

## Yorkshire & the Humber Children's and Maternity SCN

### Transition of children and young people (C&YP) to adult services: Young People Friendly Care

Transition Baseline Assessment, September –December 2014

Provider	Commissioner
<p><u>Key Findings</u></p> <ul style="list-style-type: none"> <li>✓ The majority of provider trusts have introduced elements of transition.</li> <li>✓ Transition models, pathways and documentation e.g. transition plans, are primarily focused on sub specialities (particularly diabetes) and there is great variation across the region.</li> <li>✓ Less than 50% of trusts identified that they have good relationships with adults services and reported limited, ad hoc involvement of adult services in transition.</li> <li>✓ There is no consistent age across the region for when transition begins.</li> <li>✓ Involvement of young people and their parents is variable with pockets of good practice i.e. youth forums, youth workers...</li> <li>✓ On the whole data specifically related to transition is not reported and outcome measures are predominantly based on patient experience surveys</li> </ul>	<p><u>Key Findings</u></p> <ul style="list-style-type: none"> <li>✓ Work is ongoing and developing in relation to transition and is included in work programmes.</li> <li>✓ The majority of CCGs do not have specific funding, contractual arrangements or service specifications (many are developing inserts for specifications) in place for transition.</li> <li>✓ All CCGs reported that transition is included in a number of Strategic Partnership Groups, Partnership Forums and Local Children's Networks. All CCGs are working in partnership with Local Authorities, Providers (trusts), Community Providers and Voluntary Sector in relation to transition.</li> <li>✓ Over 50% of CCGs that responded do not collect specific data on performance.</li> <li>✓ Involvement of young people and their parents is variable with pockets of good practice i.e. children's champions, experienced based service design.</li> <li>✓ The majority of CCGs do not have a lead for transition.</li> </ul>
<p><u>Challenges</u></p> <ul style="list-style-type: none"> <li>✓ Pathways and documentation need improving.</li> <li>✓ Funding.</li> <li>✓ Lack of engagement with adult services.</li> <li>✓ Lack of joined up provision across health and social care.</li> <li>✓ Time.</li> <li>✓ Works force development and capacity.</li> </ul>	<p><u>Challenges</u></p> <ul style="list-style-type: none"> <li>✓ Working with adult services (recognising their role).</li> <li>✓ Differing thresholds for access between children's and adults services.</li> <li>✓ Primary Care.</li> <li>✓ CYP with multiple morbidity/disability that do not fit into one disease-specific transition pathway.</li> </ul>

<u>Strengths</u>	<u>Future Plans</u>
<ul style="list-style-type: none"> <li>✓ Joint consultations and pathways with adult services.</li> <li>✓ Trust transition forums and boards.</li> <li>✓ Key workers/transition leads.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Develop local provision for children and young people with learning disabilities.</li> <li>✓ Ensuring the transition processes is referred to in all service specs.</li> <li>✓ Implement the pathways developed, review the role of transition workers and support transition programmes with in trusts.</li> <li>✓ Working towards transition champion in acute trusts.</li> </ul>
<u>What can the SCN do?</u>	<u>What can the SCN do?</u>
<ul style="list-style-type: none"> <li>✓ Consistent policy for transition across the health agenda, particularly around providing guidance.</li> <li>✓ Developing a consistent transition plan with young people.</li> <li>✓ Increase and improve staff education about the specific needs of young people and their families during transition.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Developing outcomes for transition.</li> <li>✓ Identify best practice, theory and evidence of implementation.</li> <li>✓ Engagement of all aspects of health care in the transition planning process.</li> </ul>
<ul style="list-style-type: none"> <li>✓ Active engagement of all adult stakeholders and services, including suitable adult provision and venues</li> </ul>	