



Yorkshire and the Humber Mental Health Network News

Issue 10

October 2016

Welcome!

Welcome to Issue 10 of the Yorkshire and the Humber Mental Health Network News for 2016.

This e-bulletin aims to provide a synthesis of national and regional developments in mental health; highlight newly available data and policies, support collaboration and share best practice across Yorkshire and the Humber. This month we would like to draw your attention to the announcement of the successful [IAPT Early Implementer sites](#) across England and in particular to those successful sites in Yorkshire and the Humber.

If you have any comments on this edition, ideas for improvements or suggestions for future editions, please get in touch. Contact details can be found [here](#).

All versions of this bulletin are available online [here](#).

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IAPT Early Implementer Sites

NHS England has announced 22 sites across England that will receive additional funding in wave-one of the Integrated IAPT Early Implementer Programme. The programme is aimed at developing psychological therapies services within long-term condition care pathways. Within Yorkshire and the Humber Calderdale, Greater Huddersfield and North

Kirklees and Harrogate and Rural Districts have been successfully selected as pilot sites.

The Early Implementers are part of NHS England's strategy to expand access to treatment for people with common mental health problems, and improve integration between mental and physical health, meeting commitments in the Five Year Forward View for Mental Health.

For further information about the IAPT Early Implementers Programme click [here](#).

Mindwell: A Ground-breaking Approach to Mental Health Information and Support

MindWell is a new online resource, which will be a single 'go to' place for information about mental health in Leeds. The site has been created through a process of co-creation and will raise the profile of mental health and reduce the stigma of seeking help.

The website contains resources, information, support and advice about mental health, including access to 24/7 crisis support. It is intended that the website is accessible to anyone including residents, GPs, employers, friends, family members and neighbours.

You can find out more about MindWell at www.mindwell-leeds.org.uk.

Is Mental Health Crisis Care in Crisis?

[Is mental health crisis care in crisis?](#) has recently been published by The NHS Confederation Mental Health Network. The briefing paper focuses on the gap between the policy around mental health crisis care and reporting on the ground. It includes case studies that show by operating as a whole system, local areas are developing new ways of working in mental health crisis care.

NHS England Fund Available for Mental Health Digital Innovators

NHS England has announced that innovators of digital technology which improves people's mental health can apply for a share of [a £400,000 fund to speed up the adoption of their product by the NHS](#). Following the application process up to eight innovations will be chosen to take part in the NHS England funded [Digital Development Lab](#) being delivered by mHabitat.

Out of Area Placements Guidance

The Department of Health has published [Out of Area Placements in Mental Health Services for Adults in Acute Inpatient Care](#). The guidance is aimed at providers and commissioners and will support them in accurately monitoring and reducing their use of out of area placements (OAPs). The guidance is also intended to help providers submit accurate information on OAPs to national data collections.

In addition, NHS England has announced six pilot sites across the country to drive the design of new approaches to [delivering children and young people's mental health services and secure mental health services](#). The sites have been asked to reduce psychiatric hospital admissions and time spent in hospital, putting an end to out of area

placements for both adults and young people.

Psychosis Data Report

Public Health England's National Mental Health Intelligence Network has produced a [Psychosis Data Report](#).

This report shows data by local authority or Clinical Commissioning Group area for a range of indicators across the psychosis care pathway. In particular it focuses on variation in numbers of people with psychosis and their access to care in England.

Public Health England have highlighted that the report is for use by public health, service planners, commissioners, providers, advocacy groups, and policy makers. The data can help to ensure that services provided meet local needs, are evidence based and address any gaps in provision.

Psychiatric Morbidity Survey

NHS Digital has recently published [The Adult Psychiatric Morbidity Survey - Survey of Mental Health and Wellbeing, England, 2014](#). This important publication provides statistics on the prevalence of both treated and untreated psychiatric conditions among adults aged 16 and over, in England.

Perinatal Mental Health Data Catalogue Published

The National Mental Health Intelligence Network has recently announced the launch of the Perinatal Mental Health Data Catalogue. The catalogue lists resources relevant to perinatal mental health intelligence; including national datasets published at clinical commissioning group (CCG), local authority or provider level as well as information on data availability and location.

The data set can be used by commissioners, policy makers, planners, service providers and advocacy groups in local areas to identify available data on perinatal mental health prevention and care. The data can be used to inform work to ensure there are adequate and effective perinatal mental health care services in England.

The catalogue can be accessed [here](#).

NICE Consultations and Shared Learning

NICE have recently released the following consultation for comment:

- [Mental Health of Adults in Contact with the Criminal Justice System](#). The closing date for comment is 18 November 2016.

The consultation requests comments on new draft guidance seeking to improve the assessment, treatment and prevention of mental health problems in adults. When the guideline is finalised, it will apply to anyone who comes into contact with the English criminal justice system, including time spent serving a community or prison sentence, and any probationary periods.

Mental Health Reports, Resources and Research Reports

The University of Manchester has published [The National Confidential Inquiry into Suicide and Homicide by People with Mental Illness. Making Mental Health Care Safer: Annual Report and 20-year Review. October 2016](#). The report provides the latest figures on events and highlights the priorities for safer services. This year the report highlights acute care, economic adversity and recent migration as areas for further investigation.

NHS Employers has published a case study from East Midlands Ambulance Service NHS Trust who recognised, following feedback from staff, that there were a number of areas for [improvement in mental wellbeing](#) across the trust. The case study sets out the actions the trust took and future work that will be undertaken such as the establishment of BAME and disability networks for its staff.

[The Impact of Traumatic Events on Mental Health](#) has recently been published by the Mental Health Foundation. The report focusses on how the impact of traumatic events can lead to more serious mental health problems such as post-traumatic stress disorder (PTSD) and depression.

The Housing Learning and Improvement Network have published [Mental Health and Housing: Potential Economic Benefits of Improved Transitions Along the Acute Care Pathway to Support Recovery for People with Mental Health Needs](#). The report considers potential opportunities for releasing resources from inpatient care and re-investing them in alternative support services, either provided or supported by housing associations. The report highlights that NHS commissioners would need to develop alternative forms of community-based services while maintaining existing infrastructure for the savings of this idea to be realised.

Age UK has released [Hidden in Plain Sight: The Unmet Mental Health Needs of Older People](#). The report highlights that the current availability of mental health services does not meet the demand from people aged 65 and over. Additionally, over a third of mental health trusts have been highlighted as having no policies for providing integrated care for people over 65 with both mental and physical health needs.

Helen Gilbert of the King's Fund has recently produced a paper highlighting that [Promised Increases in Mental Health Funding are Not Reaching the Front Line](#). Recently released data identifies that monies mandated for increased investment in mental health services are not reaching their intended goal.

Resources

The Office of the Director of Public Health, Leeds City Council has published [Audit of Suicides and Undetermined Deaths in Leeds 2011-2013](#). This audit is considered a

'gold standard' and is recommended by Public Health England as a model for other areas to learn from.

The University of Sheffield has launched a new Patient Reported Outcome Measure (PROM) [Recovering Quality of Life \(ReQoL\) for Users of Mental Health Services](#). ReQoL has been developed to assess the quality of life for those experiencing mental health difficulties and the questionnaire can be used in helping to decide what support or services people receive and also to measure and improve the quality of care that service users receive.

[NHS Employers Mental Health Awareness Resources](#) highlight the impact of mental ill health on the NHS and provide guidance to combating discrimination against people with mental health problems. The resources provide benefit to individuals with mental ill health working within the NHS and promote a positive impact on the diversity of the workforce and the experience the NHS is able to offer patients.

The National Children's Bureau has created a new toolkit: [A Whole School Framework for Emotional Well-being and Mental Health: A Self-Assessment and Improvement Tool for School Leaders](#). The toolkit aims to encourage the whole school come together to combat and prevent mental health issues in students and staff.

Research

[Funding of Mental Health Services: Do available data support episodic payment?](#) has been published by The University of York Centre for Health Economics. The research paper investigates funding mental health services through the block contract method against the fuller adoption of a cluster system that was introduced across the NHS in 2012 but has not yet been fully implemented.

The National Institute for Health Research (NIHR) has published the results of the following research: [Do financial incentives encourage patients with psychotic disorders to take their medication?](#) The study has found that offering patients financial incentives to take their antipsychotic medication is effective. When the incentives stop, there is no continued benefit but no long term negative effect either.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Psychological Therapies: Annual Report on the use of IAPT Services](#) - England, 2015-16
- [Improving Access to Psychological Therapies Report - Jul 2016 Final, Aug 2016 Primary](#)
- [Early Intervention in Psychosis Waiting Times, August 2016](#)
- [Learning Disability Services Monthly Statistics - Commissioner Census \(Assuring](#)

[Transformation\), Sept 2016](#)

Dates for your Diary

- Wednesday 2 November, 10:00-13:00, **Yorkshire and the Humber IAPT Providers Network**, Double Tree by Hilton, Leeds City Centre.
- Thursday 17 November, 13:00-16:00, **Yorkshire and the Humber EIP Network**, St George's Centre, Leeds.
- Friday 9 December, 12:30-16:30, **Yorkshire and the Humber LMH Network Launch**, Hilton Hotel, Leeds City Centre.
- Thursday 12 January 2017, 09:30-12:00, **Yorkshire and the Humber Senior PWP Network**, Leeds, Venue to be confirmed.

If you would like to attend, or require further information, please email sarah.wood1@nhs.net

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2016.

For further information, and to check course availability, email: wdu@york.gov.uk or visit the website [here](#).

- Wednesday 9 and Thursday 10 November, **7th Annual Culture and International Mental Health Conference**, The Chancellors Hotel, Manchester, UK. To book your place click [here](#).
- Tuesday 15 November, 10:00-16:00, **Voluntary and Community Sector Personal Health Budget Support Network**, Leeds (final venue to be confirmed). To book your place click [here](#).
- Tuesday 22 November 2016, **Progressing Mental Health Liaison Services**, Hilton Leeds City, Leeds. To book your place click [here](#).
- Tuesday 29 November, 10:30-16:30, **North East, Yorkshire & Humber Mental Health Commissioning Network Conference**, Novotel, York. To book your place email: events@nhis.com
- Tuesday 6 December, 09:30-16:30, **Mental Health Crisis Care Conference**, Manchester Conference Centre. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 24 January 2017, All Day, **IAPT National Networking Forum**,

Birmingham City Football Ground, Birmingham. To book your place click [here](#).
NB: There is a cost to attend this event.

- Tuesday, 28 February 2017, 09:00-12:00, **Westminster Health Forum Keynote Seminar: Priorities for Mental Health Services and Delivering the Five Year forward view for Mental Health**, Central London. To book your place click [here](#).
NB: There is a cost to attend this event.
- Wednesday 30 August – Sunday 3 September 2017, **20th ISPS International Congress in the United Kingdom**, Liverpool (venue to be confirmed). To book your place click [here](#).

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

Rebecca Campbell, Quality Improvement Manager:
rebecca.campbell6@nhs.net, 0113 8253448 / 07825256356

Sarah Boul, Quality Improvement Lead:
sarah.boul@nhs.net, 0113 8253458 / 07584362063

Twitter: @YHSCN_MHDN #yhmentalhealth

Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

Who produces this bulletin?

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