forum

This is where people responsible (known as Lead Commissioners) for making Future in Mind and Local Transformation Plans happen come together to share ideas, support each other and discuss in more detail what we will do next. Once something is agreed by the Steering Group this is where the CYP Advisory Group can make suggestions on how something can be done.

# Group Photo!

Here is a picture of just a few people who are part of the **Lead Commissioner Forum** (they are a friendly bunch!):



Left to right: Rita Thomas (Specialised Commissioning), Steph Beal (Admin Support), Clare Hillitt (Network Manager), Nigel Parkes (Lead Commissioner Rotherham), Lee Golze (Lead Commissioner Doncaster), Matthew Peers (Commissioning Manager Sheffield), Jane Mischekno (Lead Commissioner Leeds), Alison Cockerill (Lead Commissioner East Riding), Lynn Powell (Local Authority Commissioner Calderdale), Patrick Otway (Lead Commissioner Barnsley), Claire Pearson (Clinical Advisor), George Thrippleton (Lead Commissioner Hull), Alison Bagnall (Adult Mental Health Clinical Network), Rob Mayall (Local Authority Advisor).



# Spread the Word!

If you know of any other young person who would like to get involved with Stairways please let them know and ask them to contact [laura.whixton@nhs.net](mailto:laura.whixton@nhs.net)



# Thank You!

We are looking forward to working with you. You can contact us any time if you have any questions or suggestions etc. [Laura.whixton@nhs.net](mailto:Laura.whixton@nhs.net)

<http://www.yhscn.nhs.uk/children-maternity/children-network.php>



@YHSCN\_CM

