Admiral Nurses - developing and evaluating services

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A ‘Potted History’ of Admiral Nursing

- Family Experience
- Specialist Dementia Nurses
- Work in Partnership
- Family Focus
What is an Admiral Nurse?

- Admiral Nurses are nurses specialising in dementia care, working collaboratively with health and social care professionals and voluntary organisations to improve the experience of those affected by dementia.

- Admiral Nurses offer individualised support for family carers and people with dementia which entails comprehensive assessment of need and provision of a range of approaches designed to improve emotional wellbeing and equip family carers with skills and information.
Admiral Nurses – Areas of Practice

Community

Care homes

Admiral Nursing Direct

Acute hospital

Home care

Hospice

04/01/2017
We asked our Admiral Nurses to map how they work across the NHS Well Pathway for Dementia to deliver expert clinical, practical and emotional support for families. This is what they told us:

**Preventing Well**
- Raising awareness
- Reducing stigma
- Health promotion
- Health checks
- Disseminating information
- Carer education
- Community engagement
- Preventative management of risks to health, e.g. falls, delirium, poor nutrition, reduced mobility, incontinence, polypharmacy, depression etc.

**Diagnosing Well**
- Pre-diagnosis support
- Educating others about varying and atypical symptoms of dementia to improve early identification
- Specialist navigation of services
- Encouraging assessment
- Identifying barriers to seeking diagnosis

**Supporting Well**
- Specialist bio-psycho-social assessment
- Psycho-social Interventions
- Family focussed interventions
- Managing and identifying co-morbidities and complex needs
- Person-centred care planning
- Developing coping strategies
- Non-pharmacological management of behavioural and psychological symptoms of dementia

**Living Well**
- Positive risk taking
- Managing transition
- Advanced care planning
- Building resilience
- Symptom management
- Crisis prevention
- Relationship support
- Promoting independence
- Managing grief, loss and bereavement
- Enabling access to life outside caring
- Promoting/enabling inclusion and participation

**Dying Well**
- Difficult conversations
- Improved identification and access to preferred place of death
- Recognition of end of life
- Pre and post bereavement emotional support and counselling for families
- Identification of prognostic indicators
- Symptom identification e.g. pain

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Case management and care co-ordination, advanced care planning, integration and partnership working, specialist support and advice for professionals, education and training, influencing policy and strategy continuity and communication, research and evaluation, promoting best practice, navigation of health and social care system, advocacy, counselling, reducing stigma.

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How Dementia UK Supports Admiral Nurses

- Research & Evaluation team
- Business development team
- Professional & Practice Development team

Admiral Nurse
Business Development Process

Scoping, includes identifying funding

Service Development

Ongoing Management & Support
Service Evaluation- an example

Mixed method evaluation collating Qualitative and quantitative data:-

- Carer interviews
- Peer questionnaire
- Retrospective case analysis
Outcomes

- Improved the physical, emotional and mental well-being, of carers of people with dementia.
- Impacted on diagnosis rates of dementia
- Had a positive impact on other professional’s caseloads, and improved their ability to manage the care of people with dementia and their carers more effectively
- Reduced admissions to Acute and Mental Health hospital beds
- Reduced/delayed admissions to Residential and Nursing care for people with dementia
- Improved outcomes at End of Life for people with dementia and their carers.
- Offered value for money in achieving Health and Social Care
Cost Consequences

Direct savings of £443,593+: 

£63,074 Acute Hospital admissions
8 mental health hospital admissions (tariff not available).

£20,760 Continuing Health Care.

£16,992 (approx.) IAPT/counselling.

£342,767 care homes fees.

08/02/2017
Identification of gaps in service provision

• Dementia pathway was fragmented and poorly navigated
• Lack of coordination
• Varying skills and knowledge
• Silo working
• Layers of support missing from the provision

08/02/2017
Identified Gap in Service

Tier 4 (Senior Admiral Nurse Triage)

Tier 3 (Admiral Nurse Casework – high level need)

GAP IN SERVICES

Tier 1 (Information & Advice – low level need)
Proposed Model

Aldridge,Z/Findlay,N (2015)
Long Term Dementia Customer Pathway

Dementia Resource Hub

Low
- Dementia Information & Advice
- Memory Cafes
- Dementia Activities
- Poor Support

Moderate
- One to One Support
- Social Prescribing
- Dementia Activities
- Carers Training

Substantial
- Dementia Wellbeing Centre
- Dementia Outreach Support
- Admiral Nurse
- Respite

Critical
- Specialist Dementia Care
- Specialist Palliative Care
- Admiral Nurse

North Tyneside ageUK

Dementia Pathway Coordinator

Care and Connect
GPs
Social Workers
Individuals
Families
Neighbours
Carers
Hospital
Thank you for listening!

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