



Yorkshire and the Humber Mental Health Network News

Issue 11

November 2016

Welcome!

Welcome to Issue 11 of the Yorkshire and the Humber Mental Health Network News for 2016.

This e-bulletin aims to provide a synthesis of national and regional developments in mental health; highlight newly available data and policies, support collaboration and share best practice across Yorkshire and the Humber. This month we would like to draw your attention to the new [Out of Area Placements \(OAP\) Data Collection](#), which focusses attention on the government's ambition to eradicate OAPs by 2020/21.

If you have any comments on this edition, ideas for improvements or suggestions for future editions, please get in touch. Contact details can be found [here](#).

All versions of this bulletin are available online [here](#).

Contents:

- [Mental Health Dashboard](#)
- [Monitoring the Mental Health Act](#)
- [Out of Area Placements \(OAPs\) Data Collection](#)
- [Technical Guidance for Mental Health Clusters](#)
- [NHS England Supporting New Trials to Help Disabled People and those with Long Term Conditions into Work](#)
- [New Ratings for Mental Health and Maternity](#)
- [Funding Child and Adolescent Mental Health Services](#)
- [NICE Consultations and Shared Learning](#)
- [Mental Health Reports, Resources and Research](#)
- [Mental Health Statistics](#)
- [Dates for your Diary](#)
- [Contacts](#)
- [Links and Partner Organisations](#)

Mental Health Dashboard

NHS England has published the [Mental Health Five Year Forward View Dashboard](#). The dashboard is made up of a suite of metrics and focusses on the following areas:

- children and young people's mental health,
- perinatal mental health,
- adult mental health: common mental health problems,

- adult mental health: community, acute and crisis care,
- secure care pathway,
- health and justice,
- suicide prevention,
- employment and,
- settled housing outcomes for people with mental health problems.

The dashboard will be used to monitor key performance and outcomes data and will ensure national and local bodies are accountable for the implementation of the strategy for mental health services.

To access a downloadable version of the dashboard template click [here](#).

Monitoring the Mental Health Act

[Monitoring the Mental Health Act Report 2015-2016](#) has recently been published by the Care Quality Commission (CQC). The report, which provides an account of CQC activities and outlines patients' concerns and issues around the Mental Health Act, is based on visits to over 1300 wards and individual private meetings with over 4000 patients. The report notes that there are areas of good practice but overall good care is not consistent across the country.

Out of Area Placements (OAPs) Data Collection

The government has set a national ambition to eliminate inappropriate [Out of Area Placements \(OAPs\)](#) in mental health services for adults in acute inpatient care by 2020 to 2021. In response to this NHS Digital has launched a new data collection to enable national level reporting and monitoring on OAPs.

As outlined in the [NHS Shared Planning Guidance 2017/19](#), commissioners should work with providers locally to ensure data is routinely collected and to develop plans for reducing OAPs, which will be monitored through the CCG Improvement and Assessment Framework.

Organisations that provide adult acute inpatient mental health care will need to register approved users to submit data to NHS Digital. For more information on the OAPs collection, and how this will benefit patient care please visit: <http://digital.nhs.uk/oaps>.

Technical Guidance for Mental Health Clusters

NHS England and NHS Improvement have recently published a consultation notice on the national tariff payment system, which includes technical guidance for mental health clusters. To read the guidance in full click [here](#).

NHS England Supporting New Trials to Help Disabled People and those with Long Term Conditions into Work

NHS England, along with the Department for Work and Pensions (DWP) and the Department of Health (DH), has announced a £70 million investment over the next four

years to test different ways to support people with a disability or long term condition to get in and stay in work. Sheffield City Region and the West Midlands Combined Authority have been selected as trial areas to develop programmes to support people with mental ill health and musculoskeletal conditions. For more information on the trials click [here](#).

New Ratings for Mental Health and Maternity

NHS England has published [new ratings on mental health and maternity](#), with the intention of highlighting areas good performance and identifying areas where improvements could be made. The ratings are an integral part of the new Clinical Commissioning Group Improvement and Assessment Framework (CCGIAF) for 2016/17.

Funding Child and Adolescent Mental Health Services

The Royal College of Psychiatrists has published [information](#) and an [interactive map](#) which highlights the variations on the planned spend on children and adolescent mental health services by CCGs across the country during the period 2016/2017. The Government has pledged to invest in child and adolescent mental health services, with £119 million of NHS funding allocated to clinical commissioning groups for this financial year and another £140 million promised for 2017/18, with an additional £30 million for eating disorder services.

NICE Consultations and Shared Learning

NICE have recently released an updated guideline for:

- [CG155 Psychosis and Schizophrenia in Children and Young People: Recognition and Management](#)

The guideline covers recognising and managing psychosis and schizophrenia in children and young people and the update has removed recommendation 1.3.19 and Table 1 regarding hip circumference percentile charts.

NICE have also recently produced a "[NICE Bites Bulletin](#)" with specific focus on guidance to prevent, assess and manage mental health problems in people with learning disabilities in all settings. The publication is intended to summarise prescribing points from NICE guidance NG91.

Mental Health Reports, Resources and Research Reports

The Sheffield Hallam University Centre for Regional Economic and Social Research has recently published an [Evaluation of the Rotherham Mental Health Social Prescribing Pilot](#). The pilot was developed to help people with mental health conditions overcome barriers that prevent discharge from secondary mental health care services, which included access to tailored voluntary activities in the Rotherham community.

[Improving the Physical Health of Adults with Severe Mental Illness: Essential Actions](#)

has been published by the Royal College of Psychiatrists in partnership with a number of other stakeholders. The report states practical recommendations and essential actions required to improve the physical health of adults with severe mental illness (SMI) across the NHS.

MIND has published [Better Equipped, Better Care: Improving Mental Health Training for GPs and Practice Nurses](#). The report highlights that GPs and Practice Nurses feel ill-equipped to deal with some aspects and mental ill health and calls on the Government to ensure all GPs and practice nurses receive structured mental health training to ensure patients receive comprehensive care.

[Meeting the Need: What Makes a 'Good' Joint Strategic Need Assessment \(JSNA\) for Mental Health or Dementia?](#) Has recently been published by The Centre for Mental Health. The report concludes that JSNAs for mental health and dementia can help to direct investment, improve services and help local agencies work together more effectively.

The London School of Economics Personal Social Services Research Unit has published [Best Practice for Perinatal Mental Health Care: The Economic Case](#). This report considers the potential costs and potential economic benefits of early interventions that prevent or reduce perinatal mental illness.

The Education Policy Independent Commission on Children and Young People's Mental Health has published [Children and Young People's Mental Health: Time to Deliver](#). This is the third report of the commission and provides analysis of the current prevalence and trends in access to treatment within the child and adolescent mental health system.

Resources

The Mental Health Foundation has published two new resources: the first [Supporting Someone with a Mental Health Problem](#) is aimed at helping people to support other people with mental health problems and the second [How to Manage and Reduce Stress](#) is aimed at helping people recognise stress and provides tips for overcoming it.

The Department of Health has published a new capabilities framework for Social Workers: [Forensic Mental Health Social Work: Capabilities Framework](#). The framework provides information on post-qualifying progression and development for social workers practising within forensic mental health settings. It is also intended to be useful to commissioners in helping them to ensure that social work provision is backed up by support for professional social workers.

[Coping With Self-harm: A Guide for Parents and Carers](#) has been produced as part of a research study, is evidence-based and reflects the views of parents of young people who have self-harmed. It is an excellent resource for parents and carers.

Research

[Mapping UK Mental Health Research Funding and its Contribution to Global Funding: A Refined Analysis for the UK Context](#) has been published by the RAND Corporation. This analysis builds on data collected for a previous project that mapped the global mental health research system between 2009 and 2014.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Mental Health Community Teams Activity](#) - Quarter ending September 2016
- [Improving Access to Psychological Therapies Report](#) - August 2016 Final, September 2016 Primary and most recent quarterly data (Quarter 1 2016-17)
- [Mental Health Services Monthly Statistics](#) - Final August, Provisional September 2016
- [Overall Patient Experience Scores](#) - 2016 Community Mental Health Survey Update

Dates for your Diary

- Thursday 19 January 2017, 09:30-12:00, **Yorkshire and the Humber Senior PWP Network**, Leeds, Venue to be confirmed.
- Wednesday 1 February 2017, 10:00-15:00, **Yorkshire and the Humber IAPT Providers Network**, Leeds, Venue to be confirmed.
- Thursday 2 March 2017, 13:30-16:30, **Yorkshire and the Humber EIP Network**, Oxford Place Centre, Leeds.

If you would like to attend, or require further information, please email sarah.wood1@nhs.net

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2016.

For further information, and to check course availability, email: wdu@york.gov.uk or visit the website [here](#).

- Tuesday 29 November, 10:30-16:30, **North East, Yorkshire & Humber Mental Health Commissioning Network Conference**, Novotel, York. To book your place email: events@nhis.com
- Monday 5 December, 09:30-15:30, **Diabetes and Mental Illness: Improving Outcomes and Services**, Bradford City Football Club. To book your place click [here](#).

- Tuesday 6 December, 09:30-16:30, **Mental Health Crisis Care Conference**, Manchester Conference Centre. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 7 December, 14:00-15:30, **Psychosis Data Report: Describing Variation in Numbers of People with Psychosis and their Access to Care in England**, Webinar. To obtain dial in details please email Masuma.Tasnim.
- Thursday 12 January 2017, 13:00-16:00, **Self Harm and Suicide: Using Routine Data and Collaboration to Increase Awareness and Aid Prevention**, Innovation Centre, York Science Park, University of York. To book your place email: spsw-mrc@york.ac.uk. NB: There is a cost to attend this event.
- Tuesday 24 January 2017, All Day, **IAPT National Networking Forum**, Birmingham City Football Ground, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.
- Thursday 26 January 2017, 09:30-16:00 and Thursday 2 February 2017, 09:30-16:00, **Personal Health Budgets Continuing Healthcare 2 Day Masterclass**, DoubleTree by Hilton Hotel, Granary Wharf, 2 Wharf Approach, Leeds, LS1 4BR. To book your place click [here](#) using password CHC Masterclass 2016.
- Tuesday, 28 February 2017, 09:00-12:00, **Westminster Health Forum Keynote Seminar: Priorities for Mental Health Services and Delivering the Five Year forward view for Mental Health**, Central London. To book your place click [here](#). NB: There is a cost to attend this event.
- Thursday 16 March 2017, **Mental Health: Forward Thinking – The Implementation Plan**, The Bridgewater Hall, Manchester. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 30 August – Sunday 3 September 2017, **20th ISPS International Congress in the United Kingdom**, Liverpool (venue to be confirmed). To book your place click [here](#).

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

Rebecca Campbell, Quality Improvement Manager:
rebecca.campbell6@nhs.net, 0113 8253448 / 07825256356

Sarah Boul, Quality Improvement Lead:
sarah.boul@nhs.net, 0113 8253458 / 07584362063

Twitter: @YHSCN_MHDN #yhmentalhealth

Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

Who produces this bulletin?

This bulletin is provided for anyone working with, or interested in, Mental Health and the Clinical Networks in Yorkshire and the Humber. The bulletin is provided on an opt-out basis. If you received this email in error, or no longer want to receive the bulletin, email sarah.boul@nhs.net with the words 'Unsubscribe Bulletin' in the subject line.

Disclaimer: *The content of this bulletin does not necessarily reflect the views of NHS England, but is provided as a rapid information service for staff interested in Mental Health and the Clinical Networks in Yorkshire and the Humber. All links from this bulletin are provided for information only. A link does not imply endorsement of that site. We do not accept responsibility for the sites linked to, or the information displayed there.*