

The 4th Shared Haemodialysis Care Learning Event 2015 - Evaluation

What I have learned today:

- To liaise with senior staff to make time for shared care
- To educate colleagues about shared care, to tackle resistance to change
- The right way to approach patients
- Various training initiatives in different regions - development
- Importance of networking – communication/connectivity/trust/empathy/compassion
- Training given in bite-size and possibly supported by pictures and/or drawings – visual aids
- To motivate, encourage and support
- Compassion, dignity and respect
- Haemodialysis Care with children
- Motivational interviewing: Taster session
- Shared Care is growing
- Information sites
- The importance of sharing across hospitals
- Patients are the expert of themselves, consult with them more
- Good to see staff of all levels wanting to make a difference to patients
- Awareness of clinical need is understood but not applied individually
- A great deal more compassion is needed in patient care
- Benefits of SHC
- How to involve patients and family into SHC
- The process and approach to Shared Care
- More about SHC and how different units work
- YH seem to be further ahead compared to the rest of England in SHC
- Motivational Interviewing



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What I can take away from today:

- Contact list from other delegates – very useful!
- Lots of useful information to share with renal unit in Leeds
- To encourage and support the peer group to share care
- Motivational ways of achieving Shared Care with patients
- Try to get more involved with motivating others
- This pen! (Thank you)
- Shared care can be implemented far than it currently is, patient led diagnosis of their needs
- More ideas about SHC
- Shared care is all about the patient taking responsibility for their own care and health care professionals are only there to facilitate this
- Better understanding of SHC
- Improved knowledge of SHC – still not enough!
- Confidence

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What I will take further:

- Getting the groundwork started
- Try to initiate some of the information received today with my renal unit
- Submit a report on today's proceedings
- Motivation
- Practising motivational interviewing with patients not willing to share in their care
- Don't reinvent the wheel – share information!
- Expert patient champions are required to promote shared care. Do you know anyone like this? I will be discussing today's conference with a patient that I know fits the bill
- Try and practise it daily
- How to motivate patients to embrace SHC
- More training
- Gain more knowledge of SHC – training and courses
- Motivational Interviewing