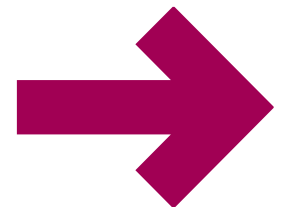


Shared Haemodialysis Care Leaders Inaugural Meeting

Tuesday 9 June 2015
1800-2030

Marriott Hotel, Leeds, LS1 6ET

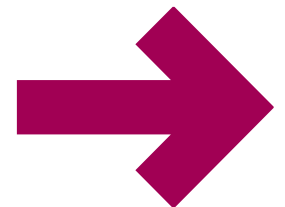


Shared Haemodialysis Care Leaders Inaugural Meeting

Objectives

The main intention of the forum is to connect leaders in shared haemodialysis care; to conduct discussions regarding what works in shared haemodialysis care - what has been tried, discuss barriers and possible solutions; and to discuss the spread and sustainability of shared care across the UK.

We are the Shared Care Network

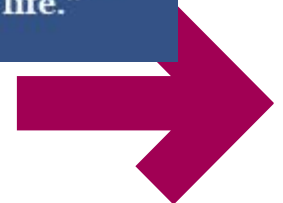
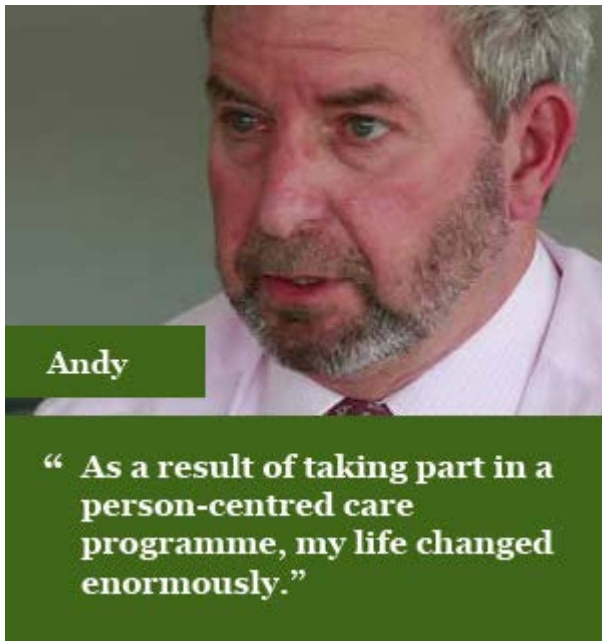


Shared Haemodialysis Care Leaders Inaugural Meeting

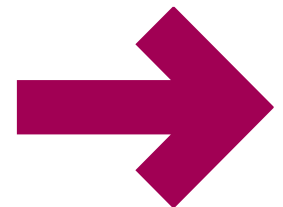
18:30-18:40	Introductions and Purpose of the Meeting	Dr Paul Laboi
18:40-19:40	<p>Challenges & Successes - Experiences across the UK</p> <ul style="list-style-type: none"> • City Hospitals Sunderland • Doncaster Royal Infirmary • Guy's London • Huddersfield Satellite Unit • James Paget, Norfolk • King's College London • Leeds Teaching Hospitals • North Bristol • Nottingham University Hospitals • Royal Liverpool Hospitals • Royal Wolverhampton • Sheffield Teaching Hospitals • University Hospitals of Leicester • York Teaching Hospitals <p>Discussion</p>	All
19:40-20:20	<p>Future Plans</p> <ul style="list-style-type: none"> - Spread & Sustainability - Scaling Up - UK Shared Care Forum 	Professor Martin Wilkie
20:20-20:30	Conclusions, Next Steps & Evaluation	Dr Paul Laboi
20:30	Dinner & Informal Networking	All

Shared Care in Yorkshire

- Slow but rewarding journey



- Have tried several changes but many improvements have come from lessons learnt by others
- For example -
 - Dialysis related tasks – St George’s
 - Self Care units – Jonkoping
 - Holiday dialysis – Stories from Shropshire
 - Research – Alison Tong & John Agar
 - Shared Care Website & App



Shared Care Network

...e to the Shared Haemodialysis Care Network.

Note: This page is still under development and new features introduced regularly.

...ly the Shared Care network has:

41

...lysis Units participating in Shared Care Network.

30%

... of patients participating in at least 5 aspects of Shared Care.

...ysis Units

...select a site from the list below or click on the relevant marker on the map for more information. *Please note: this functionality is not yet available but is due to be implemented*

...enal Unit



Challenges & Successes: Experiences across the UK

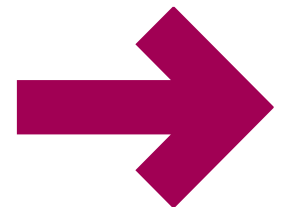
- **A Summary of Top Challenges and Successes**

Top Challenges:

- Resources (staffing/money/time)
- Attitudes/Resistance to Change (Staff/Management/Patients)
- Sustainability

Top Successes:

- Improving experience and relationships of staff and patients and building relationships
- Developing the Shared Care Course locally
- Increasing interest in Home Dialysis



Challenges & Successes: Experiences across the UK

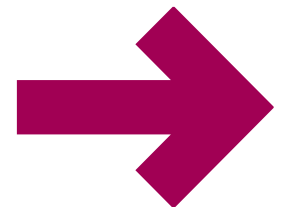
- **City Hospitals Sunderland**

Top Challenges to Implementing Shared Care

- Resources
- Selling the Service/Buying In
- Speaking the Patients Language

Top Successes of Shared Care

- Improving the Patient Experience
- Flexibility of Service
- Career Development - Expertise



Challenges & Successes: Experiences across the UK

- **Doncaster Royal Infirmary**

Top Challenges to Implementing Shared Care

- Time
- Staffing pressures
- Staff and patient attitudes (at initial stages)

Top Successes of Shared Care

- Patients engagement has led to improved clinical outcomes, there have been very few medical emergencies on patients on HD due to better symptom control as the patients understand their disease better.
- Excellent relationships have been built between patient and staff, leading to the unit, winning 2 awards following nomination by the patients
- Starting the Home haemodialysis service and developing the self-care service.



Challenges & Successes: Experiences across the UK

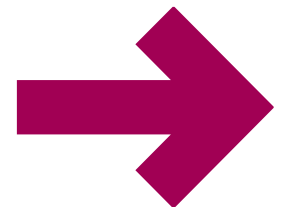
- **Huddersfield Satellite Unit**

Top Challenges to Implementing Shared Care

- Sustainability
- Maintain Patient Independence – Staff Knowledge
- Time – Staff /Patient

Top Successes of Shared Care

- Disability - not to be discriminated.
- Age
- Patient Satisfaction



Challenges & Successes: Experiences across the UK

- James Paget University Hospital

Top Challenges to Implementing Shared Care

- Time/Staffing
- Keeping staff motivated
- Some patients have been suspicious of Shared Care

Top Successes of Shared Care

- Patients interest in starting home haemodialysis
- Some patients would like to cannulate themselves
- Patients have been measuring Blood Pressure and Weight and have discussions with each other



Challenges & Successes: Experiences across the UK



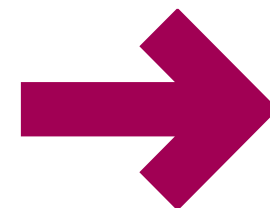
Leeds Children's Haemodialysis Shared Care

Top Challenges to Implementing Shared Care

- Patient stay extended
- Patients changing therapy. Transplant, PD
- How do you teach CVC access?

Top Successes of Shared Care

- Positive study results to implementing PSHC
- Conferences: national and local



Challenges & Successes: Experiences across the UK



Top Challenges to Implementing Shared Care

- Bringing management on board
- Co-ordinating the change
- Resistance to change

Top Successes of Shared Care

- Starting a local S/C course – effectively doubled number of trained staff in 1 course
- Census figure of 25% patients doing 5 tasks or more in 18 months (some units at 50%)
- Getting medic and management support



Challenges & Successes: Experiences across the UK

Nottingham University Hospitals NHS Trust (Alastair Ferraro)

Top Challenges to Implementing Shared Care

- Overcoming suspicions that Shared Care is about reducing staffing
- Maintaining momentum
- Documentation... & actually signing off patients who Share Care

Top Successes of Shared Care

- 2 day local course for Staff Training, with patient input to that
- Gradual “organic” growth in numbers, particularly in 2 units
- Success thus far done without any formal extra funding



Challenges & Successes: Experiences across the UK

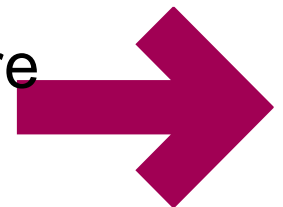
Nottingham University Hospitals NHS Trust (Andy Corbett)

Top Challenges to implementing Shared Care

- Educating and training of staff
- Time and developing resources
- Educating patients

Top Successes of Shared Care

- Developing our own training the trainers course
- Involvement of patients in developing our programme
- Staff and patients seeing the benefits of shared care



Challenges & Successes: Experiences across the UK

Liverpool

Top Challenges to Implementing Shared Care

- Nursing time and dedication
- Getting patients to see the value
- Maintaining patients once trained

Top Successes of Shared Care

- Patients successfully trained and advanced to more independent home dialysis
- Nurse development
- Unit offering a range of treatments and increasing patient choice



Challenges & Successes: Experiences across the UK

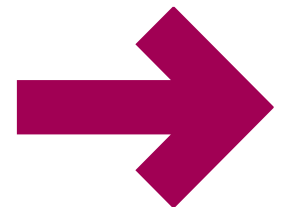
- **Cannock Renal Unit (Royal Wolverhampton)**

Top Challenges to Implementing Shared Care

- Lack of time to spend teaching.
- Patients were scared to move out of their comfort zone.
- Some staff were quite challenging.

Top Successes of Shared Care

- Programme continues to grow.
- Patients and staff more enthusiastic.
- More time to spend with the patients



Challenges & Successes: Experiences across the UK

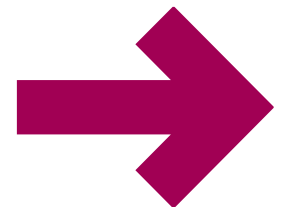
- **Sheffield**

Top Challenges to Implementing Shared Care

- Keeping enthusiasm going with change in management
- Engaging all members of the team i.e. Drs in outpatients, pre HD nurses
- Recording progress of patients

Top Successes of Shared Care

- A core group of patients who present and are great advocates
- Shared care is introduced to every new patient
- Yearly census results show consistent activity



Challenges & Successes: Experiences across the UK

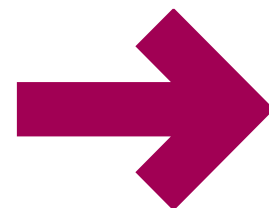
- **Lincoln Renal Unit (hoping to develop shared care)**

Top 3 Challenges to Implementing Shared Care

- Unit capacity and throughput – staff under pressure to commence HD as soon as possible to ensure 3 shifts of patients dialyse within unit opening times
- Difficult to stagger patient appointments due to transport requirements/patients travelling together from geographical locations
- Difficulties in giving patients dedicated training time

Top Potential Successes of Shared Care

- More involved patient group resulting in improved self care and outcomes
- Better staff morale and job satisfaction
- Self care leading to interest in home dialysis and successful training



Challenges & Successes: Experiences across the UK

- **York Teaching Hospital**

Top Challenges to Implementing Shared Care

- York was the main pilot site alongside Sheffield – difficulty in sustaining interest amongst other priorities.
- Not part of the Trust's key priorities, i.e. patient flow; lack of beds; 4 hour target; 16 week/cancer target.
- Not all staff agree we should be focussing on a small group of patients.

Top Successes of Shared Care

- Increase in home haemodialysis and self-care.
- Development of Harrogate and Selby self-care units.
- Nurse exchange programme with Jönköping, Sweden – to be confirmed.



York Renal Services

- Capacity problems dictate level of Shared Care
- Miss windows of opportunity to capture patient activation
- Limited by a HHD team of 1 and we are trialling training 2 patients together in the self care unit.
- X% of HHD patients, 2 self care units and money for a machine in York
- Plans to set up holiday dialysis for independent patients in Harrogate and Whitby
- Facilitating qualitative research – what does good dialysis mean to the patient?
- Development of shared care app

Dinner and Informal Networking

