

DIAMONDS

Diabetes and Mental Illness: Improving Outcomes and Services

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<http://www.diamonds.nihr.ac.uk/>

- Diabetes is 2-3 times more common in people with a severe mental illness (= SMI)
- From National Diabetes Audit 2017/18 data:
 - People with Type 1 diabetes – similar provision of care processes as people without SMI
 - People with Type 2 diabetes – 10% difference in number of people receiving care processes

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- DIAMONDS studies based at the University of York - designed to improve outcomes for people with diabetes and severe mental illness
- Findings applicable to people with severe mental illness and other long-term conditions like COPD

Diamonds studies

- Emerald for people with SMI at high risk of diabetes
- DAWN – SMI study (Diabetes Attitudes, Wishes and Needs)
- Diamonds programme – structured education for people with type 2 diabetes and SMI

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- DIAMONDS programme is developing and evaluating a tailored self-management intervention
- To address challenges to self-management that were identified in phase 1 of DIAMONDS
- Phase 2 of DIAMONDS jointly designing interventions for diabetes and COPD
- Working in partnership with people with SMI, their family/friends, and clinicians in a process called co-design



Guidelines for involving people affected by diabetes in shaping their care and services

Working in partnership with



User Involvement in diabetes care

- <https://www.diabetes.org.uk/Professionals/Resources/shared-practice/Patient-and-public-involvement>
- Or search for diabetes.org.uk
patient involvement northern



Yorkshire and the Humber
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*Any
questions?*

NHS England and NHS Improvement

