Dementia e-bulletin Issue 01

January 2015

Welcome!
Welcome to the first NHS Yorkshire and the Humber Strategic Clinical Network (YHSCN) bulletin that aims to bring you the latest news and information about dementia in the region.

We hope you find this a useful and informative read. Any feedback is very welcome and we invite suggestions for future content/items for inclusion.

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Dementia SCN Programme Update

Dementia Diagnosis Rates
Dementia diagnosis rates improved across all the CCGs in Yorkshire & Humber during December and average rate for Yorkshire & Humber is now 63.6%.

The NHS England ambition is that two-thirds of people who are estimated to have dementia should have a diagnosis by the end of March so there is still work to do. There is still time for those GP practices who haven't yet to run the Dementia Quality Toolkit (DQT); the deadline has been extended to 20th February 2015.

The DQT highlights patients who have something recorded in their notes which suggests they may have dementia but who are not on the dementia register. These patients will require review by a clinician. The recent webinar describing how to use the DQT is available to view here.

Dementia Quality Improvement Award- Entries Open!
Applications for the Dementia Quality Improvement Award 2015 for Yorkshire and the Humber are now open!

Healthcare professionals within Yorkshire & Humber are invited to enter their dementia-related quality improvement project for the 2nd Yorkshire & Humber Dementia Quality Improvement Award. Click here for more information.

Dementia Coding Guidance
Northern region has recently updated its Dementia Coding Guidance to be used alongside the DQT to support a clean-up of dementia coding across northern
region. This document has been shared with Memory Services to support inclusion of relevant Read/CTv3 codes within letters to general practice and can be downloaded at: Northern Coding Guidance

Examples of good practice in primary care correspondence have also been circulated and positive feedback indicates that these changes are improving recording of dementia within primary care on an ongoing basis. In addition, each memory service has been offered £1k funding to incentivise cross-referencing of memory service registers with primary care registers. To date, 16 out of 21 memory services have signed up to access this funding.

GP Education
The SCN GP advisor and co-clinical leads continue to provide input to CCG GP dementia education sessions to promote the importance of timely diagnosis to enable access to medication, support and care planning opportunities. Please get in touch with either Penny.Kirk@nhs.net or Nicola.Phillis@nhs.net if you would like input to education sessions from our clinical leads.

Each CCG has been offered £1k funding to provide GP dementia education. To date, 18 out of 22 CCGs have signed up to this offer.

Dementia Carer.net Carer Resources
CCG’s and LA commissioners within the Yorkshire and Humber identified the need for a video resource to demonstrate the experience of the family carers for people with dementia. The Yorkshire and Humber Strategic Clinical Network funded the development of the video resource which is now available and free to download here. The resources enable the audience to gain greater understanding of the experience of family carers both through watching the films and engaging with the content using the session materials.

NEW SCN Website and Twitter ID
A new website has recently been launched for the SCN. Please visit the following address that will take you to the site www.yhscn.nhs.uk.

Do you have a twitter account? If yes, grab your binoculars and follow @yhscn_mhdn for instant updates from the dementia, mental health and neuro SCN.

Recruitment
Recruitment to the dementia SCN Team is now complete and we are pleased to welcome Nicola Phillis to the team as Quality Improvement Lead.

The complete team and their contact details are available to view on our website.

Reflections from the Dementia Clinical Leads
Dr Sara Humphrey, SCN GP Advisor for Dementia, reflects on how to raise dementia diagnosis rates.

“Raising Dementia diagnosis for most CCGs requires determination and sheer hard work, but there are some elements that lead to greater levels of success.

These must include strong, visible, resourced Clinical
leadership at both GP and CCG board level, which works closely with dedicated management support within the CCG. This team has to engage with local GPs, CCG boards and Dementia Strategy groups so that they are aware of why a diagnosis of Dementia is important and why increasing diagnosis rates is the first step in providing meaningful support for patients and their carers.

This team needs to support, guide and gently nudge practices to use the present NHS enablers of the DQT, Dementia DES, Dementia ES as well as promote the use of resources to support practices such as Dementia DES templates etc. Education sessions aimed at raising awareness, show casing the DES/ES/DQT and templates help engage practices while allowing peer support. CCGs also need to work closely with local Memory Clinic providers to ensure accuracy of registers and to provide further support to practices and good clinical relationships between providers and commissioners are a key to success.

Upcoming YH SCN Dementia Events and Meetings

- Regional Dementia Commissioners Group – 3rd February 2015
- Older People’s Psychiatrists Meeting – 5th March 2015
- 4th End of Life Care Workshop (dementia) – 12th March 2015
- Acute Dementia Champions Meeting – 25th March 2015
- Sharing Good Practice Event - 25th June 2015 – Save the date!

Sharing Good Practice from Yorkshire and the Humber

Harrogate Dementia Collaborative
Work within Harrogate area over the last 3 years (under the umbrella of the Harrogate Dementia Collaborative) to improve service provision for people with dementia has been highlighted within an article on the NHS England website. Visit here for more information.

New Delirium Unit in Doncaster
Doncaster Royal Infirmary has developed Mallard Ward, a delirium unit in Yorkshire. A welcome pack introduces Mallard Ward, an acute medical ward providing specialist care for people suffering ill health and associated memory problems such as delirium and dementia. Visit here for more information.

Meri Yaadain (My Memories)
The Meri Yaadain scheme provides a lifeline to South Asian families across the Bradford district. The scheme started in 2006 by Bradford Council's Adults Services to provide information, advice and support to South Asian families affected by dementia. Since that time it has received two national awards. Visit here for more information.

Resources Tools and Guidance

Low-dose Antipsychotics in People with Dementia
This document summarises the evidence-base on low-dose antipsychotics in people with dementia. It is a key therapeutic topic which has been identified to support Medicines Optimisation. It is not formal NICE guidance.
Dementia Diagnosis and Management
A new national resource has been developed to help GPs contribute positively to the needs of dementia patients. It is intended to provide GPs with greater confidence in assessing and managing people who have dementia as there is little doubt it is an increasingly common problem. It is hoped that the document will stimulate further dialogue between primary care and the specialist service with the aim of developing closer working relationships and shared care protocols. To download, click here.

Improving Practice and Preparing for Inspection with NICE Quality Standards
NICE has published a new resource that outlines how quality standards fit with other improvement initiatives and suggests ways you can use NICE quality standards to improve practice, including preparing for inspection. It also identifies which quality standard statements are likely to be most relevant for each of CQC’s 5 key questions. The resource was developed by the NCCSC (NICE Collaborating Centre for Social Care) working with an advisory group of sector experts, including care home managers. You can see the resource here.

The Prevention Library
The Prevention Library highlights emerging practice and research in the provision of prevention services in adult social care. It contains two types of content – examples of prevention services across England submitted by commissioners and providers together with references to recent research and related resources to support and inform the commissioning process. There is a section on dementia here.

Playlist for Life
Playlist for Life encourages the use of personally meaningful music on iPods in the care and treatment of people with dementia. Their core work is to encourage families and other caregivers to offer people with dementia a thoughtfully compiled and highly personal playlist, delivered on an mp3 media player device such as an iPod, of the music that has been meaningful to them during their life.

Their website offers guidance that can help individuals to get started.

Reading Well Books on Prescription for Dementia
The Reading Well Books on Prescription for dementia local launch pack is now available to download from The Reading Agency website. The pack contains:

• Local launch guidance
• Template press release
• Reading Well Books on Prescription for dementia booklist
• Background information.

News

GPs have a Vital Care Home Dementia Role – Alistair Burns
Alistair Burns, NHS England’s National Clinical Director for Dementia, teams up with two GP colleagues, Maggie Keeble and Nick Cartmell, to give their views on improving care, including GP-led diagnosis in care homes. Read it here.

New Model of Care Programmes
NHS England and its national partners have announced a new programme to focus on the acceleration of the design and implementation of new models of care in the
As set out in the Five Year Forward View, rapid progress is needed to speed up the development of new care models for promoting health and wellbeing and providing care that can then be replicated more easily in other parts of the system.

Expressions of interest in becoming a New Model of Care vanguard site are being invited now. For further information about each care model and guidance outlining the process and criteria for selecting sites go to The Forward View into action: Planning for 2015/16.

The deadline for submitting expressions of interest is Monday, 9 February 2015. If you have any further queries contact us at england.fiveyearview@nhs.net

Funding Available for Innovations to Improve Health Care
The Health Foundation has 1.5m available for up to 20 teams to test and develop innovative ideas and approaches to improving health care delivery in the UK.

As part of their Innovating for Improvement programme they are looking for projects that aim to improve health care delivery and/or the way people manage their own health care through the redesign of processes, practices and services. For more information on how to apply click here.

MBE and CBE Recognition
Congratulations to Anita Ruckledge, Lead Nurse for Dementia Care at The Mid Yorkshire Hospitals NHS Trust and member of the Acute Hospitals Champions meeting) who has been awarded an MBE in recognition of her outstanding contribution to nursing.

Alistair Burns, National Clinical Director for Dementia also received a CBE for services to health and social care, particularly dementia care. Well done Alistair!

Who produces this bulletin?
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Please contact Penny.Kirk@nhs.net or Nicola.Phillis@nhs.net if you require any more information on the content of this bulletin or if you would like to share any information or news. We would love to hear from you.