

Advance Care Planning and Conversation Skills

Training Package for Carers working in Domiciliary Care and Care Home Settings

This package of resources has been developed for carers working within domiciliary care services and care homes during the COVID pandemic. It is intended to introduce Advance Care Planning (ACP) and to provide support to staff to help them develop skills and confidence to have conversations with clients and residents about their future wishes for care.

The resources are based on a cascade training package developed by the North West Learning Collaborative with funding from Health Education England. Unfortunately, this model of face to face cascade training cannot be delivered currently due to social distancing requirements and so the package outlined below has been developed to provide some interim support and training during the COVID pandemic. It can be accessed remotely and at a time to suit the learner.

The package comprises:

- One-hour recorded training session, delivered by the education hub leads from St Gemma's Hospice in Leeds and Wakefield Hospice – link to access recording is here:
<https://vimeo.com/421448975>
- Supporting slide pack (see attached) – this will be uploaded to the Network website and the link will be made available
- A guide to Advance Care Planning:
[http://www.yhscn.nhs.uk/media/PDFs/mhdn/Dementia/WYH%20STP/Advance%20Care%20Planning-a%20guide%20\(002\).pdf](http://www.yhscn.nhs.uk/media/PDFs/mhdn/Dementia/WYH%20STP/Advance%20Care%20Planning-a%20guide%20(002).pdf)
- My Future Wishes document (editable Advance Care Plan)
http://www.yhscn.nhs.uk/media/PDFs/mhdn/Dementia/Care%20Planning/ACP%20Resources/Advance_Care_Plan_May2020_editable.pdf
- My Future Wishes Conversation Starter Pack – tool to enable people with any long term health condition to discuss and plan future wishes
<http://www.yhscn.nhs.uk/media/PDFs/mhdn/Dementia/Care%20Planning/Alzheimers%20resource/My%20Future%20Wishes%20Care%20Pack%20PDF%20READ%20VIEW.pdf>

On 21st May, the training was tested with care home and domiciliary care staff working within West Yorkshire & Harrogate. 98 attendees joined the training, across 2 sessions, including four of our ACP facilitators.

Comments received included:

“Really useful session, thank you. I will recommend that my colleagues access future sessions.”

“A really helpful session”

“Very good - right level of info”

52 participants completed a poll at the end of the training session. The results are overleaf.

Combined poll results from two test sessions with care homes and domiciliary care staff

