Hyper Acute Stroke Services
Yorkshire & the Humber
‘Blueprint’
for
Yorkshire & the Humber
Clinical Commissioning Groups
Strategic Clinical Networks provide an organisational model through which professionals and organisations come together, working across boundaries, to deliver programmes of continuous quality improvement. These programmes contribute to the achievement of better outcomes for patients, and benefit population health, where there is a need for whole system or collective improvement endeavour.

In line with this remit, Yorkshire & the Humber Strategic Clinical Network have been supporting the three sub-regions to undertake a resilience review and develop new models of Hyper Acute Stroke (HAS) services across their footprints. In their report the Yorkshire & the Humber Clinical Senate requested assurance that there was a single overview of stroke service reconfiguration across the three strands of work.

The 23 Clinical Commissioning Groups (CCGs) agreed the development of a Yorkshire & The Humber blueprint as the mechanism to assure the clinical senate, and other stakeholders, that a Yorkshire and Humber wide view is available to inform and align any further reconfigurations of HAS services across the region. The blueprint highlights the cross boundary impact and issues between the three sub regions programmes, and with the East Midlands Strategic Clinical Network.

**Issue date:** June 2016

**Prepared by:** Yorkshire and the Humber Strategic Clinical Network (Cardiovascular Disease) in conjunction with Working Together Programme, Healthy Futures Programme, Humber & North Yorkshire CCGs and the Yorkshire Ambulance Service NHS Trust.

**Amendment History:**

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<td>27th March</td>
<td>Incorporated activity numbers into tables</td>
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<td>30th March</td>
<td>Final Draft for Sign off by Leadership Group</td>
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<td>31st March</td>
<td>Final Version for Clinical Senate Review</td>
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<td>22 June</td>
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Foreword & Key Messages

The Yorkshire & Humber Strategic Clinical Network was requested by the 23 Clinical Commissioning Groups in Yorkshire and the Humber to produce a blueprint for improved clinical outcomes for patients. The NHS England Business plan (2014/15-16/2017) advocates the roll out of centralised hyper-acute stroke centres and aims to build on the “evidence-based model”. Outcomes for stroke patients have improved in London since specialist care was centralised in eight hyper-acute stroke centres, it is recognised that urban and rural areas require different stroke service configurations. This report focussed on improving outcomes and the resilience of services in Y&H.

In the course of the consultation, the ambition within the blueprint was challenged by the National Clinical Director and the Yorkshire and the Humber Clinical Senate. The following key messages emerged from the launch event on 13th April 2016 and have been reflected in the recommendations.

- The current hyper acute stroke service across Y&H, as evidenced by the current Sentinel Stroke national Audit Programme (SSNAP) data, is under-performing with unacceptable variation between services.

- There are a number of workforce challenges and constraints with insufficient medical, nursing, therapy and diagnostic workforce to continue with hyper-acute stroke services on fourteen sites. Consolidating the specialist workforce into a smaller number of hyper-acute and acute units will maximise the sustainability and quality of services and the capacity to deliver seven day, consultant led stroke services.

- National guidance recommends an upper threshold of 1500 confirmed strokes per annum and the rationale to support this has been considered robust in other service reconfigurations. Consolidation of the workforce and centralisation on fewer sites across Y&H, as described above, would support this higher threshold. Future planning should also consider the co-location of acute and hyper-acute stroke services.

In addition to quality, access times and workforce the future configuration of services needs to be financially sustainable. Transformation of hyper-acute stroke services should be reflected in the ambitions of Urgent & Emergency Care Networks in the context of the Sustainability and Transformation Plans.

Professor Graham Venables
Clinical Director, Yorkshire and the Humber Clinical Networks
1. **Summary Recommendations**

1.1 The SCN was requested to:

- provide a high level overview as to how outcomes for people with acute stroke could be improved by reconfiguring Hyper Acute Stroke services (HASS), and

- provide assurance to the Yorkshire and the Humber Clinical Senate and other stakeholders that there is a single coherent view of the direction of travel and any cross boundary impacts.

Sub-regional intentions have been reviewed and the viable options considered based on the impact that removing a service would have on clinical activity for surrounding HAS services and travel times. This resulted in the following recommendations:

**Recommendation 1** Hyperacute stroke services should be delivered on no more than 8 sites across Yorkshire and the Humber. The final number will depend on workforce, quality and financial considerations within each STP footprint.

**Recommendation 2** Coast, Humber and Vale should maintain their existing service configuration but will need to demonstrate improved performance and quality to ensure a uniformly high treatment standard for stroke patients.

**Recommendation 3** The resilience of hyperacute stroke services in West Yorkshire should be optimised by reducing the number of sites; ensuring that Leeds does not exceed the upper threshold and that other sites achieve the minimum activity levels required to deliver a safe and sustainable service.

**Recommendation 4** The number of services should be reduced to two in South Yorkshire & Bassetlaw. Where possible cross boundary transfers should be avoided, the impact on ambulance services minimised and the effect of stroke mimics on provider organisations taken into account.
2. Background

2.1 Historical Reconfigurations

2.1.1 Within Yorkshire & the Humber region there has been considerable work already undertaken towards improving outcomes for stroke including the introduction of a Stroke Assurance Framework in 2009 followed by accreditation visits with external experts.

2.1.2 Prior to the publication of the National Stroke Strategy, individual providers with multiple admitting hospitals undertook internal consolidation to reduce the number of hospital sites admitting acute strokes. Each of the following Trusts centralised their service onto a single site:

- Bradford Teaching Hospitals NHS Foundation Trust
- Calderdale & Huddersfield NHS Foundation Trust
- Leeds Teaching Hospitals NHS Trust
- Mid Yorkshire Hospitals NHS Trusts and
- Sheffield Teaching Hospitals NHS Trust

There have also been, and remain, significant workforce challenges which have also been a major contributor to some of the less resilient services, having to formulate emergency alliances more recently. Over the last ten years there has therefore, been a natural migration towards a reduction in the number of hyper acute stroke units rather than a planned major transformation change programme. However, Stroke Sentinel National Audit Programme (SSNAP) data demonstrates that there still remains unacceptable variation in the quality of services and further work is required in order to achieve consistent high quality services across the region that are resilient in terms of quality and sustainability.

2.2 Recent Large Scale Changes

2.2.1 In 2013, following the Keogh review, North Lincolnshire and Goole (NLAG) centralised hyper acute stroke services on the Scunthorpe site (with hospital bypass for FAST (face, arm, speech, time) positive patients from the Grimsby site). This programme was managed via the Healthy Lives Healthy Futures work programme and supported by the Yorkshire and the Humber Clinical Senate and local Health and Social Care Overview and Scrutiny Committees. This has led to a significant improvement in SSNAP performance data.

2.2.2 In November 2013 the Healthy Futures work programme in West Yorkshire commissioned a review of the resilience of their HAS services. During this review, in April 2014 Airedale NHS Foundation Trust suffered significant workforce challenges and consequently an emergency alliance was formulated with Bradford Teaching Hospitals NHS Foundation Trust. This alliance has since been consolidated, under review by local Health and Social
Care Overview and Scrutiny Committee, into a single service model with Hyper Acute Stroke Unit (HASU) centralised on the Bradford Royal Infirmary site (and hospital bypass for FAST positive patients from the Airedale site). Early indications suggest that this model is working successfully and is demonstrating improvement in SSNAP performance.

2.2.3 In 2015, Scarborough Hospital faced significant workforce challenges and as a result, York Teaching Hospitals NHS Foundation Trust centralised the HAS unit at the York site. Due to the geographical remoteness of the population served by Scarborough and the ambulance transfer time to York, a model which enabled initial assessment and treatment, utilising telemedicine, was adopted with Scarborough continuing to receive FAST positive patients through the Accident and Emergency department (A&E) then subsequently transferred to the HASU at York. As this model is innovative within England it has been overseen by an external advisory panel in addition to the local Health and Social Care Oversight and Scrutiny Committee. Although still very early days, the SSNAP data indicates better performance at the Scarborough site with a small impact on York data due to the time taken for transfer to HASU.

2.3 Proposed Reconfigurations

2.3.1 In May 2015, the Commissioners Working Together Programme submitted a case for change to the Clinical Senate that supported transformational change in South Yorkshire Bassetlaw and North Derbyshire. The recommendation of the Yorkshire & the Humber Clinical Senate was to ensure a co-ordinated approach to transformation across the Yorkshire & the Humber footprint in order to understand the cross boundary implications of reconfiguration and manage any potential unintended consequences on other providers.

3. Blueprint for Hyper Acute Stroke Services

3.1 Context

3.1.1 In response to the Clinical Senate recommendation above, in November 2015, the 23 Clinical Commissioning Groups (CCGs) across Yorkshire & the Humber approved the development of a Yorkshire & the Humber ‘blueprint’ for Hyper Acute Stroke Services that would provide a high level overview of potential clinically safe/sustainable services, ensure equity of access for the populations served and improve outcomes for patients with acute stroke.

3.1.2 Evidence demonstrates that outcome for people with acute stroke can be improved if their care is undertaken in a specialised centre with a higher volume of activity\(^1\).
3.1.3 The blueprint constitutes a very high level review based on clinical activity and access/travel times with the purpose of informing the next stages of work in each STP footprint providing them with a strategic direction of travel in a co-ordinated manner. This mitigates against the unintended consequences of transformation in other programmes, in particular South Yorkshire, Bassetlaw and North Derbyshire but does not replace the need, where appropriate, for individual STPs to undertake a full detailed review and options appraisal for service change.

3.2 Activity Levels

3.2.1 There is growing evidence, based on the London experience, that a HASS admitting less than 600 confirmed strokes per annum provides worse outcomes for patients, is not resilient in terms of workforce and not recommended as a sustainable service model for the future. A maximum number of 1,500 confirmed strokes per annum is nationally recommended and the rationale for this lower and upper threshold has recently been supported by the West Midlands Clinical Senate. Recent evidence also suggests that larger units have shorter door to needle times for thrombolysis (clot busting) after arrival at hospital which can offset longer travel times.

3.2.2 The Yorkshire & the Humber Stroke Clinical Advisory Group recommended that a maximum level of confirmed strokes of 1,200 per unit per annum is utilised in order to ensure that the medical, nurse and allied health professional workforce vacancies are attractive to facilitate recruitment and retain staff in post. However, the consensus following challenge at the launch event on 13th April is that 1,500 is achievable if the specialist workforce are consolidate on fewer sites and the recommendations in the report have subsequently been updated to reflect this.

3.2.3 The Clinical Commissioning Toolkit advocates that the optimal number, based on cost effectiveness, is 900 confirmed strokes per Unit.

3.2.4 Based on the above national debate this paper recommends the following activity metric: No unit should have a confirmed stroke rate of less than 600 cases per annum. The upper threshold will be determined by a number of factors including workforce, quality outcomes and finance but should not exceed 1,500 cases per annum.

3.3 Time to Treatment

3.3.1 Improved outcomes for patients are critically dependent on time to treatment. Those treated with thrombolytic therapy achieve a more favourable outcome if treated within 90 minutes compared with those in whom there is a delay up to 4.5 hours after stroke onset.

3.3.2 National guidance recommends that there is a maximum ambulance call to door travel time of 60 minutes and that 95% of journeys should be achievable.
within 45 minutes. Yorkshire Ambulance Service provided data to allow
scenario modelling to demonstrate the impact on patient flow and travel times
if certain hospitals were not to retain a HASU. Isochrone modelling was
utilised to inform this high level blueprint, however, there needs to be further
postcode modelling to validate the flows in the full options appraisal and more
detailed discussions with East Midlands Ambulance Service to determine a
position with regards to the current Chesterfield site.

3.3.3 It should be noted that Yorkshire ambulance service would prefer that any
further reconfigurations are based on a full divert rather than a treat and
transfer model.

3.3.4 The ambulance quality indicators currently measure the time from ambulance
door to arrival at hospital (with the ambition that this equals access to a skilled
stroke healthcare professional). Any change to configuration should not incur
any detrimental change in the current ambulance Trust performance against
Stroke 60. This should be monitored through sub regional programmes.

3.3.5 Based on the above considerations this paper recommends the following
travel Metric: Ambulance call to door travel times should not exceed 60
minutes. 95% of journeys should be achievable within 45 minutes.

4. **Current Configuration and Performance**

4.1 **Yorkshire & the Humber Overview**

4.1.1 The table below demonstrates the current HASU sites within Yorkshire & the
Humber and the associated clinical activity levels. In order to ensure
confidence in the data, activity has been sourced from both SSNAP and
Hospital Episode Statistics (HES) data. The figure used for modelling within
the report is based on SSNAP October 14 – September 15 as validated by
the Stroke Clinical Expert Group. It is noted that Calderdale and Huddersfield
NHSFT recognised an under-reporting into SSNAP within this period.
Table 1. Activity Levels

<table>
<thead>
<tr>
<th>Provider/Region</th>
<th>HES 14/15</th>
<th>SSNAP 14/15</th>
<th>% Difference</th>
<th>SSNAP Oct14/Sept 15</th>
<th>SSNAP 15/16*</th>
<th>Figure for modelling</th>
<th>Within Limits</th>
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<tr>
<td>AIREDALE NHS FOUNDATION TRUST</td>
<td>313</td>
<td>300</td>
<td>95.8</td>
<td>309</td>
<td>IN BRADFORD</td>
<td>IN BRADFORD</td>
<td>N</td>
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<td>433</td>
<td>472</td>
<td>109</td>
<td>504</td>
<td>529</td>
<td>504</td>
<td>N</td>
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<tr>
<td>BRADFORD TEACHING HOSPITALS NHS FOUNDATION TRUST</td>
<td>503</td>
<td>394</td>
<td>78.3</td>
<td>417</td>
<td>736</td>
<td>726*</td>
<td>Y</td>
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<td>CALDERDALE AND HUDDERSFIELD NHS FOUNDATION TRUST</td>
<td>496</td>
<td>479</td>
<td>96.5</td>
<td>444</td>
<td>497</td>
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<td>N</td>
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<td>104.9</td>
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<td>483</td>
<td>533</td>
<td>N</td>
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<tr>
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<td>530</td>
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<td>106.9</td>
<td>615</td>
<td>613</td>
<td>615</td>
<td>Y</td>
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<td>351</td>
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<td>808</td>
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<td>1026</td>
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<td>1025</td>
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<tr>
<td>MID YORKSHIRE HOSPITALS NHS TRUST</td>
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<td>834</td>
<td>104</td>
<td>850</td>
<td>895</td>
<td>850</td>
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<td>NORTHERN LINCOLNSHIRE AND GOOLE NHS FOUNDATION TRUST</td>
<td>697</td>
<td>902</td>
<td>129.4</td>
<td>873</td>
<td>768</td>
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<td>SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST</td>
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<td>910</td>
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<td>941</td>
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<td>THE ROTHERHAM NHS FOUNDATION TRUST</td>
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<td>101.2</td>
<td>438</td>
<td>423</td>
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<td>YORK TEACHING HOSPITAL NHS FOUNDATION TRUST ***</td>
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<td>897</td>
<td>90.6</td>
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<td>940</td>
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<td>8861</td>
<td>9014</td>
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* Includes Airedale and Bradford sites
** Includes Scunthorpe and Grimsby sites
*** Includes York and Scarborough sites

4.1.2 The Healthy Futures programme in West Yorkshire undertook detailed demographic modelling in order to determine the expected growth in the number of strokes to 2020. The average expected increase for the eleven Clinical Commissioning Groups (CCGs) included was 13%. There was very little variation across the CCGs. The modelling also recognised that there are a number of prevention initiatives underway and plans that could reduce the number of strokes in the future, although some of these will have a much longer lead in time. Based on the West Yorkshire modelling, the current activity levels in the tables below have had a 10% uplift applied to give an indication of the expected impact of demographic growth and prevention initiatives by 2020.
4.1.3 The total number of confirmed strokes within the Yorkshire & the Humber footprint is currently 9014 and expected to rise to 9915 by 2020.

4.1.4 Mimics and transient ischaemic attack (TIA) rate (i.e. those patients who present as FAST positive but who do not turn out to have had a stroke) has not been taken into consideration for determining the ‘blueprint’ but will be required when a full options appraisal is undertaken for modelling the impact of reducing the number of sites. The mimic/TIA rates from other reconfigurations are recorded as between 30-50%.

4.1.5 The table below outlines the potential number of units required across the three geographical footprints in Yorkshire & the Humber modelled on the 900, 1,200 and final recommended 1,500 upper threshold based on the predicted 2020 activity levels.

<table>
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<tr>
<th>Provider/Region</th>
<th>Current Activity Levels</th>
<th>2020 Activity Levels (10% uplift)</th>
<th>Impact on Activity Limits</th>
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<tr>
<td>BARNLEY HOSPITAL NHS FOUNDATION TRUST</td>
<td>504</td>
<td>535</td>
<td>N</td>
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<tr>
<td>BRADFORD TEACHING HOSPITALS NHS FOUNDATION TRUST</td>
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<td>799</td>
<td>Y</td>
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<td>CALDERDALE AND HUDDERSFIELD NHS FOUNDATION TRUST</td>
<td>444</td>
<td>488</td>
<td>N</td>
</tr>
<tr>
<td>CHESTERFIELD ROYAL HOSPITAL NHS FOUNDATION TRUST</td>
<td>533</td>
<td>586</td>
<td>N</td>
</tr>
<tr>
<td>DONCASTER AND Bassetlaw Hospitals NHS Foundation Trust</td>
<td>615</td>
<td>677</td>
<td>Y</td>
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<td>331</td>
<td>364</td>
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<td>1085</td>
<td>1194</td>
<td>Y</td>
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<td>MID YORKSHIRE HOSPITALS NHS TRUST</td>
<td>850</td>
<td>935</td>
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</tr>
<tr>
<td>NORTHERN LINCOLNSHIRE AND GooLe NHS FOUNDATION TRUST *</td>
<td>873</td>
<td>960</td>
<td>Y</td>
</tr>
<tr>
<td>SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST</td>
<td>917</td>
<td>1099</td>
<td>Y</td>
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<td>1033</td>
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<tr>
<td>TOTALS</td>
<td>9014</td>
<td>9915</td>
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</tbody>
</table>
Recommendation 1:
Hyperacute stroke services should be delivered on no more than 8 sites across Yorkshire and the Humber. The final number will depend on workforce, quality and financial considerations in each STP footprint.

5. Coast, Humber and Vale

5.1 Current State

5.1.1 There have been two recent re-configurations as outlined in Section 2.2 leaving three HAS units in Coast, Humber & Vale based at:

- Hull and East Yorkshire Hospitals NHS Trust – Hull Royal Infirmary
- Northern Lincolnshire and Goole Hospitals NHS Foundation Trust – Scunthorpe General Hospital and
- York Teaching Hospitals NHS Foundation Trust – The York Hospital

5.2 Recommendations for Future Reconfiguration

5.2.1 Existing services are above the minimum clinical activity threshold and near the optimal number of 900 confirmed strokes per annum. The rural geography would not support any further centralisation in terms of travel times.

5.3 Cross Boundary Considerations.

5.3.1 Reconfigurations in South Yorkshire could potentially impact on Scunthorpe; reconfiguration in West Yorkshire could potentially impact on York; reconfiguration in East Midlands (Boston/Lincoln) could potentially impact on Hull. Therefore, the cross boundary considerations on Humber & North Yorkshire will need to by fully integrated into the options appraisal of the relevant programme.

Recommendation 2: Coast, Humber and Vale should maintain their existing service configuration but will need to demonstrate improved performance and quality to ensure a uniformly high treatment standard for stroke patients.
6. **West Yorkshire**

6.1 **Current State**

6.1.1 Even before the publication of the National Stroke Strategy, those Trusts within West Yorkshire with multiple admitting hospitals moved to consolidate their HASS provision on a single site. Therefore, the number of HASS in West Yorkshire has already been significantly reduced over recent years and has been under further review as part of the Healthy Futures programme. There are currently five HASS in West Yorkshire based at:

- Bradford Teaching Hospitals NHS Foundation Trust – Bradford Royal Infirmary
- Calderdale & Huddersfield NHS Foundation Trust – Calderdale Royal Hospital
- Harrogate and District NHS Foundation Trust
- Leeds Teaching Hospitals NHS Trust – Leeds General Infirmary
- Mid Yorkshire Hospitals NHS Trusts – Pinderfields Hospital

6.2 **Recommendations for Future Configuration**

6.2.1 Activity modelling suggests that three or four HASS will be required in the future. The two units not currently achieving the required minimum activity levels are Harrogate and District NHS FT (331 stroke admissions per annum expected 2020) and Calderdale & Huddersfield NHSFT (488 stroke admissions per annum expected 2020).

6.2.2 Further work across the West Yorkshire footprint is recommended to identify the future sites and review patient flows to ensure that:

- Leeds, as the Level 1 comprehensive stroke centre, does not exceed the maximum threshold due to future growth allowing for the potential development of a regional Intra-Arterial Thrombectomy service and
- Remaining sites achieve the minimum activity threshold and ideally the minimum level of 900 confirmed strokes per annum. The Calderdale and Huddersfield Foundation Trust reconfiguration of A&E services will need to be considered as part of the review.

6.3 **Cross Boundary Considerations**

6.3.1 Reconfiguration in South Yorkshire could potentially have a significant impact on Mid Yorkshire and Calderdale & Huddersfield hospitals with a subsequent knock on effect on Leeds.
Recommendation 3:
The resilience of hyperacute stroke services in West Yorkshire should be optimised by reducing the number of sites ensuring that Leeds does not exceed the upper threshold and that other sites achieve the minimum activity levels required to deliver a safe and sustainable service.

7. South Yorkshire, Bassetlaw and North Derbyshire

7.1 Current State

7.1.1 There are currently 5 HASS in South Yorkshire, Bassetlaw & North Derbyshire (including Chesterfield) based at:

- Barnsley Hospital NHS Foundation Trust
- Chesterfield Royal Hospital NHS Foundation Trust
- Doncaster & Bassetlaw NHS Foundation Trust – Doncaster Royal Infirmary
- Sheffield Teaching Hospitals NHS Foundation Trust – Royal Hallamshire Hospital
- The Rotherham Hospital NHS Foundation Trust

7.2 Future Configuration

7.2.1 The activity modelling suggests that a reduction in HASS is required in the future. Three services do not currently achieve the required minimum activity levels namely Barnsley (554 stroke admissions expected in 2020) Chesterfield (586 stroke admissions expected in 2020) and Rotherham (482 stroke admissions expected in 2020).

7.2.2 Transformation within South Yorkshire & Bassetlaw has been supported by the Clinical Senate. The SCN have worked closely with the Yorkshire Ambulance Service NHS Trust to model scenarios in order determine the impact on patient flows, activity in neighbouring units and travel times if there was no longer HASS provision at an individual site.

7.2.3 Yorkshire Ambulance Service has undertaken the modelling based on a 45 minutes travel time from ‘door’ to the hospital. This allows 15 minutes for the ambulance to respond to the call. It has been assumed that approx. 85% of strokes are admitted from a 999 call.

7.3 Sheffield Teaching Hospitals NHS Foundation Trust

7.3.1 Sheffield is the Level 1 comprehensive stroke centre and provides neurological support for the region and would be in a position to offer thrombectomy. It has been assumed that Sheffield will continue providing a
HAS. The service in Sheffield is currently sited at the Royal Hallamshire Hospital and this has been utilised for modelling travel times.

7.4 Impact of no HASS at Barnsley Hospital NHS Foundation Trust

7.4.1 The modelling undertaken suggests that the loss of HASU at Barnsley would lead to a diversion of 554 confirmed strokes by 2020. The ambulance density map (appendix A) indicates that the largest incidence of strokes (approx. 50%) occur South West of the town centre and could be diverted to Rotherham or Doncaster. The remainder would predominantly be redirected to Pinderfields (approx. 45%) and Sheffield HASU site (approx. 5%). The table below shows the estimated impact on neighbouring HASUs.

Table 3: Impact of no HASS at Barnsley: Scenario One

<table>
<thead>
<tr>
<th>Barnsley</th>
<th>Confirmed strokes expected in 2020</th>
<th>554</th>
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<tbody>
<tr>
<td></td>
<td>Chesterfield</td>
<td>Doncaster</td>
</tr>
<tr>
<td>Clinical Activity</td>
<td>% redirected</td>
<td>0%</td>
</tr>
<tr>
<td>Number</td>
<td>0</td>
<td>277</td>
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<tr>
<td>Impact on activity levels</td>
<td>586</td>
<td>954</td>
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<tr>
<td>Travel times</td>
<td>Achievable within 45 minutes</td>
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</tr>
<tr>
<td>Total number of ambulance incidents*</td>
<td>The total no. of ambulance incidents based on a FYE of 10 months 15/16 data = 829</td>
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Table 4: Impact of no HASS at Barnsley: Scenario Two

<table>
<thead>
<tr>
<th>Barnsley</th>
<th>Confirmed strokes expected in 2020</th>
<th>554</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Chesterfield</td>
<td>Doncaster</td>
</tr>
<tr>
<td>Clinical Activity</td>
<td>% redirected</td>
<td>0%</td>
</tr>
<tr>
<td>Number</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Impact on activity levels</td>
<td>586</td>
<td>677</td>
</tr>
<tr>
<td>Travel times</td>
<td>Achievable within 45 minutes</td>
<td>n/a</td>
</tr>
<tr>
<td>Total number of ambulance incidents*</td>
<td>The total no. of ambulance incidents based on a FYE of 10 months 15/16 data = 829</td>
<td></td>
</tr>
</tbody>
</table>

7.4.2 The loss of a HASS at Barnsley would have cross-boundary implications for Pinderfields HASS. The ability to alleviate the pressure at Pinderfields by
redirecting flows within West Yorkshire is limited due to Leeds HASS currently being near maximum capacity.

7.4.3 There would not be an adverse impact on the activity in Sheffield.

7.4.4 Travel times. YAS isochrone modelling (Appendix B) suggests that diversions to Doncaster, Rotherham, Pinderfields and Sheffield are all within the 45 minute travel time.

7.5 Impact of there being no provision of HASS at Chesterfield Royal Hospital NHS Foundation Trust

7.5.1 The modelling undertaken suggests that the loss of the HASS at Chesterfield would lead to a diversion of 586 confirmed strokes by 2020. The full impact cannot be assessed without further impact from East Midlands Ambulance Service. SSNAP indicates that 60% of the current activity is from Hardwick and North Derbyshire CCGs and a significant proportion of that flow would be directed North rather than South. This would predominantly be redirected towards Sheffield HASS. There is currently a HASS at Sherwood Forest Hospital where patients could also be redirected; however, the East Midlands review may mean that the nearest HASU site becomes Nottingham which would incur longer travelling times.

7.5.2 Travel times. YAS isochrone modelling (Appendix B) suggests that diversions to Sheffield would be within the 45 minute travel time. Other flows cannot be confirmed without EMAS data.

7.5.3 The viability of losing HASS at Chesterfield cannot be considered in isolation of the East Midlands review and the Nottinghamshire, Lincolnshire & Derbyshire STPs.

7.6 Impact of there being no provision of HASS at Doncaster & Bassetlaw NHS Foundation Trust

7.6.1 The modelling undertaken suggests that the loss of HASS at Doncaster would lead to a diversion of 677 confirmed strokes by 2020. The ambulance density map (Appendix A) indicates that the largest incidence of strokes (approx. 40%) occur in South of Doncaster and would be diverted to Rotherham. Approx. 35% of strokes occur in the North West and would be diverted to Barnsley with the remaining 25% in the North East being redirected to Scunthorpe. The table below shows the estimated impact on neighbouring HASS.
### Table 6: Impact of no HAS at Doncaster

<table>
<thead>
<tr>
<th>Doncaster</th>
<th>Confirmed strokes expected in 2020</th>
<th>677</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Expected Impact</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Barnsley</td>
<td>Chesterfield</td>
</tr>
<tr>
<td>Clinical Activity</td>
<td>% redirected</td>
<td></td>
</tr>
<tr>
<td>Number</td>
<td>237</td>
<td>0</td>
</tr>
<tr>
<td>Impact on activity levels</td>
<td>791</td>
<td>586</td>
</tr>
<tr>
<td>Travel times</td>
<td>Achievable within 45 minutes</td>
<td>Y</td>
</tr>
<tr>
<td>Total number of ambulance incidents*</td>
<td>The total no. of ambulance incidents based on a FYE of 10 months 15/16 data = 1294</td>
<td></td>
</tr>
</tbody>
</table>

- **7.6.2** The loss of a HASS at Doncaster would have cross boundary implications for Scunthorpe.

- **7.6.3** The impact on Rotherham and Barnsley would be to bring both Units above the minimum activity threshold. Chesterfield would remain below the minimum threshold.

- **7.6.4** Travel times. YAS isochrone modelling (Appendix B) suggests that diversions to Rotherham, Barnsley and Scunthorpe would be within the 45 minute travel time. It should be noted that NLAG is out of area for YAS.

### 7.7 Impact of there being no HASS at The Rotherham Hospital NHS Foundation Trust

- **7.7.1** The modelling undertaken suggests that the loss of HASS at Rotherham would lead to a diversion of 482 confirmed strokes by 2020. The ambulance density may (Appendix A) indicates that the largest incidence of strokes occur in the North East and would predominantly be redirected towards Doncaster (approx. 70%) with the remainder being redirected to Sheffield (approx. 30%). The table below shows the estimated impact on neighbouring HASU.
### Table 7: Impact of no HAS at Rotherham

<table>
<thead>
<tr>
<th>Rotherham</th>
<th>Confirmed strokes expected in 2020</th>
<th>482</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Expected Impact</td>
<td></td>
</tr>
<tr>
<td>Clinical Activity</td>
<td>% redirected</td>
<td>0%</td>
</tr>
<tr>
<td>Number</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Impact on activity levels</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Travel times</td>
<td>Achievable within 45 minutes</td>
<td>n/a</td>
</tr>
<tr>
<td></td>
<td>The total no. of ambulance incidents based on a FYE of 10 months 15/16 data = 876</td>
<td></td>
</tr>
</tbody>
</table>

7.7.2 The loss of a HASS at Rotherham would not have any cross-boundary implications.

7.7.3 Travel times. YAS isochrone modelling (Appendix B) suggests that diversions to Doncaster and Sheffield would be within the 45 minute travel time.

### 7.8 Recommendations re Future Configuration

7.8.1 Based on clinical activity (current and projected) the case for considering reconfiguration in South Yorkshire is supported. Further discussions are required at STP level to determine the strategic plans for stroke services in the East Midlands region. Recommendations can therefore only be based on a South Yorkshire & Bassetlaw footprint at this time.

**Recommendation 4:**
The number of services should be reduced to two in South Yorkshire & Bassetlaw. Where possible cross boundary transfers should be avoided, the impact on ambulance services minimised and the effect of stroke mimics on provider organisations taken into account.
8. Assumptions

8.1 Service Models

8.1.1 There are a number of assumptions that have been incorporated into the blueprint including:

- Robust repatriation and contingency planning policies are in place (Appendix C&D)
- Comprehensive in hospital and community rehabilitation /ESD services in place
- Providers move towards single service models to ensure seamless pathways for patient and to minimise the risk to resilience from the national shortage of workforce
- Services are developed to be compliant with the expected national service specification (under development)
- For modelling purposes the hospital sites remain unchanged.
- Humber and North Yorkshire reconfiguration has been undertaken and no further changes are expected.
- The outcome of the East Midlands Review required confirmation but it is assumed that a service will continue locally for North Derbyshire patients.
- Any new models will factor into the options appraisal the financial implications across the health economy including the ambulance service

8.2 Intra Arterial Thrombectomy (IAT) Service Development

8.2.1 Current evidence suggests that Intra-arterial thrombectomy (IAT) is anticipated to be the appropriate intervention for approx. 10-20% of strokes. For modelling purposes it has been assumed that a roll out of intra-arterial thrombectomy (IAT) in Yorkshire and the Humber will be on the basis of initial assessment within the local HASS, with transfer to a Level 1 comprehensive stroke centre where appropriate, for intervention and then a relatively rapid repatriation to the home HASS. Therefore, although there will be some impact on HASS capacity at the Level 1 centres, this service model will not affect the overall workload of the other HASSs. The designation of centres providing thrombectomy lies, as a specialised service, within NHS England.
9. **Next Steps**

9.1 The Strategic Clinical Network has developed this blueprint to bring together a single overarching view with regards to HASS within Y&H and to provide a steer to the sub-regional programmes with regards to the cross boundary implications where further reconfiguration is being considered. This was as a direct response to the recommendations from the Clinical Senate. Next steps include;

9.2 **Clinical Senate Review**

9.2.1 The Clinical Senate have undertaken a further review of the blueprint to specifically consider:

(i) The metrics and evidence utilised to develop the blueprint and if the recommendations stand up to scrutiny

(ii) The principles to be adopted by programmes when considering further reconfiguration. (Appendix E)

9.3 **Urgent and Emergency Care Networks**

9.3.1 Cardiovascular disease (CVD) transformation will be transferred from Strategic Clinical Networks to Urgent and Emergency Care Networks with effect from 1 April 2016. NHS England and CCGs should ensure that the recommendations within this paper will be taken forward through this vehicle

9.4 **Coordinated Programme Management**

9.4.1 Due to the cross boundary implications of the South Yorkshire configuration and potential West Yorkshire, it is recommended that a single Steering Group (responsible to UEC Networks) is developed to ensure co-ordination of further re-configuration through a single programme management function and an integrated approach to the service model for Intra Arterial Thrombectomy.
10 References


Key: stroke incidents
- 250 to 300
- 200 to 249
- 150 to 199
- 100 to 149
- 50 to 99
- 0 to 49
Appendix B: Yorkshire Ambulance Service. 45 Minute Travel Time Isochrones.

Key: coloured lines depict the coverage of the following HASU within 45 minutes

<table>
<thead>
<tr>
<th>Colour</th>
<th>City</th>
</tr>
</thead>
<tbody>
<tr>
<td>Green</td>
<td>Barnsley</td>
</tr>
<tr>
<td>Orange</td>
<td>Chesterfield</td>
</tr>
<tr>
<td>Blue</td>
<td>Doncaster</td>
</tr>
<tr>
<td>Red</td>
<td>Rotherham</td>
</tr>
<tr>
<td>Purple</td>
<td>Sheffield</td>
</tr>
<tr>
<td>Yellow</td>
<td>Scunthorpe</td>
</tr>
</tbody>
</table>
Appendix C: Repatriation Policy

Appendix D: Contingency Framework

Appendix E: Principles

Status: FINAL FOLLOWING CLINICAL SENATE REVIEW
In addition to the activity and travel metrics utilised for developing the blueprint the following principles require further consideration as part of and further detailed options appraisal/modelling conducted at sub-regional level:

(i) Bed base
Capacity should be modelled on an 85% bed occupancy rate.

(ii) Length of Stay
The national average (median) length of stay for bed modelling is 13 days. 3 days in HASU and a further 10 days in ASU.

(iii) Impact on ambulance journeys
A full divert model would be the preferred model from Yorkshire Ambulance Service.

(iv) Mimic / TIA Rates
Mimic/TIA rates of 50% should be utilised for modelling activity to determine the impact on surrounding units. Approx 85% of these may involve one or more ambulance journeys.

(v) Repatriation
All providers require a robust repatriation policy. There should be immediate repatriation of mimics/TIA to the local hospital.

Repatriation from HASU should occur after 3 days in the majority of cases. Modelling should factor in a 30% death or direct discharge from HASU.

(vi) The Impact on Patients and Visitors
Each sub-regional programme will conduct patients and public consultation as appropriate.

(vii) Finance
A system wide approach to the financial model, led by the commissioners, should be taken. The guidance in the finance chapter from the draft national toolkit is recommended for this purpose.

Appendix F: Summary Y&H Resilience Review 2015