



Yorkshire and the Humber Strategic Clinical Networks

Yorkshire and the Humber Stroke Network News

Issue 3

November 2015

Welcome!

Welcome to Issue 3 of the Yorkshire and the Humber Stroke Network News for 2015.

This e-bulletin aims to provide a focus on national and regional developments in stroke care and supports the sharing of research, advice and best practice across Yorkshire and the Humber. Additionally, this e-bulletin aims to highlight upcoming dates of importance and encourages staff and patients across the region to become involved in shaping the future of stroke care.

If you have any ideas for improvements or suggestions for content in future editions please get in touch via our contacts details, which can be found [here](#).

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Stroke Self-Assessment Process 2015 - Reminder

The Yorkshire & the Humber Strategic Clinical Network has recommended to CCGs that the self-assessment process, which was agreed by CCGs and commenced last year, is continued for 2015.

Just a reminder that Trusts are requested to provide a refreshed Annual

Report (for 2015), along with workforce levels, and an update on the Action Plans submitted in 2014. Any additional evidence that has not changed since last year is not required to be re-submitted.

The deadline for submission is Monday 30th November. Please email to Rebecca.campbell6@nhs.net.

Telemedicine I-Pad Applications

Please note that the Telemedicine Application for I-Pad which is used by a number of clinicians. This is due to Cisco removing one of their apps without prior notice. Involve are working to resolve this matter but it will take several weeks. This should not affect the main project as this was entirely scoped around laptops.

If there are any issues, please contact Michael Roach at Involve who will work with the individuals to find a solution.

Early Supported Discharge Workshop

The programme is now available for the Yorkshire and the Humber ESD workshop in Wakefield on 17th December. Further details are available [here](#).

Please note that this work is now being supported by Sarah Boul, Quality Improvement Lead at the Y&H SCN. Sarah can be contacted at Sarah.Boul@nhs.net

Act FAST Campaign

To coincide with World Stroke Day on 29th October Public Health England, in partnership with the Stroke Association, has begun a second series of television campaigns around [Act FAST](#). The campaign outlines the signs of stroke:

- Facial weakness: Can the person smile? Has their face fallen on one side?
- Arm weakness: Can the person raise both arms and keep them there?
- Speech problems: Can the person speak clearly and understand what you say? Is their speech slurred?
- Time: If you see any one of these three signs, it's TIME to call 999.

The campaign intends to encourage members of the public to recognise the signs of stroke or mini-stroke to ensure patients arrive at a specialist stroke unit quicker to receive appropriate treatment and have a chance of better recovery.

World Stroke Day

World Stroke Day took place on Thursday the 29th October 2015 focussing on the theme 'I am Woman'. This theme was selected as the focus for the day because a woman is

- More at risk of having a stroke.
- More likely to die from a stroke than a man.
- Less likely to receive acute care and rehabilitation than a man, even though she responds equally well to treatment.
- More likely to experience a severe decline in cognitive function, and runs a higher risk of post-stroke depression and institutionalization.
- More likely than men to experience hypertension, atrial fibrillation (irregular heartbeat), diabetes, depression and obesity, all of which increase stroke risk.
- More likely to take on the caregiving role.

The “I am Woman” focus was intentioned to increase understanding of stroke risk and encourage women to take steps that will reduce the likelihood of preventable stroke. Events to raise awareness took place globally from Albania to Zimbabwe and for more information please click [here](#).

NICE Consultation: Mechanical Clot Retrieval

NICE have released an interventional procedure consultation for comment on mechanical clot retrieval for treating acute ischaemic stroke.

To read the consultation documents in full and to make comments please click [here](#).

Driving Improvements in NHS Stroke Care

The National Audit Office (NAO) has released a document outlining how recommendations made by them following an impacts case study has driven improvements in stroke care for patients, which in turn has created financial efficiencies in services.

To read the document in full please click [here](#).

Eyes on Evidence Update on Intra-arterial Treatment

The latest edition of [Eyes on Evidence](#) (October 2015) includes an article on intra-arterial treatment for acute ischaemic stroke. The article reviews the current advice around treatment for acute ischaemic stroke and then reviews new evidence from an open-label randomised controlled trial at 16 centres in the Netherlands and the worldwide MR CLEAN trial.

Stroke Association Annual Review 2015

The Stroke Association has released its Annual Review “Our Impact” for 2014/15. Key highlights from the report include an update on the Know Your Blood Pressure events, information on progress in childhood stroke work programmes, a review of the My Stroke Guide and development of a Care Homes Training Scheme. To read the report in full please click [here](#).

Upcoming Events

- Monday 23rd November 2015, 09:30-15:30, **Carotid Stenting: Accessibility Depends on Postcode**, Medical Education Centre, Northern General Hospital, Sheffield.

To view the programme please click [here](#).

- Thursday 17th December 2015, 1330-1630, **Early Supported Discharge Workshop**, Hatfeild Hall, Wakefield.

To view the programme please click [here](#). Contact <mailto:sarah.boul@nhs.net> to book a place or for further information.

- Tuesday 8th March 2016, 10:00-16:00, **Division 2 Clinical Research Network Meeting**, Hatfeild Hall, Wakefield.

Save the date for all staff working in Division 2 (Cardiovascular, Renal, Metabolic & Endocrine, Renal and Stroke Specialties) to attend a Clinical Research Network Meeting. Agenda and programme to follow. For more information please email comms.crn yorkshumber@nhr.ac.uk.

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Stroke Network please contact:

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Links and Partner Organisations

- AF Association. Click [here](#) for the website.
- Arrhythmia Alliance. Click [here](#) for the website.
- Stroke Association. Click [here](#) for the website.
- NHS Improving Quality. Click [here](#) for the website.
- Yorkshire and the Humber Strategic Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

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