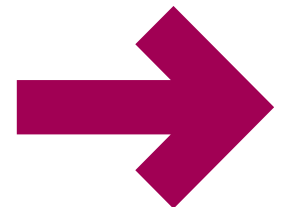


Yorkshire and the Humber Mental Health Network

IAPT Providers Network 27th July 2016

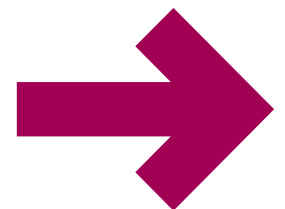
- Andy Wright, IAPT Clinical Advisor, Rebecca Campbell, Quality Improvement Manager and Sarah Boul, Quality Improvement Lead
- andywright1@nhs.net, rebecca.campbell6@nhs.net and sarah.boul@nhs.net
- Twitter: @YHSCN_MHDN #yhmentalhealth
- July 2016



Yorkshire and the Humber IAPT Providers Network

Welcome

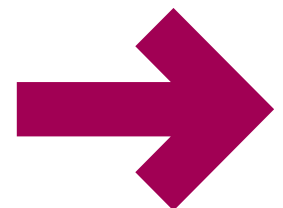
Andy Wright, IAPT Clinical Advisor



Housekeeping:

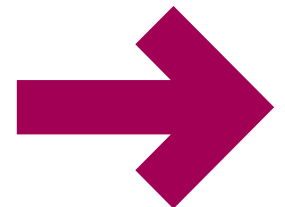


#YHSCN_MHDN
#yhmentalhealth



Yorkshire and the Humber IAPT Providers Network

Minutes from Last Meeting (12.05.16) and Matters Arising

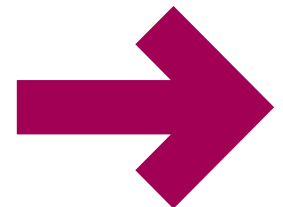


Actions from Meeting 12.05.16

No.	Action	Owner
1	Any Providers who wish to present at a Network meeting please email sarah.boul@nhs.net .	ALL
2	Sarah Boul to share joining instructions and if further assistance is required please contact Sarah Boul via 0113 8253458 or sarah.boul@nhs.net .	Sarah Boul
3	All members of the IAPT Providers Network are to join the online forum. If you would like a step by step guide through the process please contact Sarah Boul via 0113 8253458 or sarah.boul@nhs.net .	ALL
4	Sarah Boul/Rebecca Campbell/Andy Wright to review the ideas suggested regarding further actions from the IST workshops and develop an action plan to implement them.	Sarah Boul/Rebecca Campbell/Andy Wright
5	Sarah Boul to contact the IST and enquire if they would be able to provide contact details for other services who may be undertaking risk screening in the way in which Leeds are intending to proceed.	Sarah Boul
6	Sarah Boul to contact all regional IAPT Providers regarding frequency of risk assessment and agree a peer reviewed stance for the Yorkshire and the Humber region.	Sarah Boul
7	Sarah Boul to circulate the draft terms of reference for the Senior PWP Network and all IAPT Providers are to provide views on the terms of reference.	Sarah Boul
8	Any IAPT Providers who require support/advice/input from the IST can contact Caroline Coxon or Michael Watson via carolinecoxon@nhs.net or m.watson@nhs.net .	ALL
9	If any attendees have suggestions or requests regarding what they would like to hear about from the IST team at the next meeting please email sarah.boul@nhs.net .	ALL
10	Sarah Boul to post topic threads on PEQ Collection and Direct Access to Groups on the online forum for further discussion.	Sarah Boul
11	If you would be interested in hearing a presentation from Ieso at the next Provider Network meeting please email sarah.boul@nhs.net .	ALL

Yorkshire and the Humber IAPT Providers Network

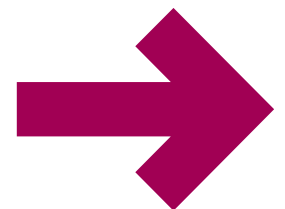
Terms of Reference (Discussion and Approval)



Yorkshire and the Humber IAPT Providers Network

Health Education England (HEE): IAPT Training Provision

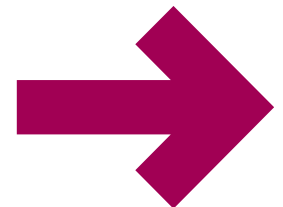
**Cheryl Day, Programme Lead and Barry Foley, IAPT
Workforce Advisor**



Yorkshire and the Humber IAPT Providers Network

The Online Forum!

Sarah Boul, Quality Improvement Lead

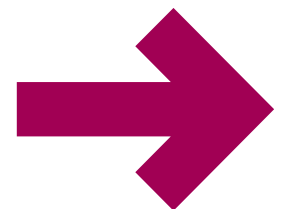


How to Join...

As discussed at the last meeting a private online forum has now been established to give Providers an opportunity to ask questions, share ideas and share best practice in a safe environment.

To register for the forum please follow the instructions below:

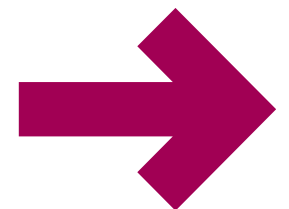
- Go to the Yorkshire and the Humber CN website here: www.yhscn.nhs.uk
- Click the orange 'forum' tab at the top right of the page
- Fill in the form on the right of the page
- In the interested network section, select "Mental Health" from the drop down box and then select "IAPT Providers Network Forum"
- Create a password
- Once registered, in approx. 1-2 working days you will receive an email to let you know you have access to the forum
- Log on to the forum and you should be able to see the heading 'IAPT Providers Network Forum' and all posts for this group.



Yorkshire and the Humber IAPT Providers Network Time for a break?



15 minutes only please!

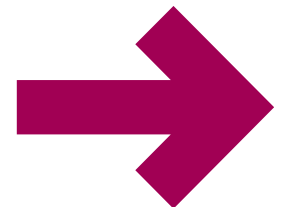


Yorkshire and the Humber IAPT Providers Network

Provider Presentation

East Riding Emotional Wellbeing Service (IAPT)

Andrew Sainty, Team Manager



East Riding Emotional Wellbeing Service (IAPT)

Regional IAPT Meeting 27/7/16



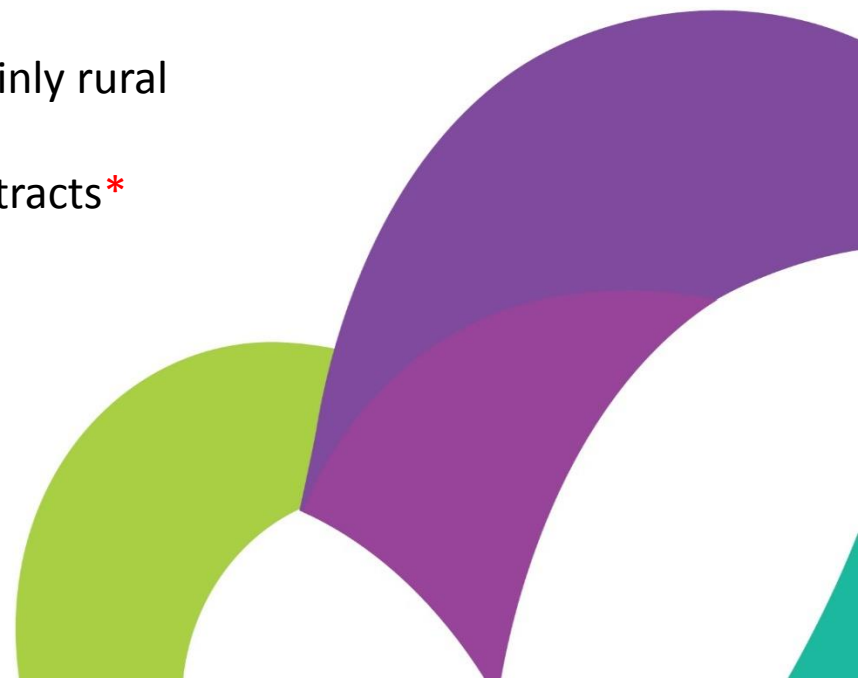
Current State

Moved from Block Contract to AQP Tariff 1st April 2014 (21 tariff values)

Population size of just over 333,000*

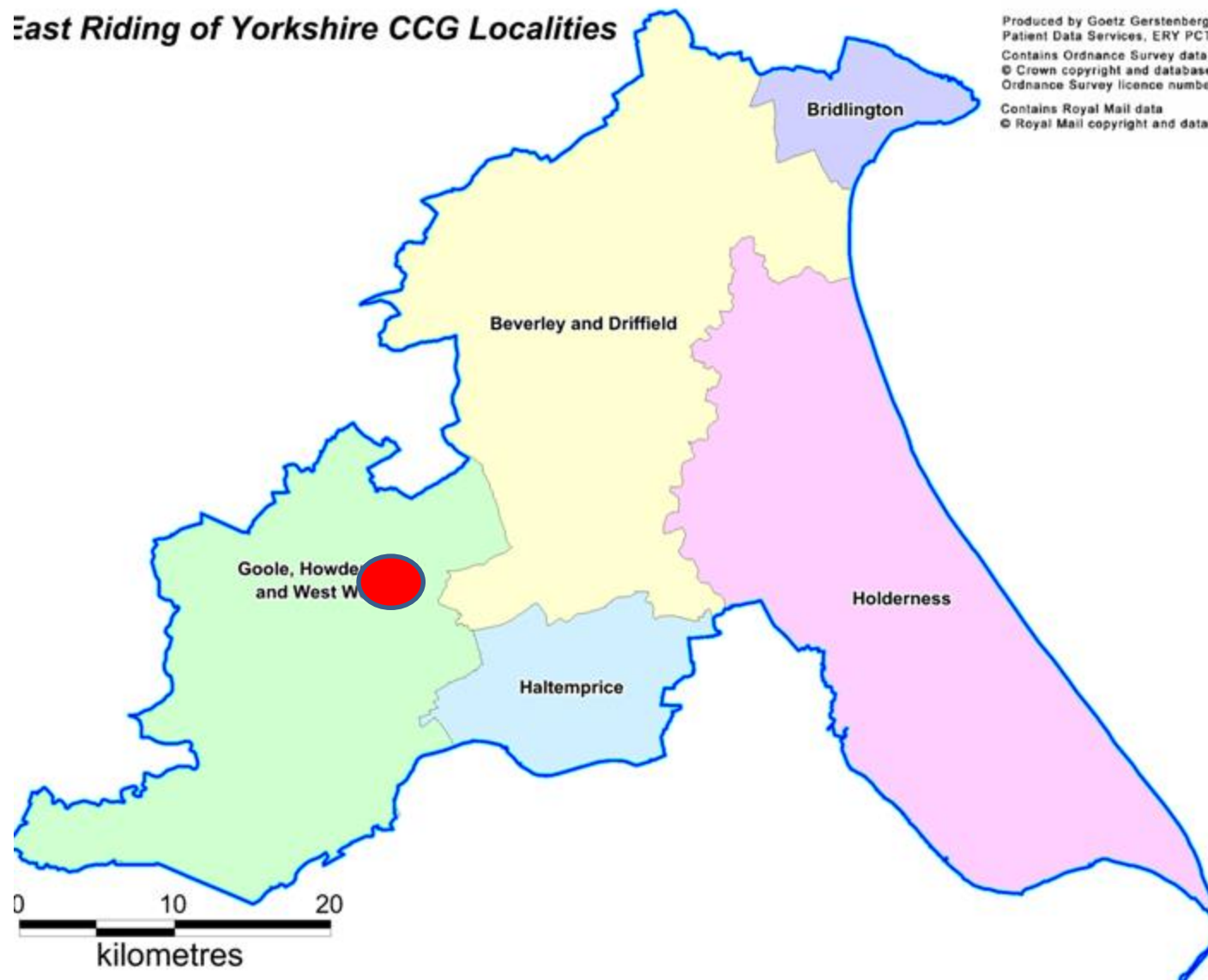
Geographical patch just under 1000² miles - mainly rural

Provide to more than 1 CCG under separate contracts*



East Riding of Yorkshire CCG Localities

Produced by Goetz Gerstenberger, Information Analyst
Patient Data Services, ERY PCT
Contains Ordnance Survey data
© Crown copyright and database right 2012
Ordnance Survey licence number 100044988
Contains Royal Mail data
© Royal Mail copyright and database right 2012



BROKERAGE MODEL?

ITEM 7ii(b) Appendix 3

Proposed Primary Care and Community Psychological Therapies Pathway



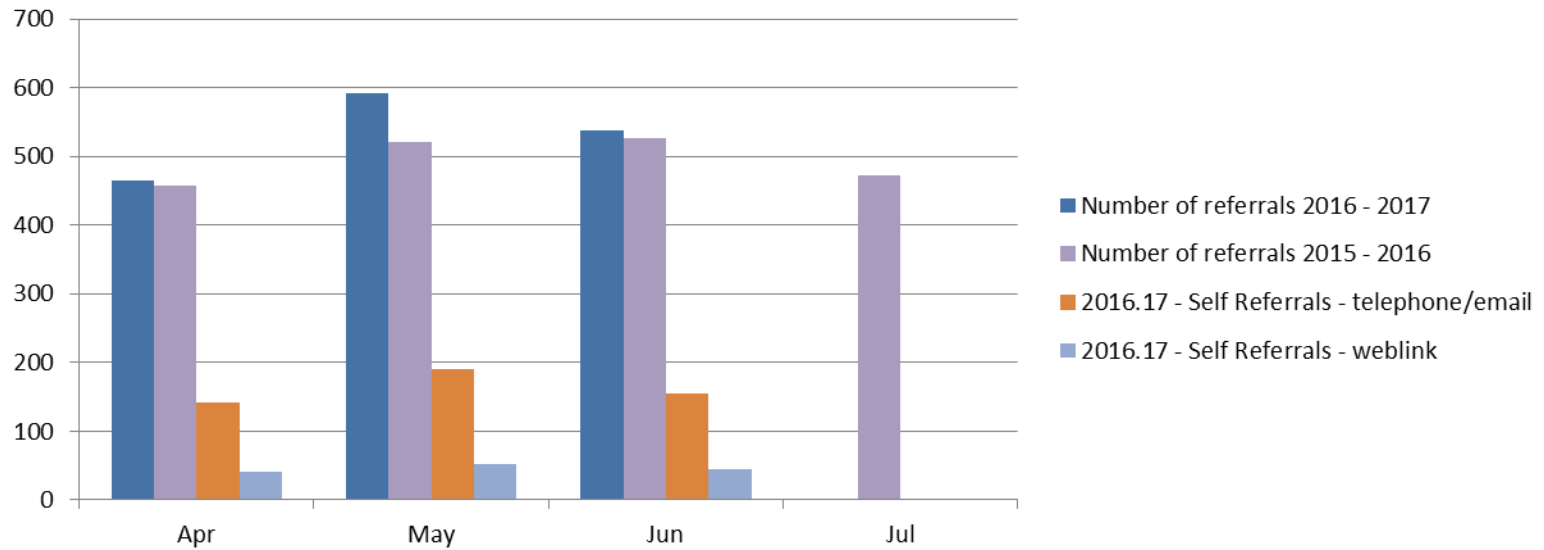
CCG Access Rates*

- Previously commissioned for less than 10% and have worked on increasing this over last two years.
- Currently meeting 14% on regular basis (14 patients short of 15% at last published data from NHS England)

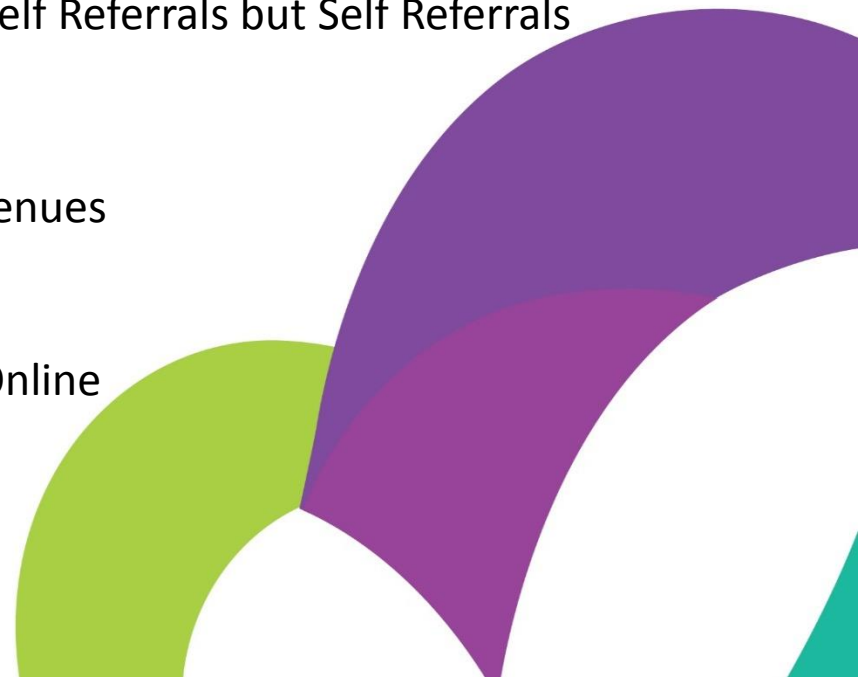


Referrals

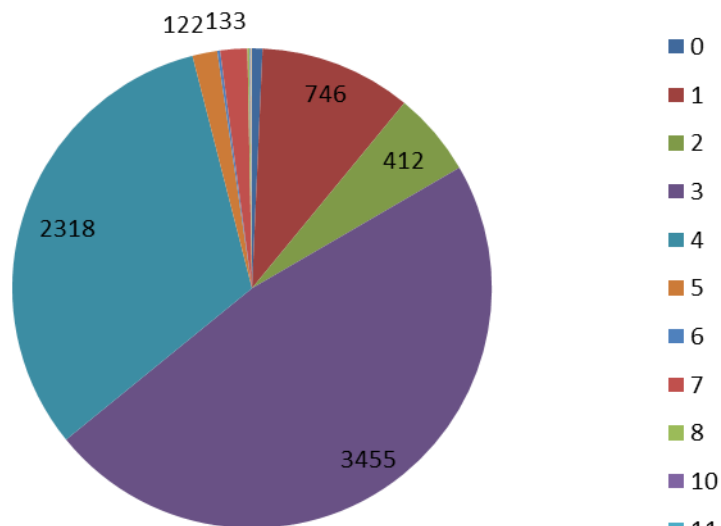
(not including Direct Access)



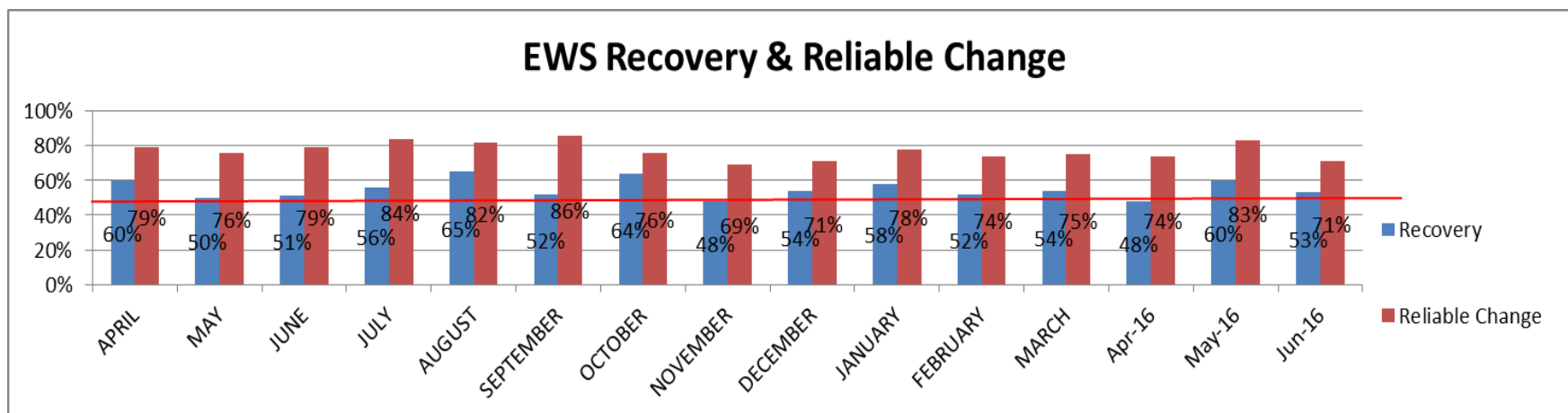
Service Delivery

- NICE Stepped Care Model - fully compliant with IAPT model
 - Currently 60/40 split between 3rd Party and Self Referrals but Self Referrals increasing monthly
 - 49 Main venues across East Riding + Group Venues
 - Mode of Delivery - Face to Face/Telephone/Online
- 

Cluster 0 - 21



Outcomes



Patient Satisfaction

$\geq 95\%$ and closer to 100% if anomalies* are removed



Assessment & Brokerage Service

Patient Experience Questionnaire - **Assessments**

May 2016

299 returned results out of 320 - 93%



Emotional Wellbeing Service

Patient Experience Questionnaire - **Treatments**

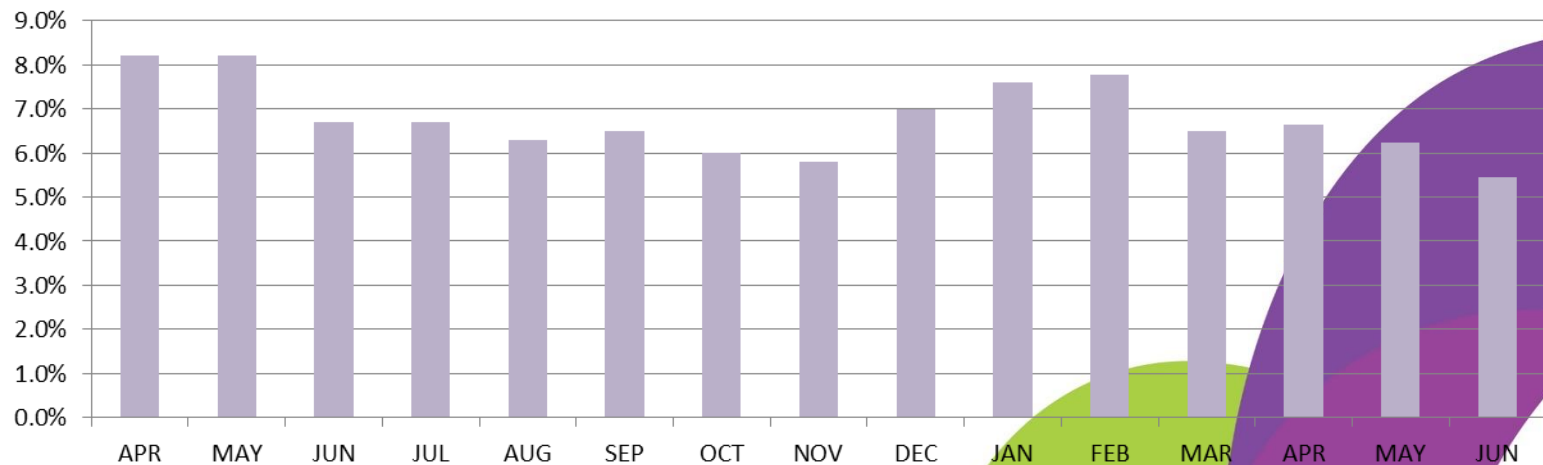
May 2016

248 returned results out of 318 - 78%

DNA

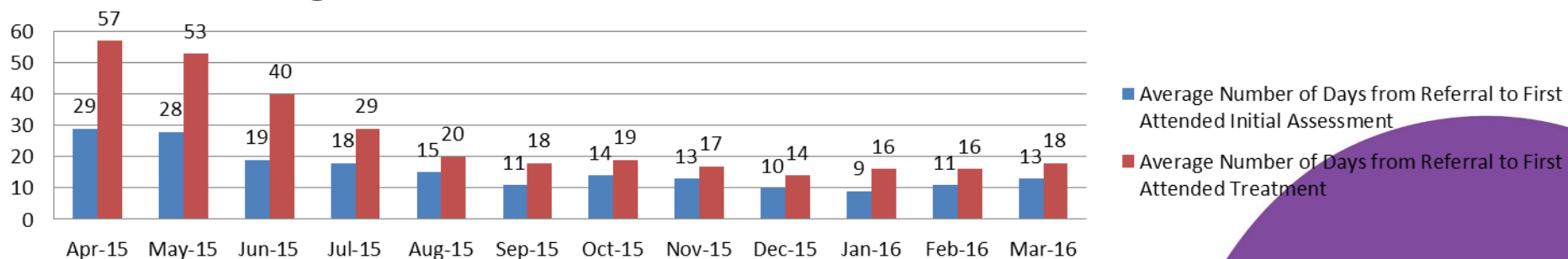
Average 6.7% for 2015/16

DNA RATE - EWS Rolling Monthly



Waiting Times

Waiting Times - Referral to Assessment & Assessment to 1st Treatment

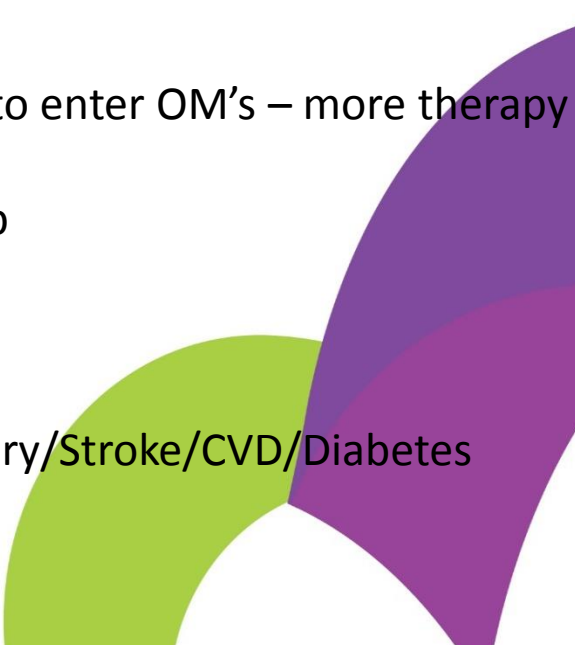


Waiting Times 6 & 18 Week Standard


Trustwide Total Proportion of Treatments Commenced within the Timescales setout (Monitor Target)						
Month	# of Treatments Commenced	Number of Treatments within 6 weeks of Referral	Proportion of Treatments Commenced within 6 weeks of Referral	Number of Treatments within 18 weeks of Referral	Proportion of Treatments Commenced within 18 weeks of Referral	
Apr-16	159	144	✓ 91%	159	✓ 100%	
May-16	209	184	✓ 88%	206	✓ 99%	
Jun-16	174	157	✓ 90%	173	✓ 99%	
Jul-16	6	5	✓ 83%	6	✓ 100%	
Aug-16	0	0		0		
Sep-16	0	0		0		
Oct-16	0	0		0		
Nov-16	0	0		0		
Dec-16	0	0		0		
Jan-17	0	0		0		
Feb-17	0	0		0		
Mar-17	0	0		0		
	# of Treatments Commenced	Number of Treatments within 6 weeks of Referral	Proportion of Treatments Commenced within 6 weeks of Referral	Number of Treatments within 18 weeks of Referral	Proportion of Treatments Commenced within 18 weeks of Referral	
Q1 16-17	542	485	✓ 89%	538	✓ 99%	
Q2 16-17	6	5	✓ 83%	6	✓ 100%	
Q3 16-17	0	0		0		
Q4 16-17	0	0		0		

~~Innovations~~

Common Sense

- Multiple access points
 - E-Referral
 - Telephone
 - Fax/Letter
 - Short Text code
 - Direct access to Groups
 - App available via Android/iTunes for patients to enter OM's – more therapy time
 - Groups – SC/LAS/LAHA/BA/Worry/Panic/Sleep
 - Pathways from
 - DWP
 - Dual Diagnosis Services
 - LTC – bespoke groups for CoPD/Respiratory/Stroke/CVD/Diabetes
 - Secondary care
 - Perinatal
 - Online appointment booking – coming soon
- 

Challenges

- AQP – no guarantee of income revenue
 - Capacity/Demand
 - Choice & venue – costs
 - Organisational Risk - Waiting Lists if no capacity from other providers
 - Training
 - Diversity
 - Marketing – bus story
 - Recruitment – but not retention
 - Do more for less culture
- 

Research

Involved in various research projects

- ETR/LRI
- Stress Control
- TDS
- ReQol
- Others applied for but going through ethics



Yorkshire and the Humber IAPT Providers Network

Yorkshire and the Humber
Clinical Networks

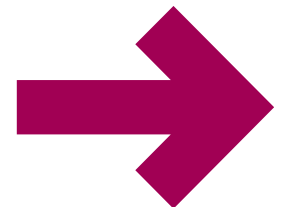
Commissioner Engagement

**How do we increase engagement between
providers and commissioners?**

How does the relationship work now?

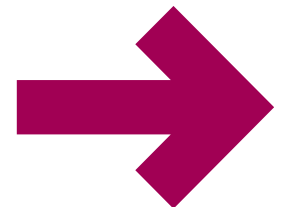
How could the relationship work in future?

(Discussion)



Yorkshire and the Humber IAPT Providers Network

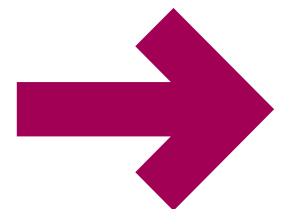
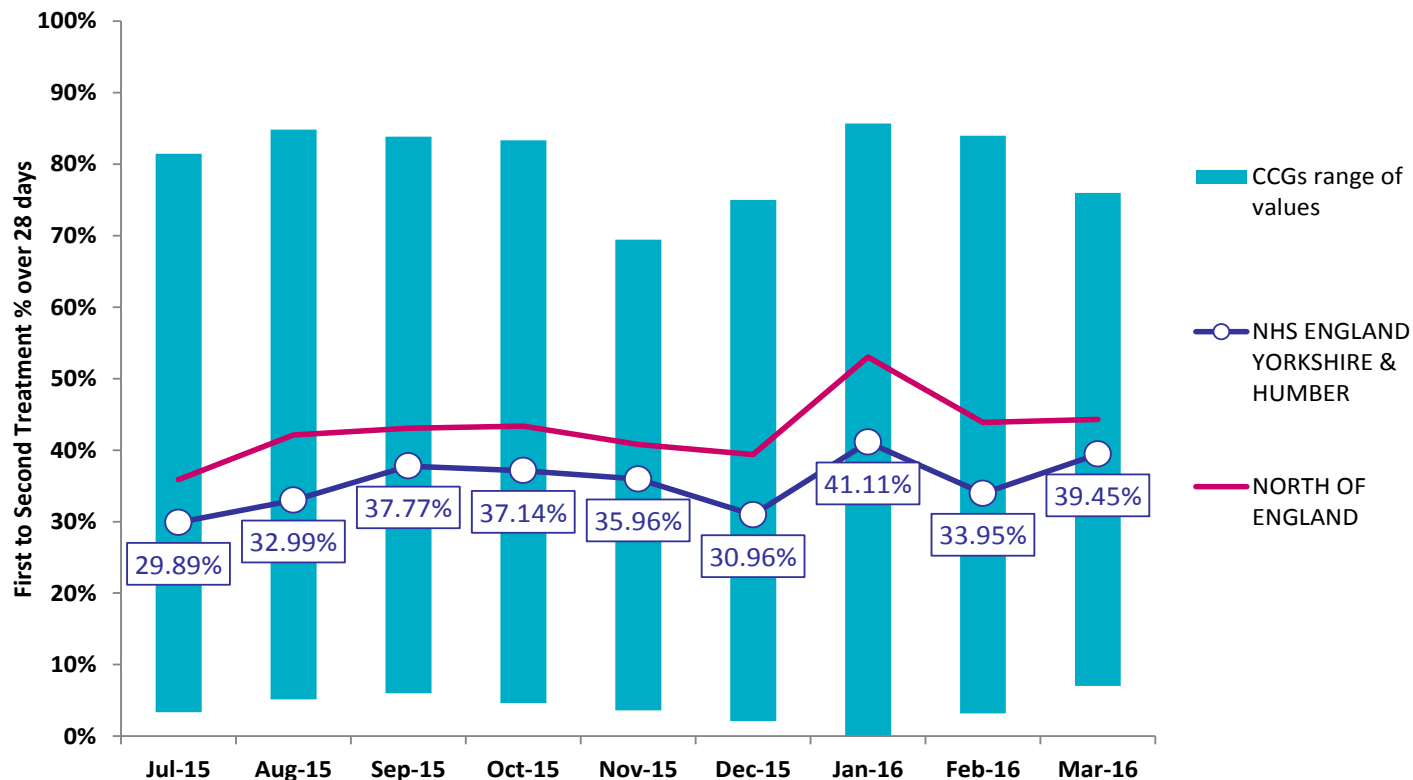
IAPT North Report Data Requirements Going Forwards (Discussion)



IAPT North Report – Data Requirements

First to Second Treatment over 28 days %

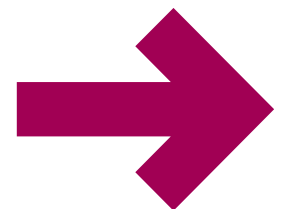
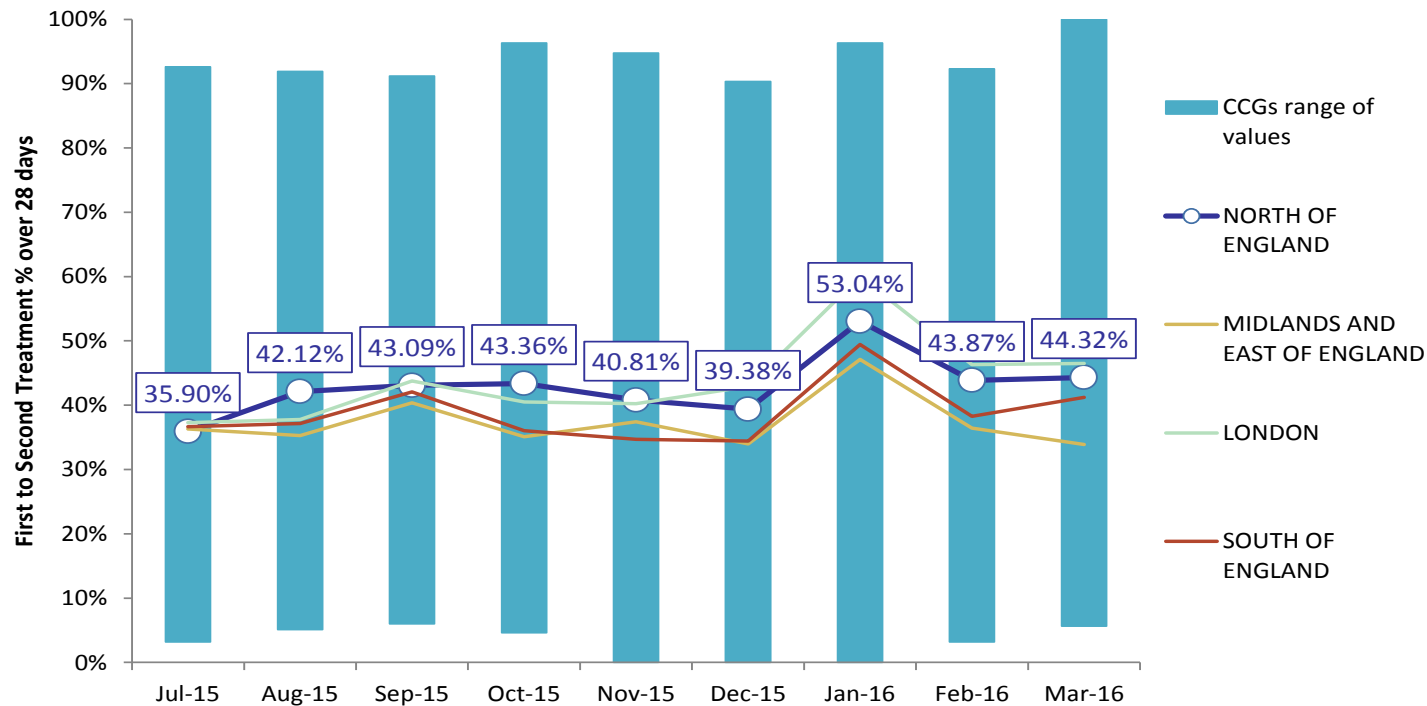
Yorkshire and the Humber:



IAPT North Report – Data Requirements

First to Second Treatment over 28 days %

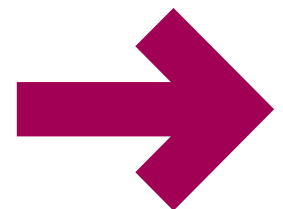
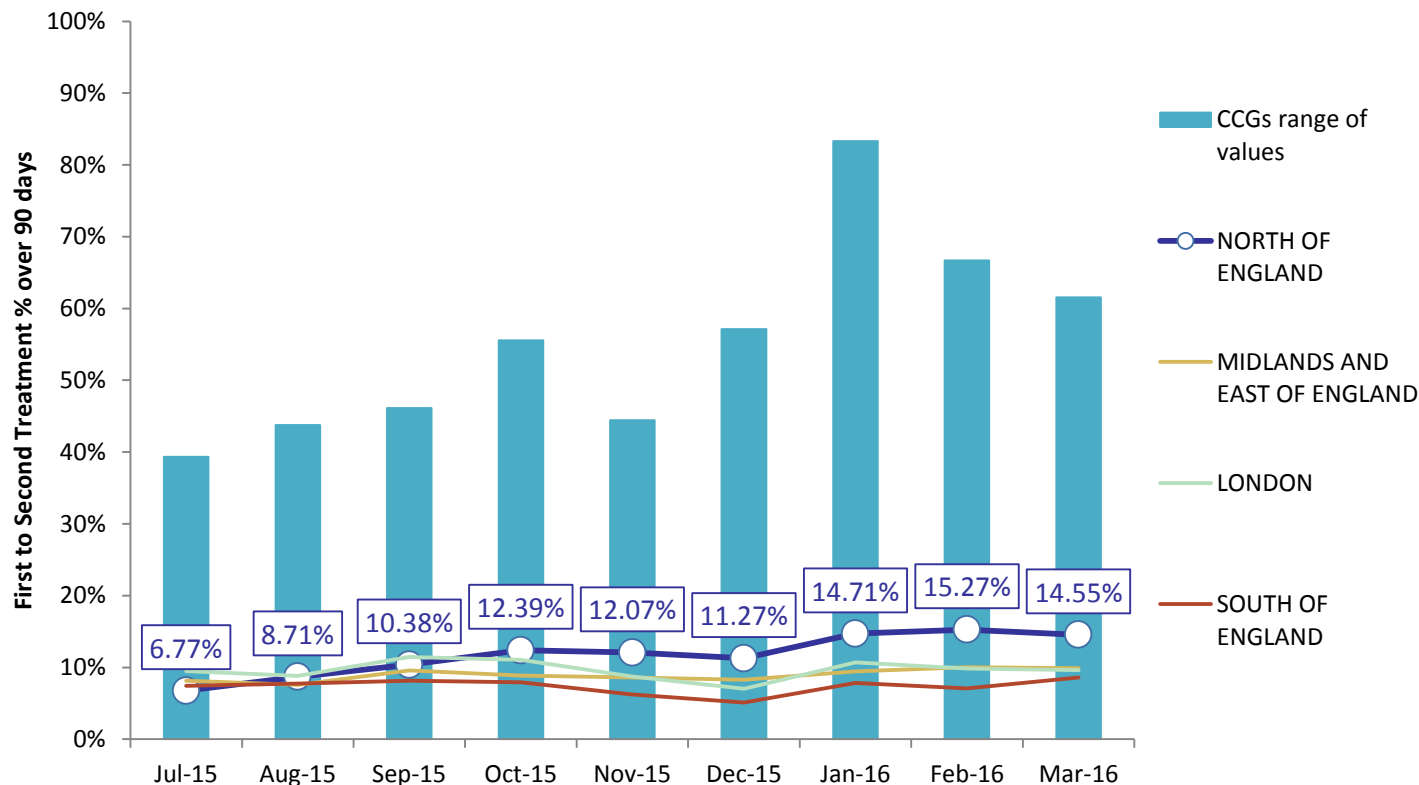
North Aggregate:



IAPT North Report – Data Requirements

First to Second Treatment over 90 days %

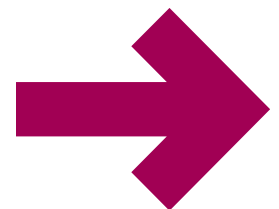
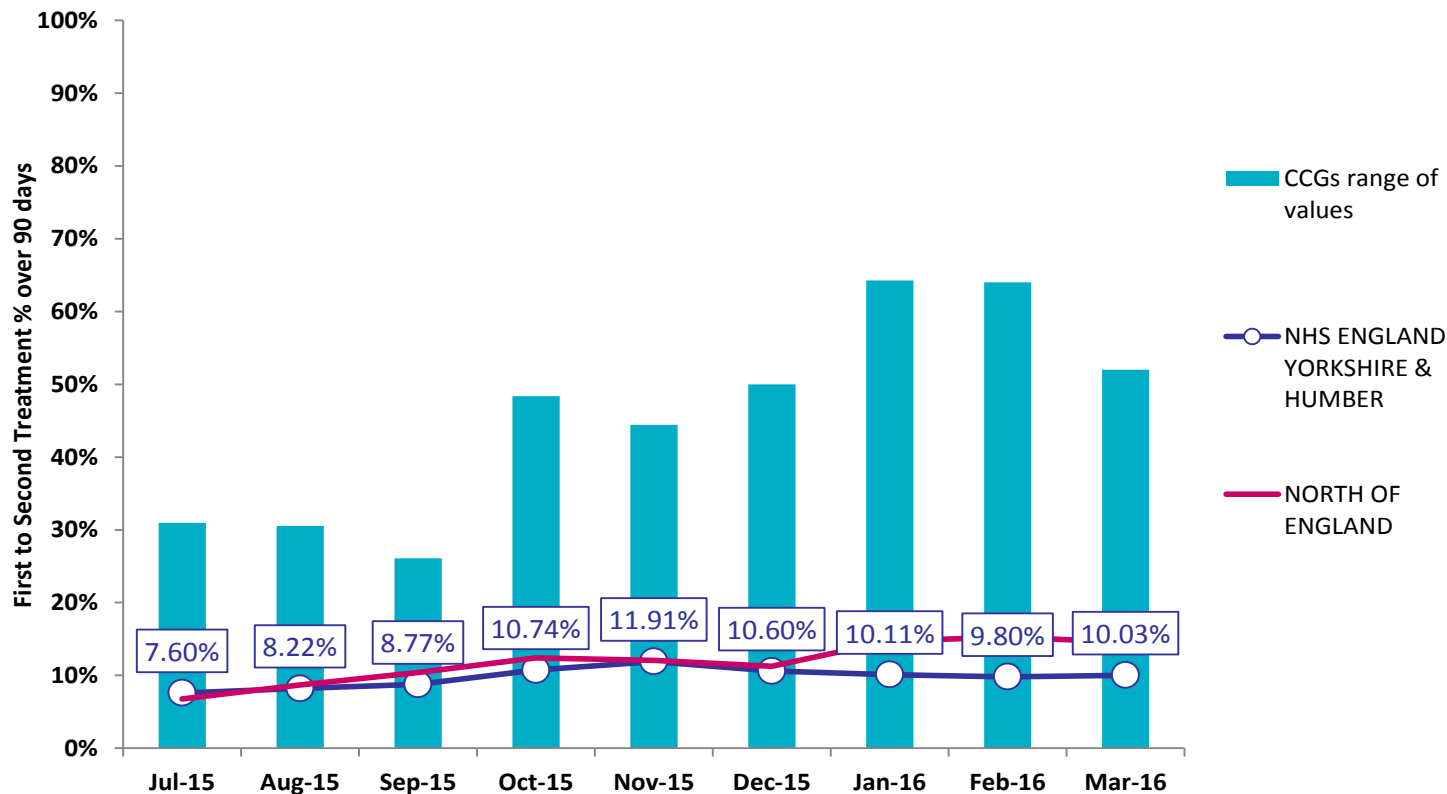
North Aggregate:



IAPT North Report – Data Requirements

First to Second Treatment over 90 days %

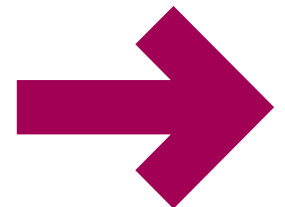
Yorkshire and the Humber:



Yorkshire and the Humber IAPT Providers Network

Update from IST

**Caroline Coxon, Intensive Support Manager
delivered by:
Andy Wright, IAPT Clinical Advisor**



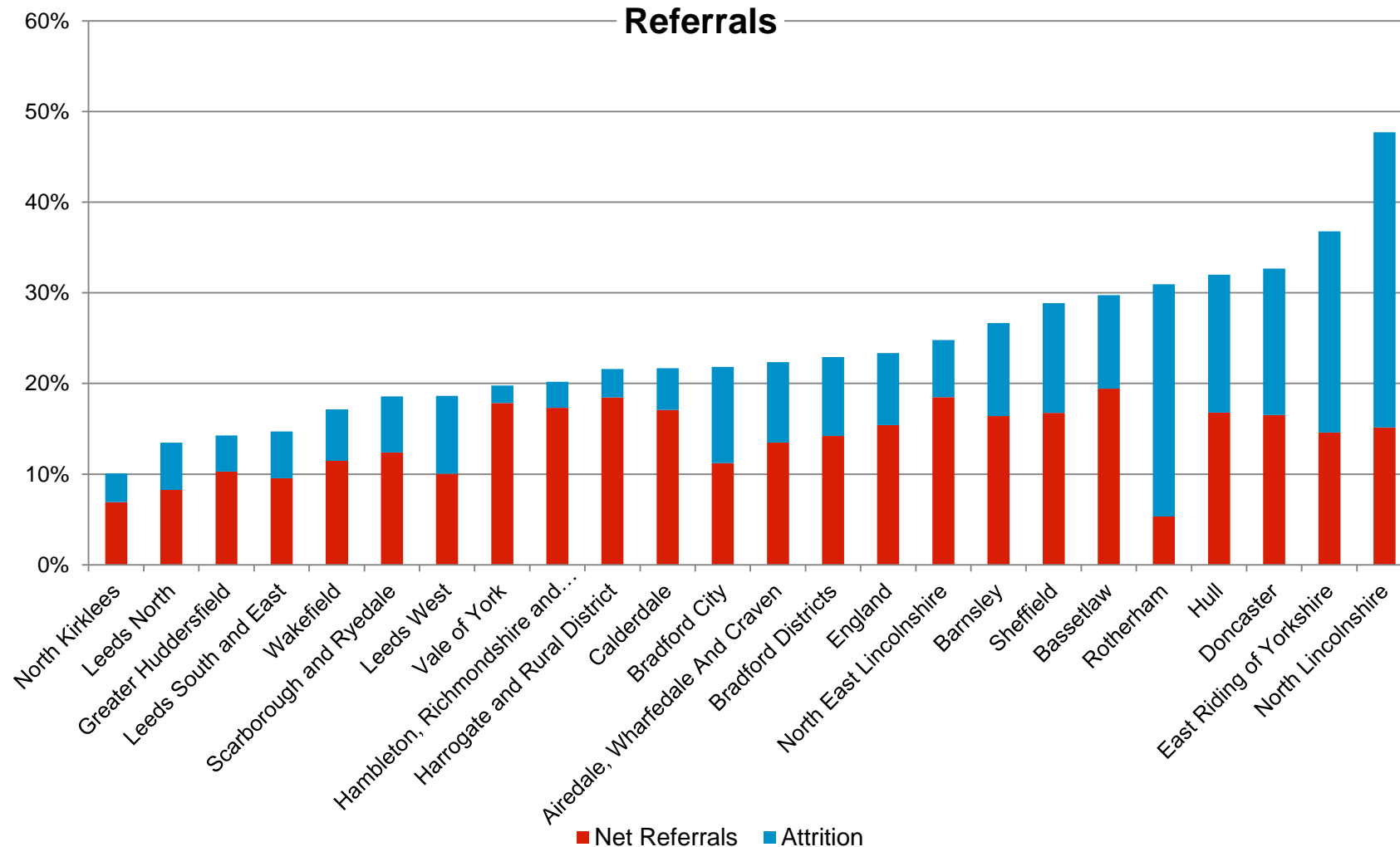
Yorks and Humber Providers Meeting

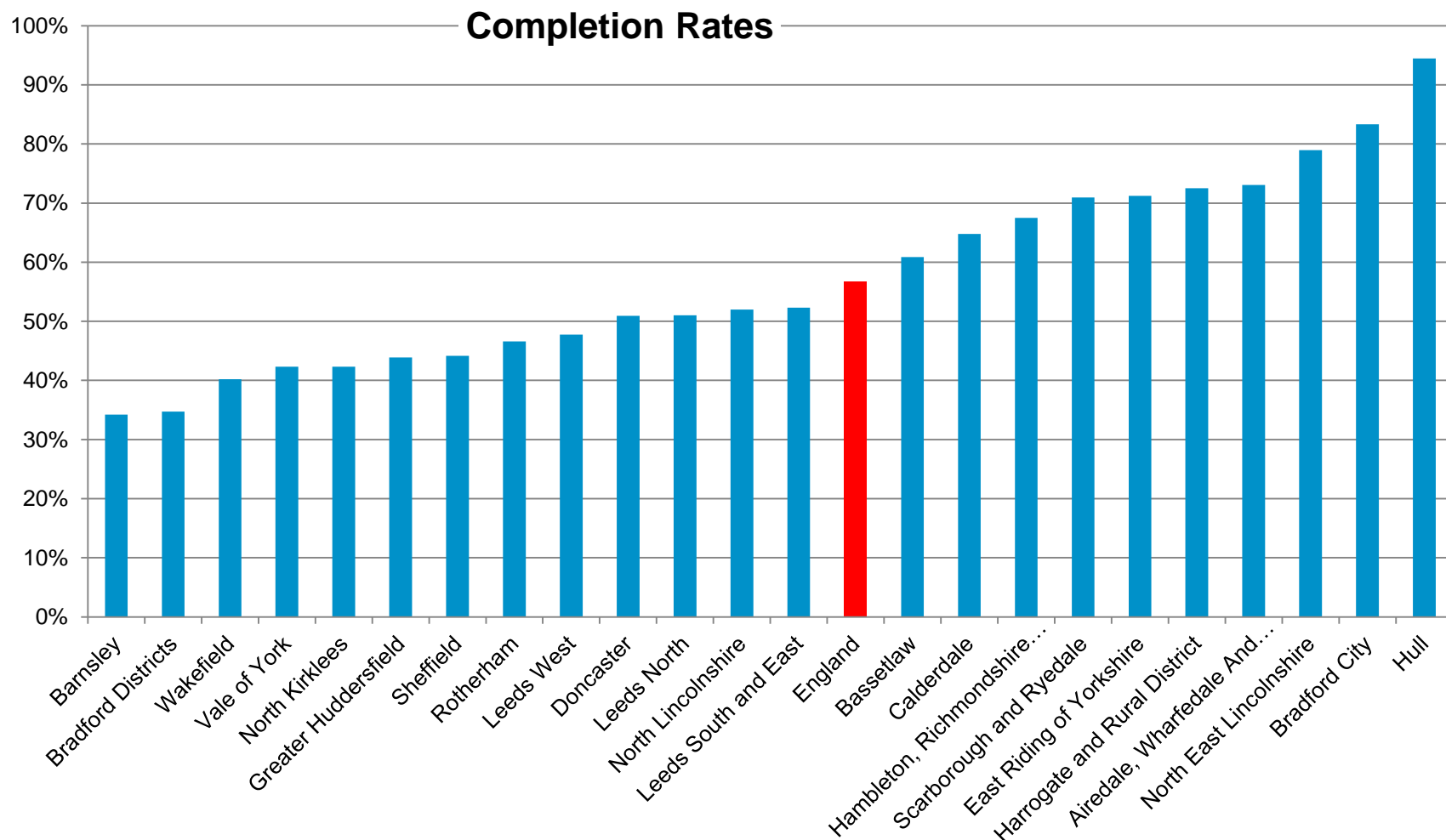
Caroline Coxon
Intensive Support Manager

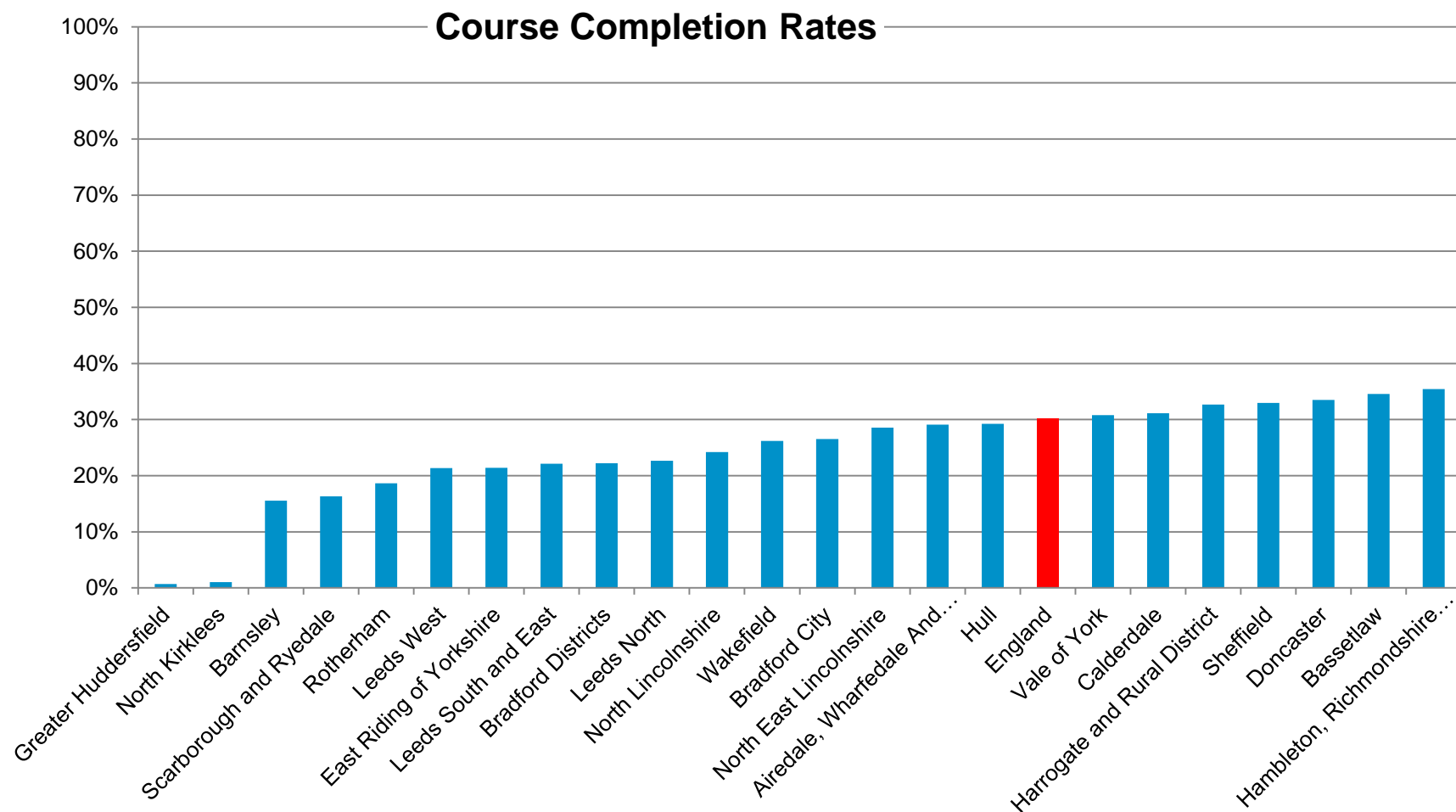
Delivered by Andy Wright
Clinical Network

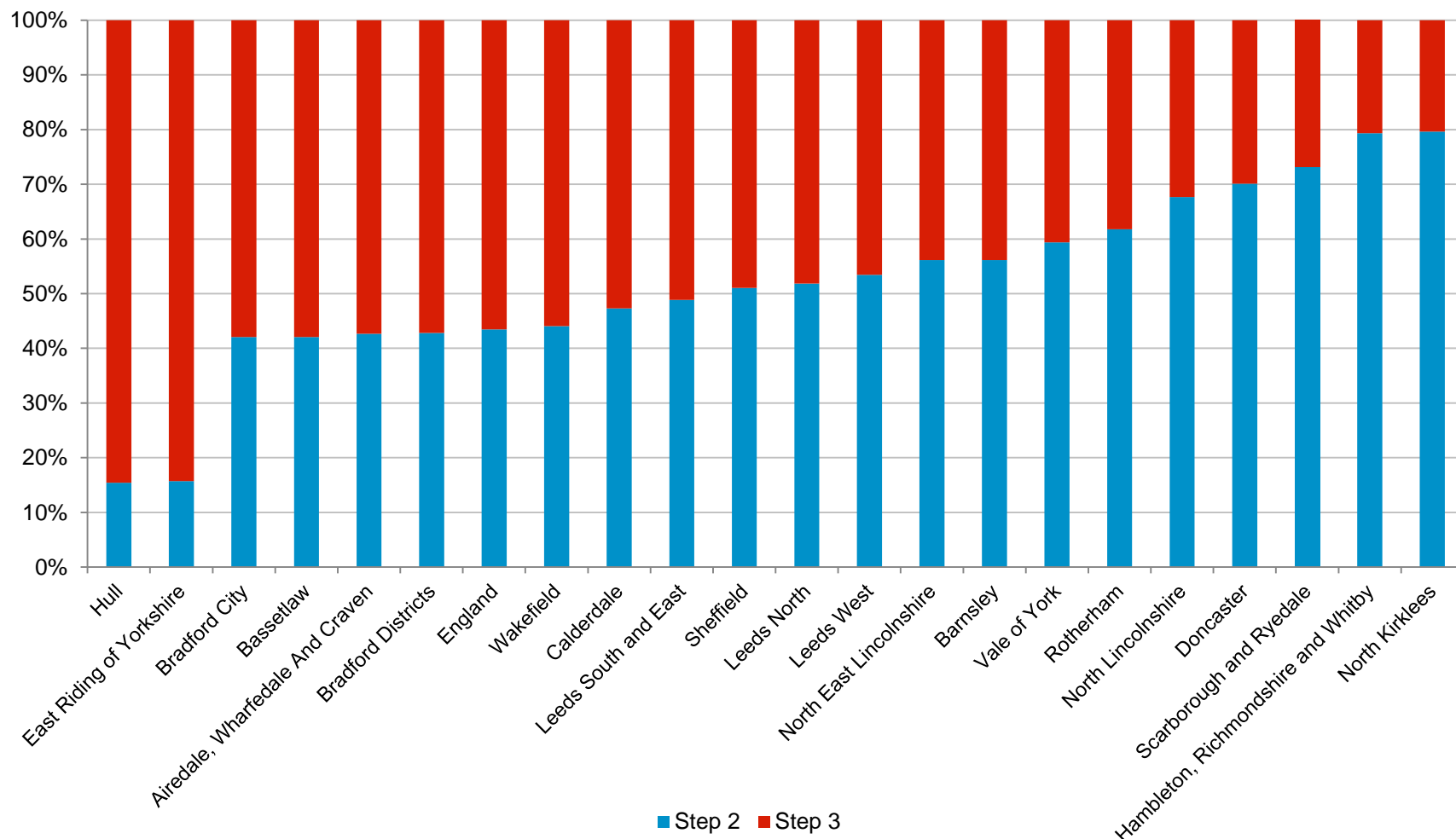


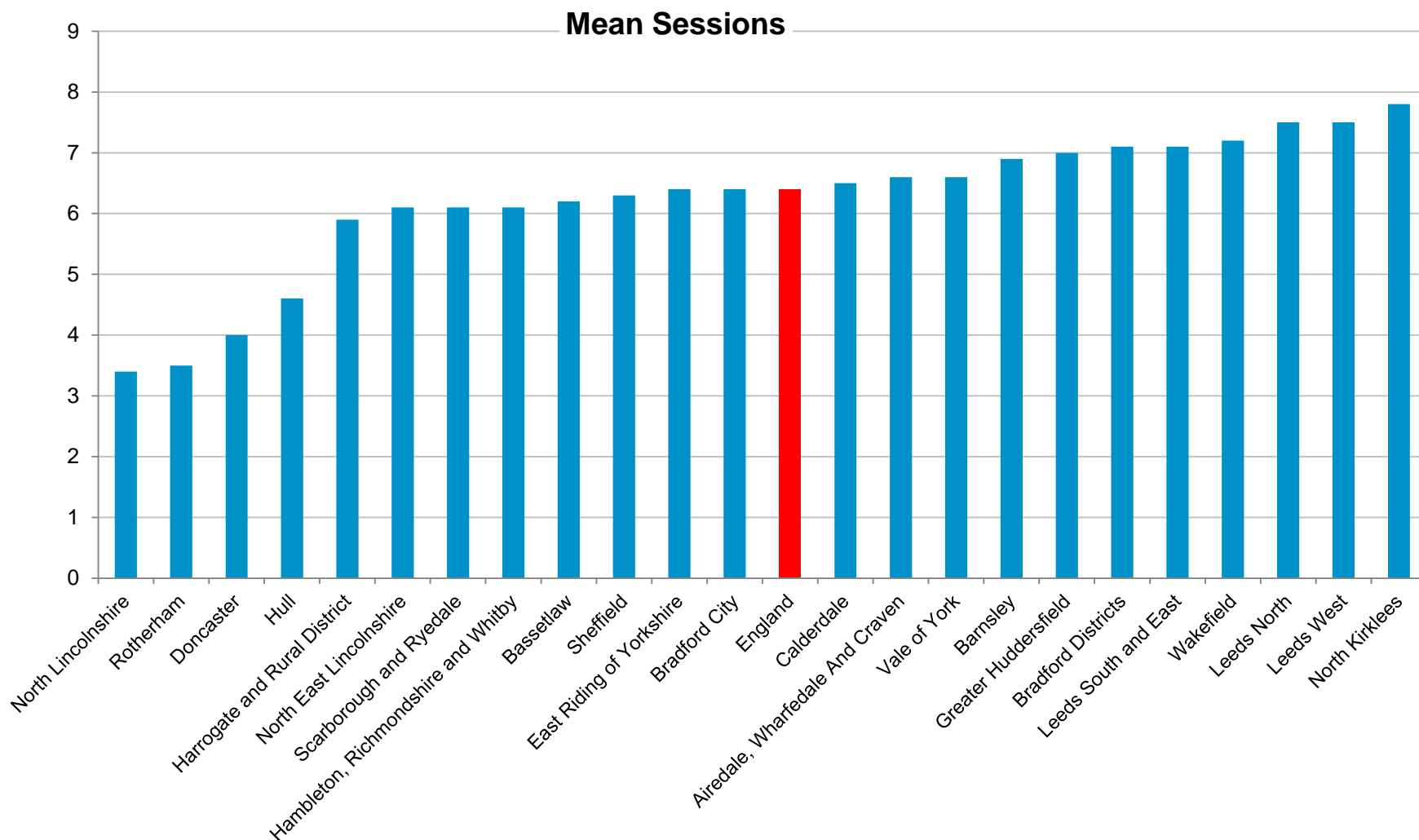
Referrals



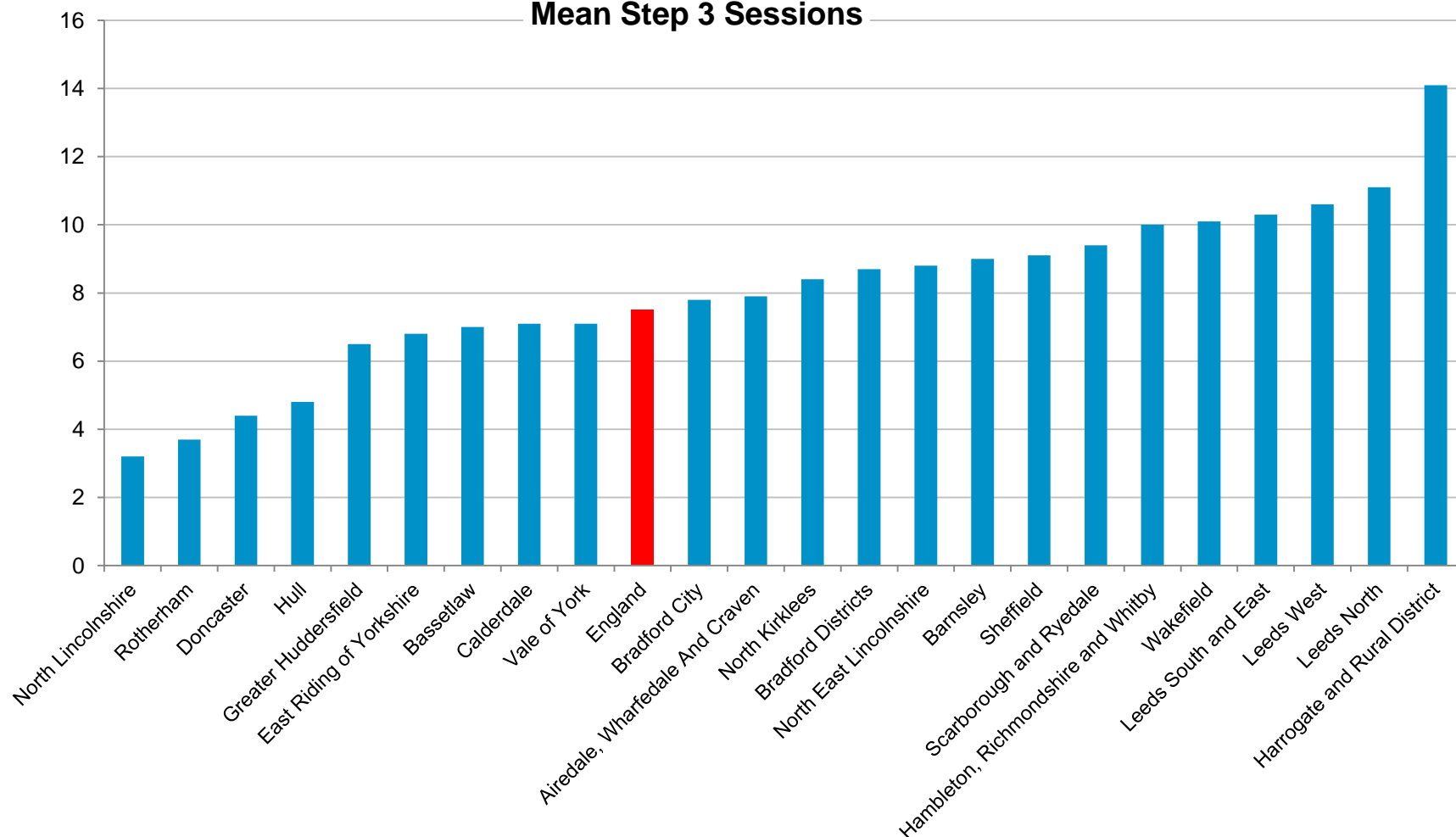


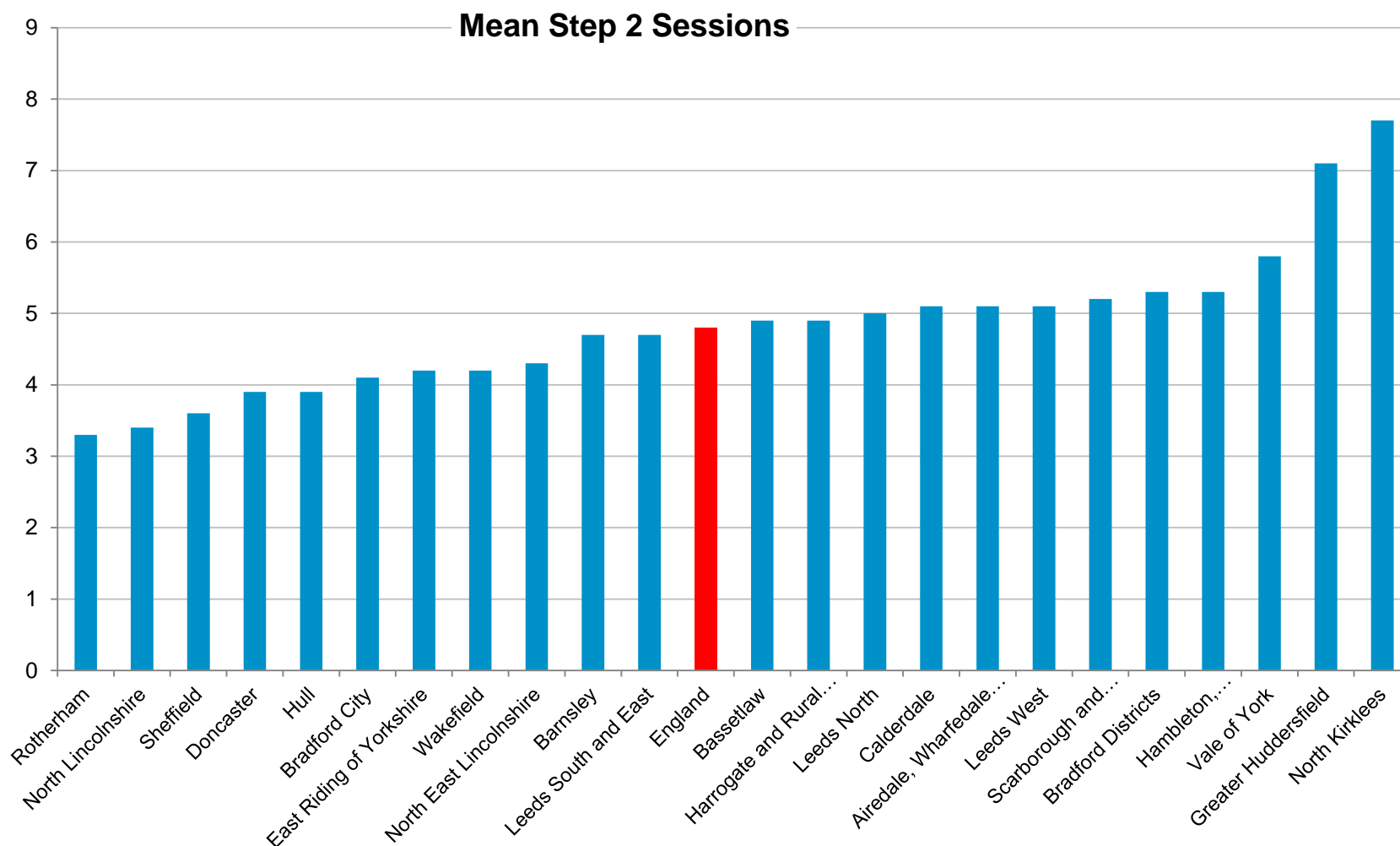




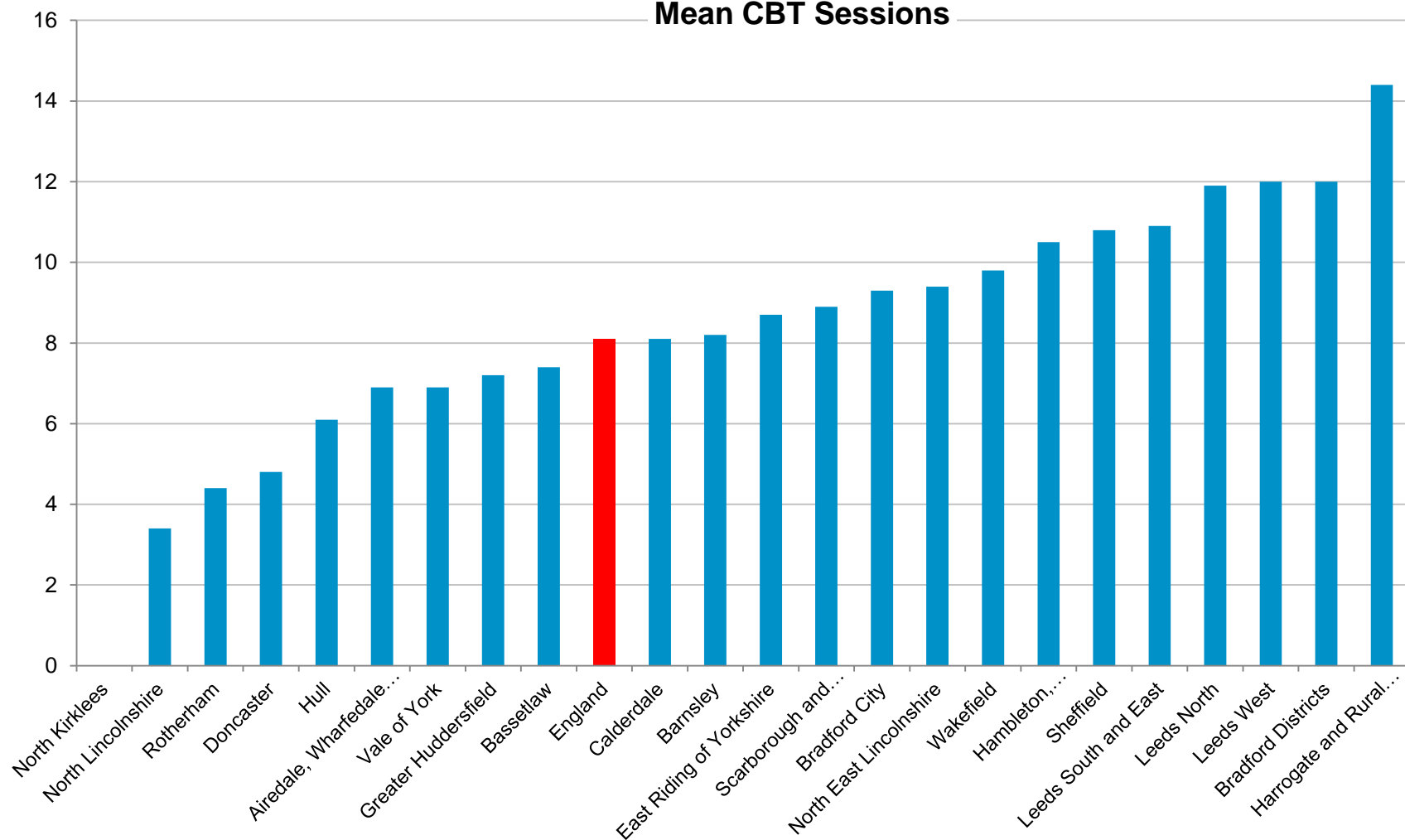


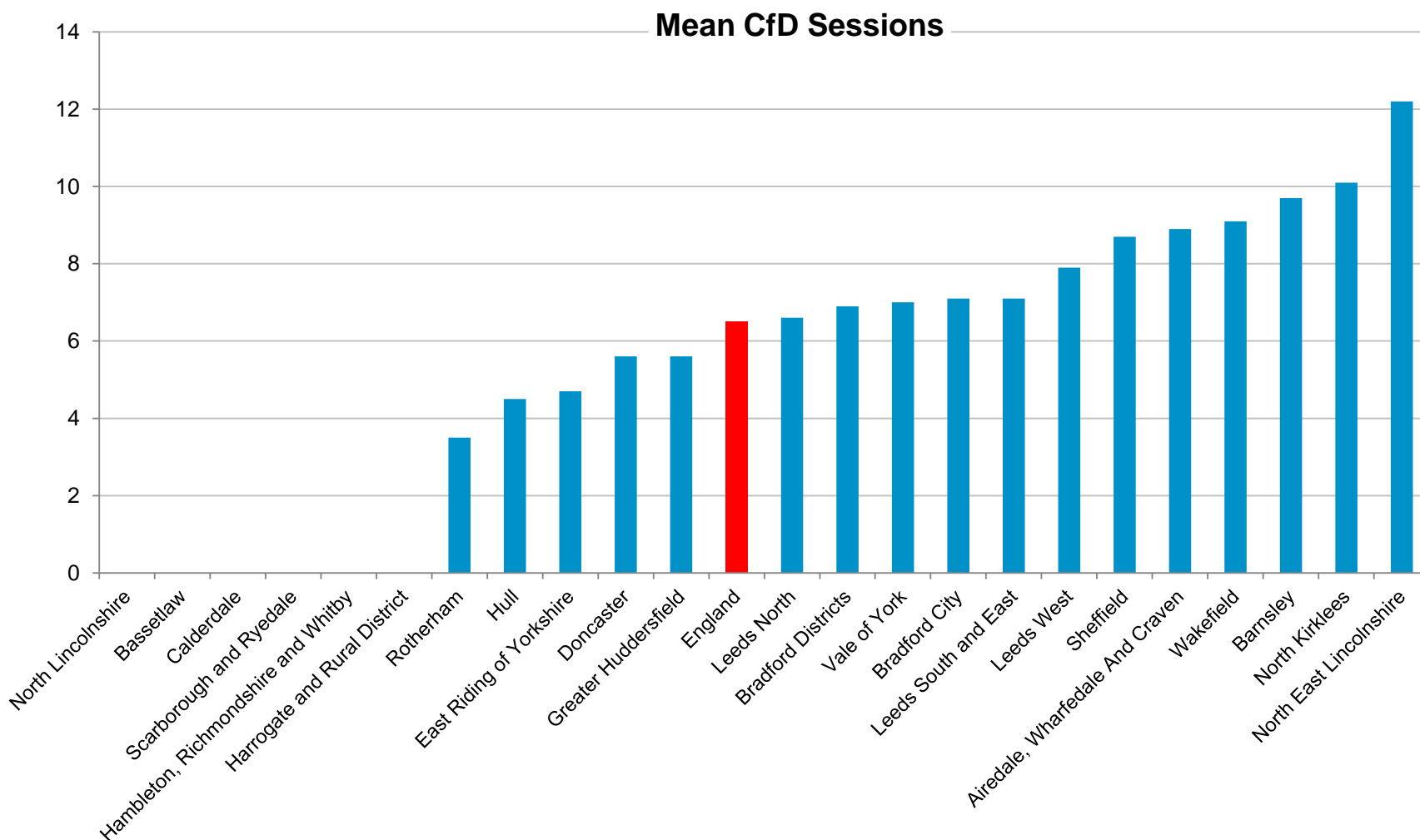
Mean Step 3 Sessions



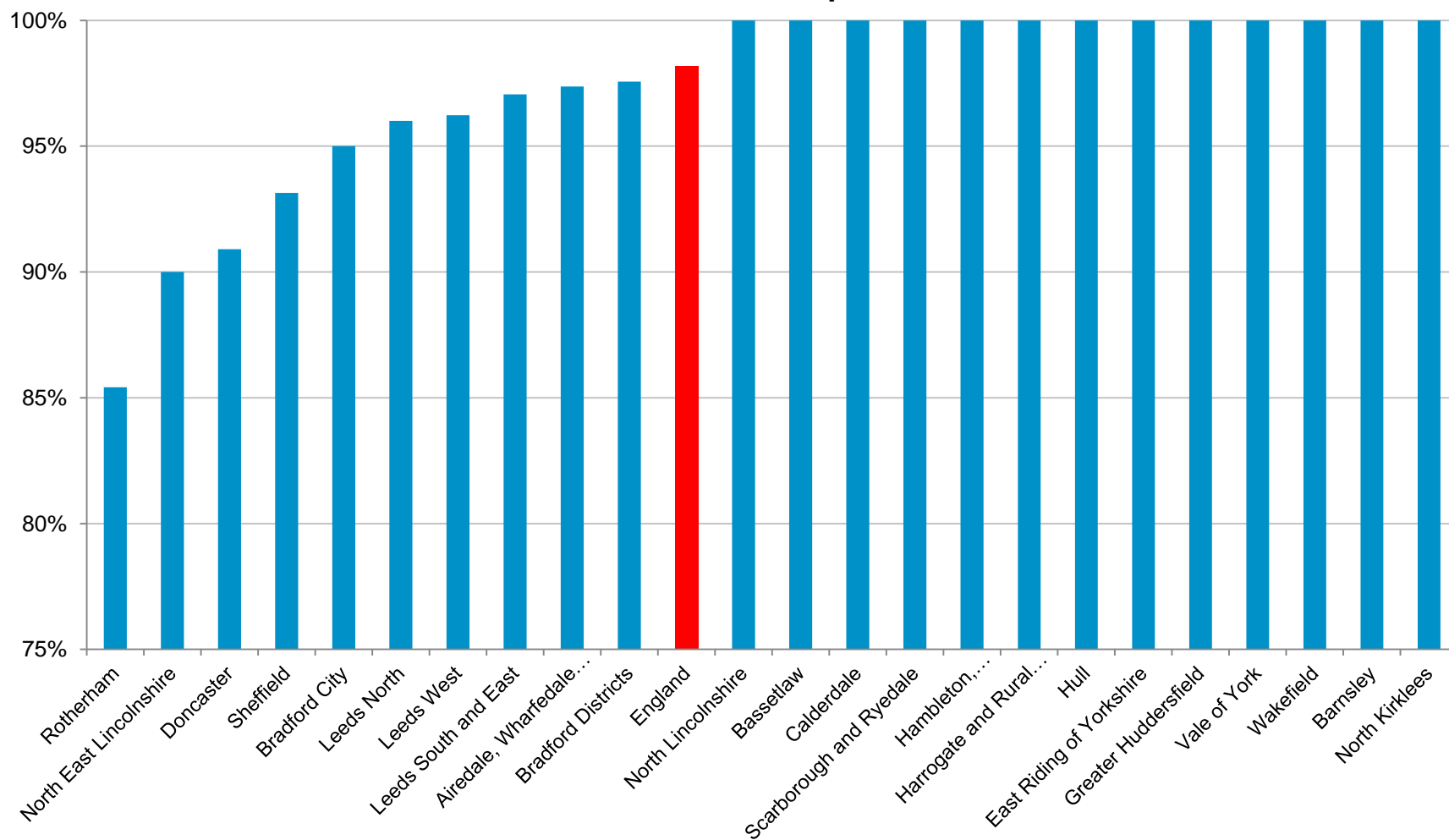


Mean CBT Sessions

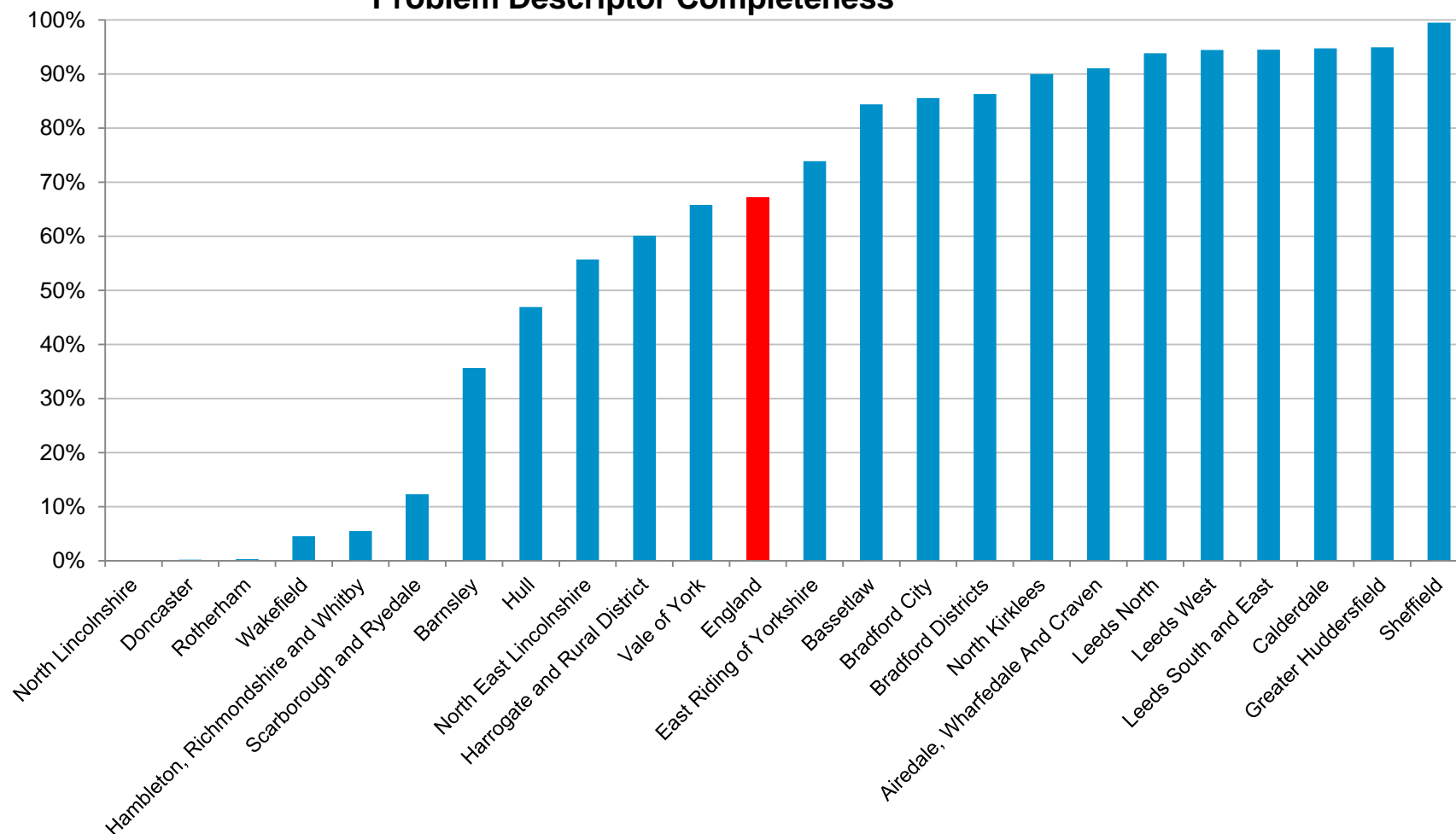




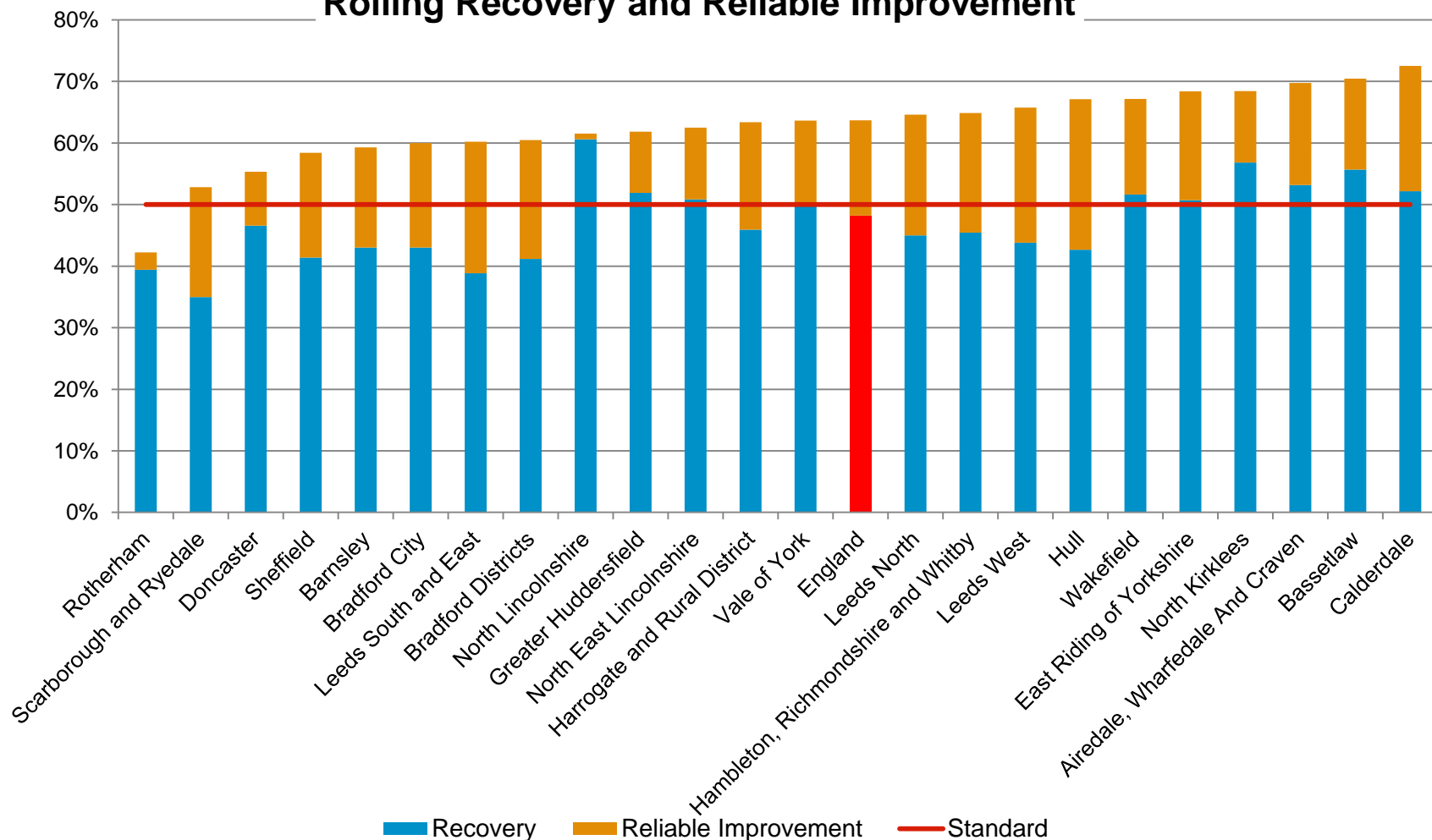
Paired Score Completeness



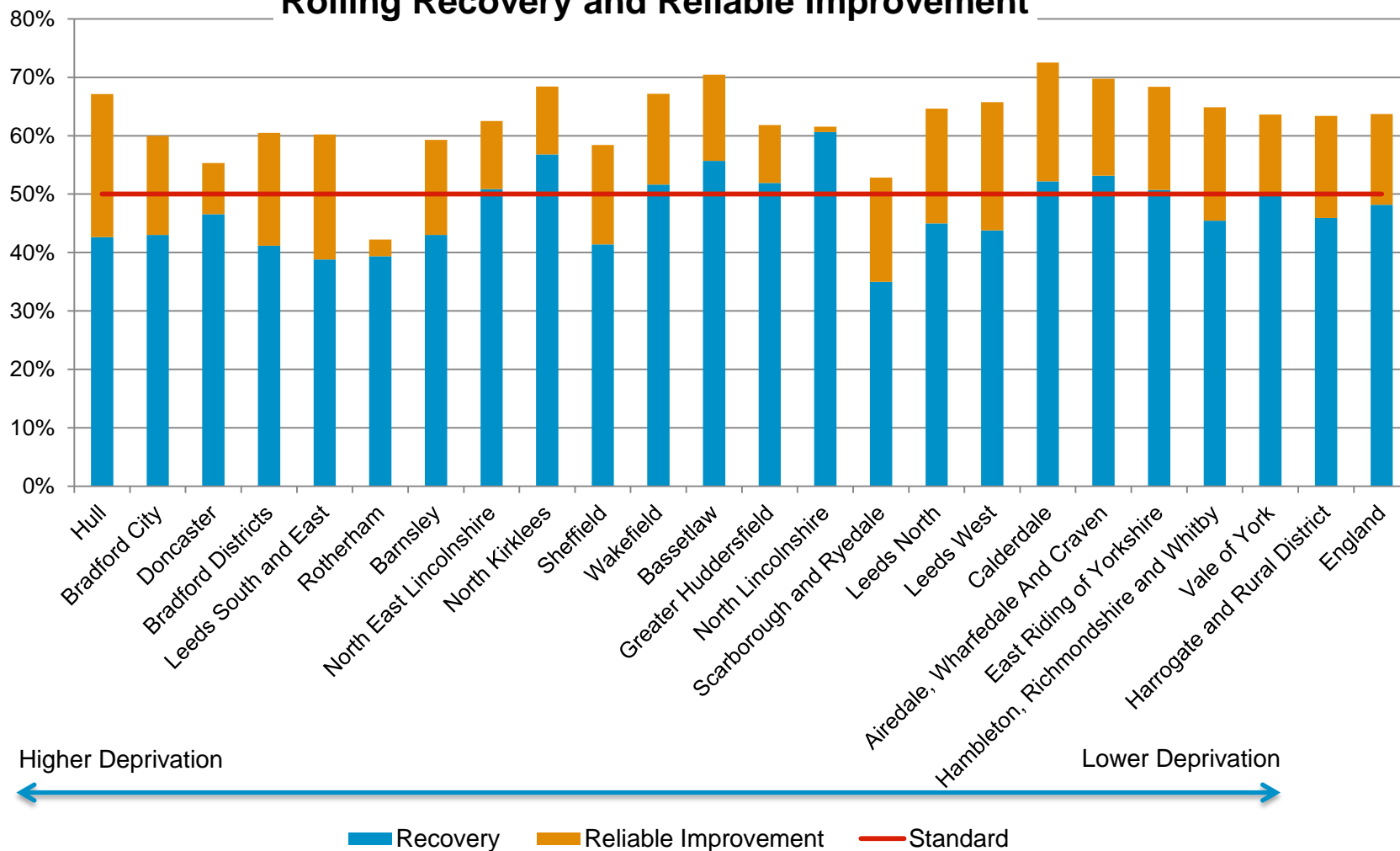
Problem Descriptor Completeness



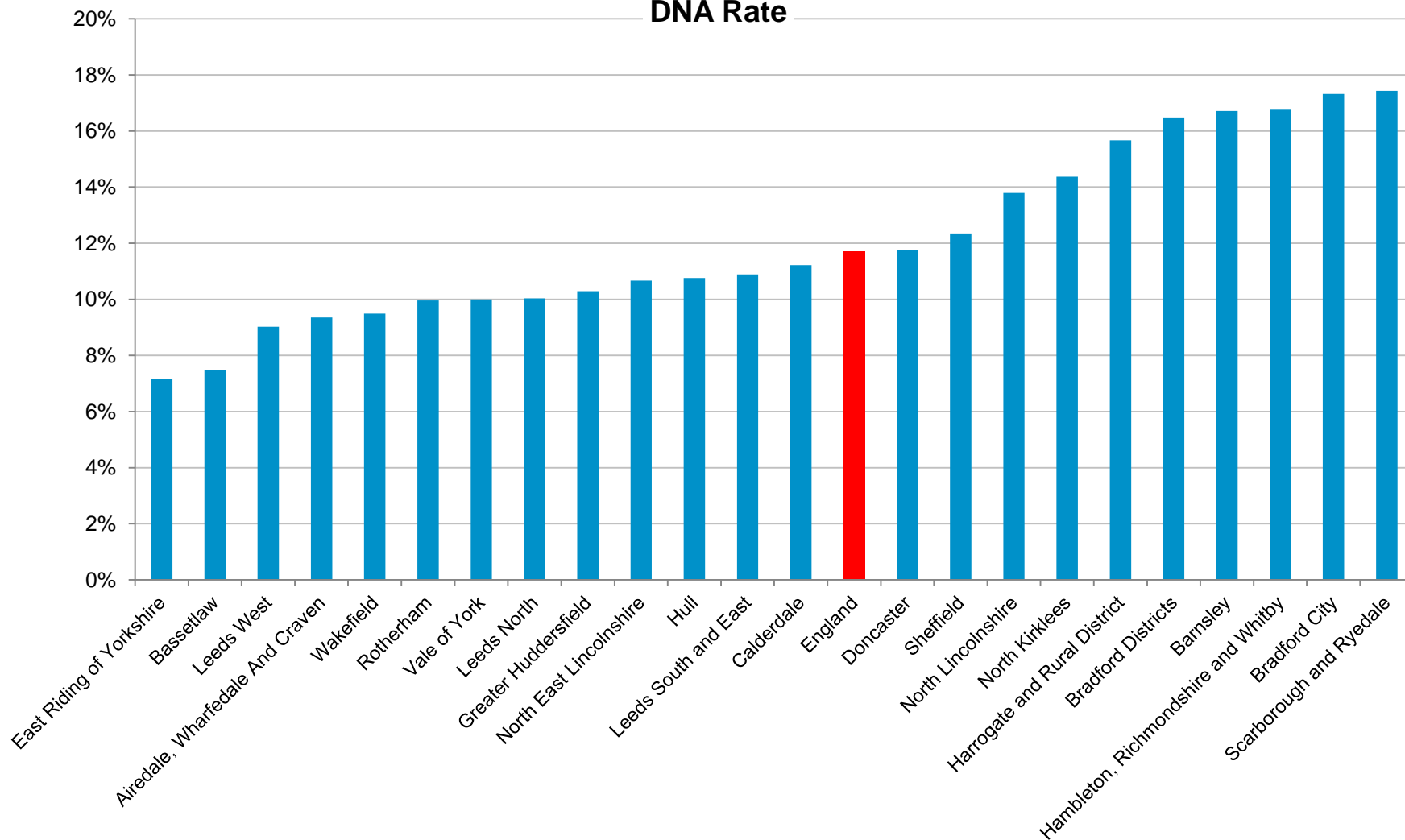
Rolling Recovery and Reliable Improvement

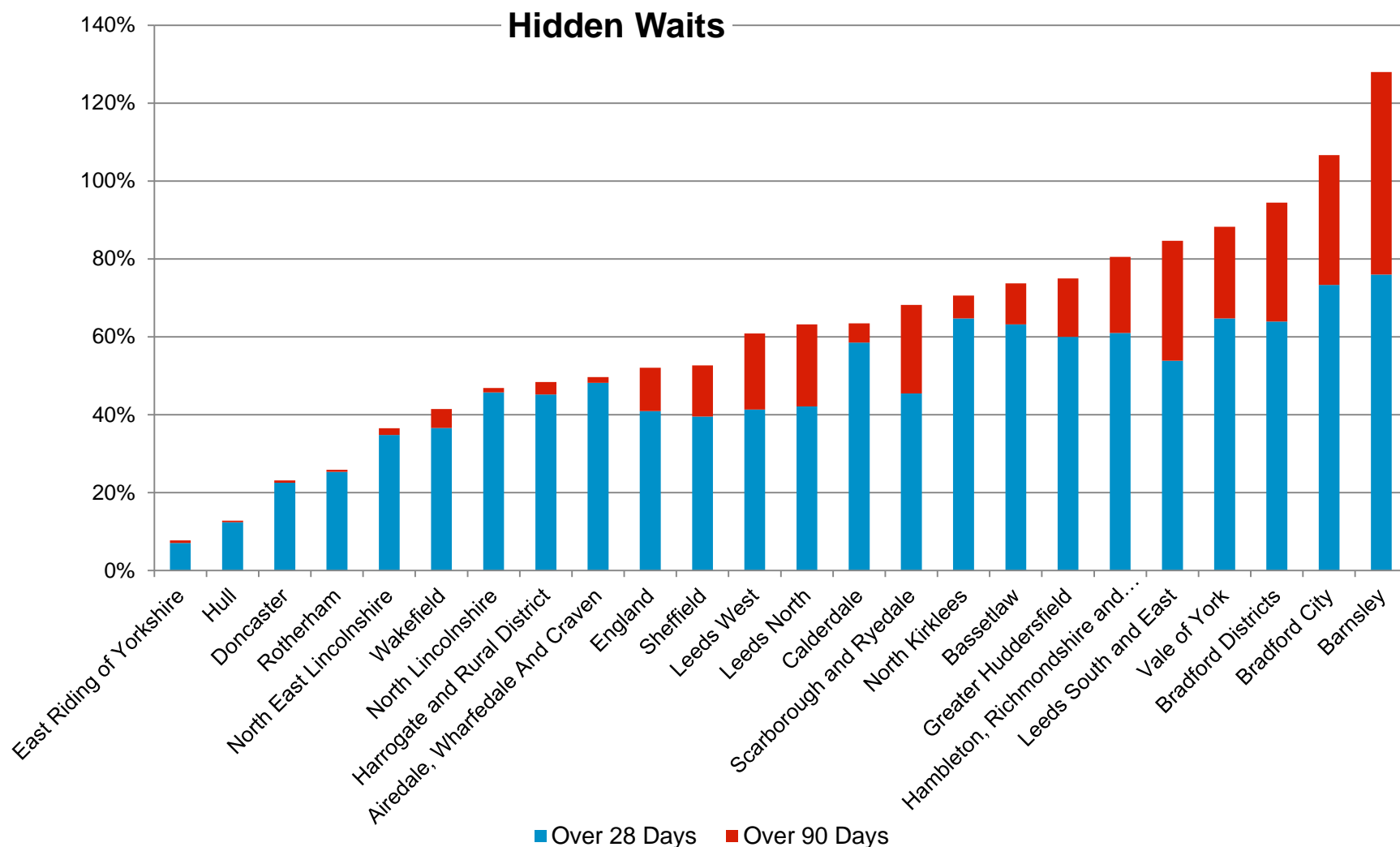


Rolling Recovery and Reliable Improvement



DNA Rate

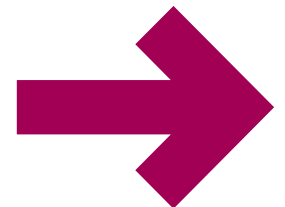




Yorkshire and the Humber IAPT Providers Network

Senior PWP Network Update

Sarah Boul, Quality Improvement Lead



Senior PWP Network

As advised at the last meeting the Clinical Network are working with Heather Stonebank from Sheffield Health and Social Care Foundation Trust to develop a network for Senior PWPs.

The draft Terms of Reference have been shared with the IAPT Providers Network for review.

Three meetings have been held between Heather Stonebank and the Clinical Network to develop the terms of reference; purpose, attendees and potential agenda.

A date has been set for the inaugural meeting of the **Yorkshire and the Humber Senior PWP Network**. The Network will officially be launched on: Thursday 13th October, 09:30-12:30, at The Cosmopolitan Hotel, Leeds.

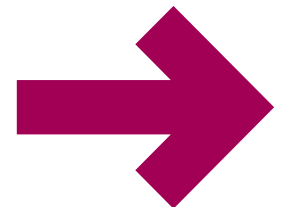
All invited attendees have been asked to gain permission to attend from their line manager and all outputs of the group will be fed up into the IAPT Providers Network for review.



Yorkshire and the Humber IAPT Providers Network

Future Initiatives

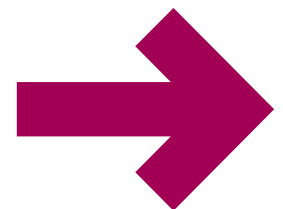
**Integrated IAPT: Early Implementers Initiative
IAPT Employment Advisors (EA) Programme
(Discussion)**



Future Initiatives – Context:

Five Year Forward View for Mental Health commitments to:

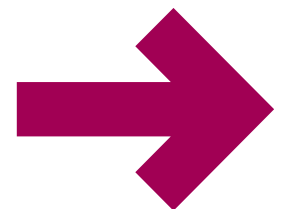
- **increase access to IAPT services to 25%** of need annually, focusing on services co-located with and integrated into physical health pathways. This year and next the national team will be funding a number of ‘early implementers’ for new integrated IAPT services. We expect two thirds of the total expansion to be Integrated IAPT, alongside further expansion of core IAPT services.
- **at least double the number of employment advisors in IAPT services** (this commitment is being led and funded by the DH/DWP Work & Health Unit)



Identifying areas to work with: Integrated IAPT

We want to:

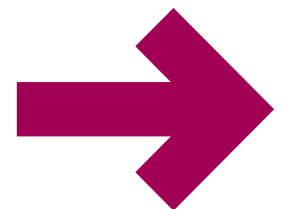
- Build capacity and capability for Integrated IAPT services, learning how to implement integrated psychological therapies at scale, and evaluating impact on outcomes and costs.
- To work with areas who already have high quality IAPT services, can build the relationships necessary to develop integrated services, and cover a range of different local health economy characteristics (i.e. urban/rural, north/south).
- To operate an efficient and minimal burden process.



Identifying areas to work with: Employment Advisors in IAPT

The project aims to:

- Work with high quality IAPT services, who already have some experience of providing some employment support
- Allow IAPT therapists currently undertaking employment support to return to providing therapy increasing the clinical capacity of IAPT services
- To improve the integration of mental health treatment and employment support, and gather evidence of the effectiveness of this way of working



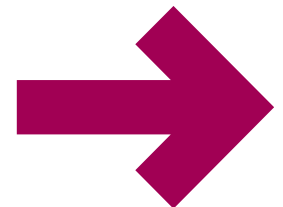
Scale of programmes

Integrated IAPT

- We anticipate working with 20-40 local areas in 2016/17, who we plan to also fund in 2017/18.
- We also plan to agree the areas we plan to support in 2017/18, so that they can prepare in good time.

Employment Advisors in IAPT

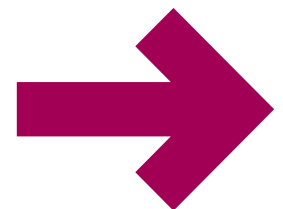
- Planning to support new employment advisors in CCGs between now and 2020/21.



Yorkshire and the Humber IAPT Providers Network

Any Other Business

- Materials not in English (All)**
- Out of Area Patients - are they accepted? (Joy Bowhay)**
- IAPT Providers Contact List (All)**
 - Risk (Mark Knowles)**



Yorkshire and the Humber IAPT Providers Network

Thank you for Attending!

**Please remember to fill out your
evaluation forms!**

