TACKLING THE CHALLENGES OF DEMENTIA

THE CHALLENGE

There are over 835,000 people in the UK living with dementia at a cost of £26 billion a year, including 40,000 younger people. This is expected to rise to one million people by 2025.

Delaying the onset of dementia by five years would reduce deaths directly attributable to dementia by 30,000 a year.

It costs more to look after people with dementia than stroke, cancer and heart disease added together.

There are 670,000 carers of people with dementia in the UK. Family carers of people with dementia save the UK £11 billion a year.

“The truth is that dementia now stands alongside cancer as one of the greatest enemies of humanity.”

David Cameron, Prime Minister, Dementia Summit, June 2014

KEY STATISTICS

It is estimated that there are currently 4,950 people with dementia in the East Riding of Yorkshire and this expected to rise to about 8,100 by 2025.

Less than 50% of people with dementia in the East Riding have been given a diagnosis. Most other parts of the country exceed this and the expectation is that two thirds should be diagnosed.

Dementia affects one person in 20 over the age of 65 and one person in five over 80.

Two thirds of people with dementia live in the community while one third live in a care home.

70% of people living in care homes* and over 60% of people receiving homecare† have a form of dementia or severe memory problems.

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BENEFITS OF AN EARLY DEMENTIA DIAGNOSIS

PATIENT BENEFITS

● Evidence shows that an early diagnosis can enable someone with dementia to live independently in their own home for longer. This helps to avoid early or unnecessary hospital or care home admissions, which ultimately enhances that person’s quality of life and that of their carer

● Patients receive the correct treatment for their symptoms. If a patient is diagnosed with dementia then early treatment can be more effective

● Patients and carers can get hold of the necessary relevant help and advice, be confident in planning for the future and empowered to get appropriate financial benefits and entitlements such as disability living allowance and council tax reduction

● Patients and carers can receive the support they need e.g. from social services, day centres, respite care, community mental health teams, occupational therapists, carer support groups and the Alzheimer’s Society

GP BENEFITS

● Diagnosing vascular dementia allows clinicians to appropriately treat cardiovascular risk factors

● Knowing a patient has dementia assists clinicians in treating other medical problems e.g. improved medication management, spending time to explain things to patients; offering extra support and helps to alleviate repeat presentations to GP surgeries

● The right diagnosis is important for research purposes; understanding more about the causes of dementia will help to find better treatments in the future

● Improved recognition of how important and common the causes of dementia are is vital for planning services to provide enhanced help and support to patients
DEMENTIA SERVICES IN THE EAST RIDING OF YORKSHIRE

ALZHEIMER’S SOCIETY
The Alzheimer’s Society provides a range of services to support people with dementia, their families and carers in the East Riding of Yorkshire.

Dementia Adviser
The initial point of contact for people newly diagnosed with dementia and carers in need of information. A Dementia Adviser will carry out an assessment of the person’s needs, provide individualised information on what support is available and be an ongoing point of contact for that person.

Dementia Support Workers
Provide ongoing support and guidance to people with dementia their carers and families. This includes one to one support delivered face to face and over the phone. They are also present at Dementia Cafes to provide specialist support in a social group setting.

Carers Information Support Programme (CRISP)
CRISP 1 – a four week workshop specifically for carers of people living with dementia. Each week a particular topic will be covered, e.g. understanding dementia, Legal and money matters, support and care, coping day-to-day, giving carers relevant information and guidance.

CRISP 2 – designed specifically for carers, family members and friends of people who have been living with dementia for some time. There are three 2.5 hour sessions covering: understanding how dementia progresses, living with change as dementia progresses, living well as dementia progresses, including occupation and activities.

Memory Cafés
There are Memory Cafés throughout the East Riding of Yorkshire offering an informal environment for those affected by memory problems, their carers, family and friends. People can come along on a ‘drop-in’ basis to exchange experiences; take part in activities and receive practical tips and emotional support, all within a relaxed friendly atmosphere.

Many people make friends and are able to support each other outside of the café which helps to reduce the isolation often felt by people with dementia, their carers and family.

Singing for the brain
A stimulating group activity for people in the early to moderate stages of dementia and their carers which can help with general well-being and confidence.

Befriending
Connects people living with dementia together with a trained volunteer giving them lots of opportunities to do more of the things they enjoy, either out in the community, or at home.

Alzheimer’s Society, Hull and East Riding Office, Suite D, Annie Reed Court, Annie Reed Road, Beverley, HU17 0LF

01482 211255
hull&eastridingservice@alzheimers.org.uk
dementiaeastriding.org.uk

CARER’S SUPPORT SERVICE
East Riding of Yorkshire Council offers a carer’s support service. This provides information and advice, financial support, training courses and access to essential services such as respite care and short breaks, all vital in helping carers manage the impact of caring on their lives.

18 Wednesday Market, Beverley, HU17 0DJ

0800 917 6844 or 01482 396500
ercarers@eastriding.gov.uk
eastriding.gov.uk (search ‘help for carers’)

AGE UK (EAST RIDING)
There are a number of financial and legal issues to consider after a diagnosis of dementia. Many people choose to plan ahead for their future by creating a power of attorney or writing a will. People find this empowering and reassuring.

Age UK offer a number of services to help you organise power of attorney; make a will; organise a funeral plan and much more.

Age UK (East Riding), 16 North Bar Within, Beverley, HU17 8AX

01482 869 181
info@ageukeastriding.org.uk
ageuk.org.uk/eastriding
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For more information contact:

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