NHS

Yorkshire and the Humber Strategic Clinical Networks

Yorkshire and the Humber Mental Health Network News
Issue 3
March 2016

Welcome!

Welcome to Issue 3 of the Yorkshire and the Humber Mental Health Network News for 2016.

This e-bulletin aims to provide a synthesis of national and regional developments in mental health; highlight newly available data and policies, support collaboration and share best practice across Yorkshire and the Humber. In this edition we would like to draw your particular attention to a number of reports and resources, on varying aspects of mental health, which have been published throughout March and are all well worth a read.

If you have any comments on this edition, ideas for improvements or suggestions for future editions, please get in touch. Contact details can be found here.

All versions of this bulletin are available online here.

Contents:

Mental Health Access and Waiting Times Guidance for EIP

Following the development of access and waiting time standards in mental health services NHS England has produced guidance for The Mental Health Services Data Set (MHSDS) collection for Early Intervention in Psychosis. The guidance covers what data is required to support standardised reporting and explains how the indicator is constructed.

To read the guidance in full please click here. For any further queries please email: enquiries@hscic.gov.uk.

Tunisia Attacks: Screen and Treat Guidance

The Department of Health alongside NHS England, Public Health England and South London and Maudsley NHS Foundation Trust, has launched a mental health screening and treatment programme for individuals and their families who were affected by the attacks in 2015. For further information on the programme or to access the screening questionnaires please click here.

Mental Health CQUINs

The CQUIN and Quality Premium guidance for 2016/17 has recently been published. There is a national CQUIN for: *Improving the physical health for patients with severe mental illness (PSMI)* and a number of local CQUINs; including depression in older people, avoidable detentions and Increasing Access to Psychological Therapies (IAPT).

The national guidance can be accessed here and the local guidance here.

The Quality Premium for 2016/17 also includes a number of Right Care Metrics for Mental Health, which are located in Appendix 3 of the guidance accessible here.

NICE Consultations and Shared Learning

NICE has launched **two consultations on mental health problems and learning disabilities**, which close on 20 April 2016. To read and comment on the consultations please click on the links below:

- Mental Health Problems in People with Learning Disabilities (Draft Guidance Consultation, closes 20 April 2016).
- Mental Health Problems with Learning Disability (Topic Engagement, closes 20 April 2016).

Additionally, NICE has recently released some shared learning from Tees, Esk & Wear Valleys NHS Foundation Trust on their interpretation of the **NICE Clinical Guideline (CG50)**: to recognise and respond to the physical deterioration of patients within a mental health and learning disability inpatient setting. To read the quality standard in full click here.

Mental Health Intelligence Network Profiling Tools

The Mental Health Intelligence Network (MHIN) have been conducting further developments on their suite of mental health profiling tools:

The **Severe Mental Health (SMI) Profiling Tool** has now been updated to include the Mental Health and Learning Disabilities Dataset (MHLDDS), community services data, prescribing data up to Q2 2015/16, and the metric on people in BME groups in contact with mental health services has been updated for 2013/14 and 2014/15. Updates have also been made on benchmarking and quality and outcomes domains, meaning detailed information by Trust is now available.

The **Common Mental Health Disorders (CMHD) Profiling Tool** has been further updated with Improving Access to Psychological Therapies (IAPT) metrics; including two new domains: 'outcomes by problem descriptor' (diagnosis), and 'availability of therapy

type'. Additionally, IAPT indicators for GP prescribing, waiting time and number of treatment sessions have been updated for Q1 2015/16 and wellbeing prevalence indicators have been updated, at local authority level, for 2014/15.

The **Suicide Prevention Profiling Tool** has been updated to include three new metrics on admissions due to alcohol and two new metrics on social isolation. There is a future intention to include new metrics on mode of suicide, place of occurrence, and occupation of those completing suicide.

Mental Health Reports and Resources
Throughout March a number of reports have been published. The links to each report are provided below:

Reports:
Autistica has published a report examining the evidence for premature death in autism and sets out a number of recommendations including the need to establish a National Autism Mortality Review. The report *Personal Tragedies, Public Crisis: The Urgent Need for a National Response to Early Death in Autism* can be downloaded here.

The King's Fund has published a report exploring the integration of physical and mental health care. The report contains information from service users and outlines significant opportunities for quality improvement and cost control for both Commissioners and Providers. *Bringing Together Physical and Mental Health: A New Frontier for Integrated Care* can be accessed here.

The Mental Health Foundation has published a literature review considering the effectiveness of Psychologically Informed Environments (PIEs) for single homeless people. *Psychologically Informed Environments: A Literature Review* is available for download here.

Lastly, Mind has published a briefing regarding how to provide support to people with mental health problems in your community to overcome day-to-day challenges. The briefing covers the benefits of getting support right, the costs of getting it wrong and how Mind can assist with the implementation of this support. *Life Support: Supporting People with Mental Health Problems in Your Community to Overcome Day-to-Day Challenges* can be downloaded here.

Resources:
The Truth About Self-Harm: For Young People and Their Friends and Families:
The Mental Health Foundation has recently published an information booklet to help further understanding around self-harm in young people. *The Truth About Self-Harm: For Young People and Their Friends and Families* is accessible here.

Making Every Contact Count (MECC):
Developed by Public Health England (PHE) MECC is a behaviour change approach that advises how day to day interactions can be used to support people in making positive changes to their physical and mental health and wellbeing. PHE have developed a range

of practical resources to aid people in implementing MECC. Please click here to view the resources.

Time to Change Training Pack:
Time to Change, in partnership with NHS England, has developed a training pack to help reduce the stigma that can be experienced by people accessing mental health services. The training pack focuses on positive changes that can be made in teams and in working practices to reduce barriers to good care and increase positive interactions. The training pack can be accessed here.

Mental Health Research
The National Institute for Health Research (NIHR) has recently published the findings from its study into organising secondary care mental health interventions by condition rather than by geography. The full research paper can be accessed via the link below:

- Management by geographical area or management specialised by disorder? A mixed-methods evaluation of the effects of an organisational intervention on secondary mental health care for common mental disorder.

Mental Health Statistics
The following statistics have recently been released please click on the links to review further:

- Key Statistics and Trends in Mental Health: 2016 Update.

- Mental Health and Learning Disabilities Statistics Monthly Report - Final November and Provisional December.

Dates for your Diary!
- Thursday 12 May, 09:30-12:00, **IAPT Providers Network**, The Leeds Club, Leeds.

- Thursday 12 May, 12:45-16:00, **IAPT Demand and Capacity Workshop**, The Leeds Club, Leeds.

  If you would like to attend, or require further information, please email sarahhope2@nhs.net.

- Monday 11 April 2016, 13:00-14:00, **EIP: At Risk Mental State**, WebEx.

- Thursday 14 April, 13:30-14:30, **EIP: Clarifying Referral Criteria**, WebEx.

  If you would like to register to join the EIP WebEx's, please email: cathystuart@nhs.net

- Wednesday 11 May – Friday 13 May, **Faculty of Liaison Psychiatry Annual Conference 2016**, Holiday Inn, Birmingham.

  To view the programme and register for the event please click here.

- Thursday 19 May, 10:00-16:30, **Think Local Act Personal (TLAP)**, Birmingham City Football Club.

This national event focusses on the barriers to personalised services that still exist for people with mental ill-health.

For more information, and to book your place, please click [here](#).

Contacts
If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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Links and Partner Organisations
- Yorkshire and the Humber Strategic Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

Who produces this bulletin?
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