Welcome!
Welcome to the July issue of the NHS Yorkshire and the Humber Clinical Network (YHCN) bulletin that aims to bring you the latest news and information about dementia in the region. Please forward to your networks and colleagues.

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Dementia CN programme update
As a CN we work with clinical commissioning groups, local authority commissioners and service providers across the Yorkshire and Humber region to improve the quality of care and services for people living with dementia and their families.

Dementia Diagnosis Rates
The national diagnosis rate for people with dementia as at end of May was 66.2%. There were variable changes in CCG-level diagnostic rates with the rate decreasing slightly in 15 out of 23 CCGs within Yorkshire & Humber. 61% (14 out of 23) CCGs are currently exceeding the two-thirds ambition. Monthly rates at CCG level and numbers on GP practice dementia registers are now made available at: https://www.england.nhs.uk/mentalhealth/dementia/monthly-workbook/.

Practice sign up to CQRS in Yorkshire and Humber has dropped from 97.6% (March) to 93.4% (April). Please could CCG’s check that practices are aware that they need to sign up afresh to CQRS for 2016/17? Please get in touch with Penny Kirk or Nicola Phillis for more info and details regarding which practices are outstanding.

Sustainable Transformation Plans (STP)
Please click here for advice from Alistair Burns on what might be included in the dementia part of the upcoming STP submission. This slide summarises the situation.

Developing a Delirium Toolkit
The CN are making plans to develop a delirium toolkit and are interested in hearing your views on what this should include. Please get in touch with Nicola.Phillis@nhs.net to share or recommend any resources to help, prevent, identify and treat delirium.

Carers of People with Dementia Webinar
Yorkshire and the Humber CN in partnership with TIDE and Life Story Network will
present a Carers of People with Dementia webinar on 28th July 2016 12:15pm. This 45 minute webinar aimed at professionals, staff and leads working in dementia care aims to cover the importance of focusing on carers, provide a carers perspective, highlight the diversity of needs across different carers groups and provide an opportunity for you to influence any future carer webinar topics. Join us by visiting https://www.webjoin.com/ and enter passcode: 53744670. More information can be found here.

Quality Improvement Awards
Did you miss out on the Dementia Quality Improvement Awards? Read all about the event and application summary here.

DiADeM
The DiADeM (Diagnosis of Dementia Mandate) tool is available to help GPs make a diagnosis of advanced dementia for care home residents. Some residents with advanced dementia have never had a formal diagnosis of dementia and a referral to memory services is likely to be distressing for the individual and is unlikely to be necessary. The Clinical Network is promoting use of DiADeM alongside the DeAR-GP tool which has been developed by South London HIN to act as a communication aid between care workers and health professionals.

Did you miss NHS England North event ‘Implementing the Mental Health Taskforce Report Across the North’?
Click here to view slides and short videos from: Paul Farmer, chief executive of MIND, Professor Tim Kendall, National Clinical Director for Mental Health for NHS England.

Your Questions Answered
Chris North and Jacqueline Edwards from Bradford District Care Trust would like to know if any trust has a set staff to patient ratio for specialist dementia wards and/or if anyone uses an acuity tool to rate the needs of dementia in-patients? Please email your response direct to Chris.North@bdct.nhs.uk or Jacqueline.Edwards@bdct.nhs.uk. Thank you.

Interested in Mental Health?
Why not check out the Yorkshire and the Humber Mental Health Network E-Bulletin? Click here to read more.

News

Alzheimer’s Society Dementia Friendly Awards 2016
These Awards recognise communities, organisations and individuals as well as partnerships and innovations that have championed the rights of people affected by dementia to remain included and supported in their daily lives. Entries are now open and more info is available here.

Do you have Great Case Studies for Dementia Services?
NHS England is looking for best practice case studies for dementia services. These could illustrate a specific service or tell the story of people with dementia who are benefitting from a service. We’d also ideally like to find people who access services who would be happy to be featured in a film for use at the NHS Health and Care Innovation Expo 2016 and on the NHS England website. Please email Emma Staton for more information on e.staton@nhs.net.

National Audit of Dementia: Carer Questionnaire
From 1 June, the National Audit of Dementia (care in general hospitals) will collect
feedback from carers on the care provided to people with dementia while admitted to hospital, over the three months June-August 2016. This questionnaire was newly developed for audit by the Patient Experience Research Centre at Imperial College London. The questions were identified by carers as top priority items relating to the care of people with dementia that all carers/family members visiting would find relevant and be able to answer. The questionnaire is for carers, family and friends visiting a person with dementia or memory problems and can be completed online here.

Draft Mental Wellbeing and Independence for Older People Quality Standard
The draft mental wellbeing and independence in older people quality standard is now available on the NICE website for consultation. The consultation period starts on 16 June 2016 and finishes at 5pm on 14 July 2016. Instructions and documents required to submit your comments, can be accessed by following this link: https://www.nice.org.uk/guidance/inddevelopment/GID-QS10008/consultation/html-content-2

National Dementia Care Awards 2016 ENTRIES NOW OPEN!
The 7th National Dementia Care Awards will return once again during the latter part of 2016 culminating in an Awards Presentation Dinner on November 3rd 2016 at the Brighton Centre.

Supporting People with Dementia in Care Homes
Residents of care homes are among the most vulnerable in our society. Yet they often have poor access to health care and have a high mortality – the life expectancy of a person with dementia in a care home is similar to that of metastatic breast cancer. Read more from Alistair Burns and Gill Garden here.

Walk Through Dementia – new app uses virtual reality to show symptoms
A free Android-exclusive app has been created to recreate the world of someone living with dementia. Find out more here.

PHE Dementia Profile
40 metrics within the PHE Dementia Profiles have been updated with the latest year’s data. These include: 6 metrics in the ‘preventing well’ domain (at LA level); 11 metrics in the ‘supporting well’ domain (at CCG & LA level); 6 metrics in the ‘dying well’ domain (at CCG & LA level). Methodologies have also been revised, see definitions tab for more detail. The dementia profile can be found here.

PHE dementia data catalogue refresh
The dementia data catalogue lists indicators and datasets relevant to dementia intelligence. It includes national datasets collected at clinical commissioning group (CCG), local authority or provider level. The data catalogue has been refreshed to include new data links and new data items related to primary care prescribing, national audit data and social care/mental health support. The dementia data catalogue can be found here.

If you have any questions regarding any of the above updates, please contact the team on mhdnin@phe.gov.uk.

Sharing Practice from Yorkshire and the Humber

Bradford Doctoral Training Centre
The Bradford Doctoral Training Centre (DTC) is one of eight new specialist DTCs around the country that are funded by the Alzheimer’s Society in its recent
investment in future research leaders. Doctoral studies at Bradford will focus on improving care, health and wellbeing at points of transition for people affected by dementia. More information can be found here.

Two of the first cohorts of 4 student projects include:

- Optimising the transition from home to hospital: Enhancing triadic communication to improve the quality of dementia care – Courtney Shaw, supervised by Prof Gerry Armitage and Dr Andrea Capstick
- Medicines optimisation during and following transitions of care for older people with dementia living in care homes – Suzanne Hill, supervised by Prof Alison Blenkinsopp, Dr David Alldred and Dr Sarah Smith.

Harrogate and Rural District CCG: Improving Dementia Reviews
In Harrogate, people with dementia traditionally had three routine reviews a year: two at the Tees, Esk and Wear Valleys NHS Foundation Trust memory clinic, and one at their GP practice. This limited the number of appointments available at the memory clinic, and meant those who really needed specialist care had to wait longer for it. Harrogate and Rural District Clinical Commissioning Group (CCG) and Tees, Esk and Wear Valleys NHS Foundation Trust worked with local GP practices to improve the system for routine reviews. Since 2014, such reviews have been shared between the trust and GPs. Read more about this case study here.

Grimsby Sleep Matters
Sleep Matters was developed in Grimsby and has been successfully implemented in other regions. Sleep Matters is a time-limited pilot which was set up to see whether volunteers in the community could administer non – pharmacological interventions, to improve the quality of sleep for people with dementia and their carers. Click here to read the report or contact Linda.Henry@uni.uk.net for more information.

Queen's Birthday Honours
Akhlak Rauf, Manager of the outreach support service Meri Yaadain (My Memories) and part-time PhD student at University of Bradford has been awarded with an MBE in the Queen's birthday honours for services to individuals with Dementia as well as their Carers. Mr Peter Smith from Rothwell has been awarded a British Empire Medal for his work across the region to improve the quality of life for people with dementia.

Patient Safety Awards
Congratulations to Calderdale and Huddersfield NHS Foundation Trust who won the best in the country for dementia care at the national HSJ's Patient Safety Awards. Read more about it here.

Twitter #yhdementia
Got something to tweet about dementia in the Yorkshire and Humber area? Use the #yhdementia to tag your tweet. Or, grab your binoculars and come and follow us @yhsccn_mhdn.

Research into Practice

Mobile Game has the Best Ending: Helping Solve Dementia
A new mobile game, Sea Hero Quest aims to help researchers to find out how a healthy brain navigates. The game, supported by Alzheimer’s Research UK, is based around navigation and records the data produced as the game is played.
Scientists can then use the data to help understand the differences in those who suffer from dementia. [Click here for more info.]

**Provision of Psychosocial Interventions for People with Mild to Moderate Dementia and their Supporters Following Diagnosis**
In 2014/15 funding was received through the National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care Yorkshire and Humber (NIHR CLAHRC YH) to survey the extent and nature of interventions being delivered to people in the post diagnostic period. You can read the survey findings [here](#).

**'Read to Care: An Investigation into Quality of Life Benefits of Shared Reading Groups for People Living with Dementia’**
The conclusions and recommendations of [this report](#) show that shared reading groups significantly improve the quality of life of people living with dementia, as well as providing valuable benefit to care workers and relatives.

**Surrey and Borders Runs Dementia Tech RCT**
Surrey and Borders NHS Foundation Trust is leading a collaboration to test technologies designed to enable dementia patients to live in their own homes for longer. The trust is one of seven test bed sites announced by NHS England in January, which bring together health organisations, technology companies, universities and charities to run trials of technologies in combination. The aim is to find out whether these technologies can reduce the pressure on NHS services, while at the same time improving the quality of patients’ lives. [Click here](#) for more info.

**The Interface Between Dementia and Mental Health**
While there has been considerable and welcome attention in the area of dementia over recent years, the mental health of people in later life, and specifically the complex relationship between dementia and mental health problems, is a neglected area in public discourse, policy and service provision. [This paper](#) explores the relationship between dementia, mental health and mental health problems.

**Admiral Nursing Service Demonstrates Improved Quality of Care and Support for Families and Carers**
Family carers who used the Admiral Nursing service in Sutton confirmed its positive impact on their lives. A survey of 85 carers carried out by Dementia UK found that the service had provided increased support and had improved their quality of life. 88% said the service had reduced the amount of stress they were under due to their caring role. Full report [here](#).

**Who produces this bulletin?**
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