

areas of focus. Alongside the areas outlined below we have also continued to work closely with Mental Health Commissioners and with colleagues in NHS England and Public Health England (PHE) to ensure robust interfaces throughout the wider healthcare system.

Early Intervention in Psychosis (EIP): The Clinical Network, in partnership with IRIS, has established an EIP Network for the Yorkshire and the Humber region. The Network has met 3 times in 2016 and the meetings have covered various topics including key concerns for implementing the access and waiting times standards; prescribing for people with first episode psychosis, CBTp training, and At Risk Mental State (ARMS). The Network focusses on linking professionals and services together across the region to ensure the delivery of optimal care for service users. To find out more about our work in EIP click [here](#).

Improving Access to Psychological Therapies (IAPT): The **IAPT Providers' Network** has continued to grow and meet regularly throughout 2016. The Providers' Network is now representative of all 23 CCG areas in Yorkshire and the Humber and has proved to be so popular that the half day format of the meetings has now been extended to a full day. The Providers' Network has also established strong links with the Practice Research Network, Health Education England and the National IAPT Team and attendees continue to benefit from sharing service experiences.

In terms of additions to the IAPT work programme in 2016 the Clinical Network has established a **Senior PWP Network**, which met for the first time in October 2016 and was attended by 27 Senior PWP representatives from across the region. The Clinical Network has also established two online forums to allow IAPT Providers and Senior PWPs to continue to connect and share best practice between Network meetings.

Lastly, the Clinical Network has worked closely with the **Intensive Support Team (IST)** to host 5 learning events for Yorkshire and the Humber Providers and Commissioners. These included 3 data analysis workshops, a recovery workshop and a demand and capacity workshop. Further IST learning events will take place in 2017.

To find out more about our work in IAPT click [here](#).

Liaison Mental Health (LMH): Throughout the Spring of 2016 the Clinical Network worked closely with Providers and Commissioners to conduct an All Ages Liaison Mental Health Services Scoping Questionnaire. The purpose of the scoping work was to support CCG commissioners and services to reach CORE 24 standards by 2020 by understanding what exists currently, find where gaps exist across the region in terms of service provision, and identify where there are areas of good practice that can be shared as exemplars.

Following the completion of the scoping questionnaire by Providers and Commissioners the Clinical Network produced service reports containing a summary of the information

provided in the survey with an indication of the likelihood of the service to reach the CORE 24 standards by 2020.

The Clinical Network also established an LMH Network, which met for the first time in December 2016. The meeting focussed on the baseline position of services in the region and featured a workshop session for services to develop their local vision for liaison. It is intended that the LMH Network meets quarterly going forwards. To find out more about our work in LMH click [here](#).

Urgent & Emergency Mental Health Care/Crisis Care: The Clinical Network has continued to interface with Crisis Care Concordat groups from across the region, feeding into the development of action plans and sharing best practice. The Clinical Network has also conducted a thematic analysis of all Crisis Care Concordat Action Plans and mapped common themes and issues for review by all stakeholders. To find out more about our work in Crisis Care click [here](#).

Thank you to everyone who has contributed to our work throughout 2016 and here's to an even more productive 2017!

NHS England: Improving Mental Health Care

NHS England has set out plans for [improving mental health care](#). The plans include a new recommended waiting time standard for people attending A&E in mental health crisis. The standard will ensure that anyone attending A&E, or who is on a hospital ward, and experiencing mental health crisis should be seen by a specialist mental health professional within an hour of being referred and within four hours they should have been properly assessed. Additionally, £40million is to be allocated to fund new specialist community mental health services for mums in the perinatal period.

Transformation Fund Call to Bid: IAPT and Urgent and Emergency Mental Health Liaison Services

To support the implementation of the [Five Year Forward View](#) NHS England has created a transformation fund. Part of this transformation funding has been allocated to enable local areas to deliver on key ambitions identified by the [Mental Health Taskforce](#).

Using the Best Possible Value Framework approach, as outlined in the Planning Guidance for 2017-2019, a single co-ordinated application process to assess all transformation investment decisions will be run via [Sustainability and Transformation Plan Footprints](#) (STPs).

The mental health interventions for which transformation funding is available are:

- Improving Access to Psychological Therapies (Integrated IAPT)
- [Mental Health Call to Bid](#)
- [Mental Health Application Form Part A](#)

- Urgent & Emergency Mental Health Liaison Services for Adults and Older Adults
- [Mental Health Call to Bid](#)

- [Mental Health Application Form Part B](#)

SNOMED CT to Replace Read Codes

SNOMED CT is the clinical vocabulary chosen to replace Read Codes within the NHS. Coded information that is currently received from GP systems in Read codes will change to SNOMED CT and CCGs need to be ready for this. The change to SNOMED CT must be adopted by all general practice service providers before 1 April 2018. This will affect those who add or extract data to or from clinical systems. NHS Digital [has produced a briefing note for CCGs explaining what CCGs can do in advance](#), with links to further information, [monthly webinars from 5 January 2017](#), discussion groups, and training. [A workshop will also be taking place in February](#).

EIP Interactive Map (North Region)

The NHS England North Region has developed an EIP interactive map that sets out the location of each EIP team. Where the team have confirmed details contact numbers, addresses and referral options have also been included. Teams can provide updates to the North Region by contacting ENGLAND.mentalhealth-North@nhs.net.

“I’m Fine” Campaign

The Mental Health Foundation has commissioned a study of 2000 adults and found that the average adult will say "I'm fine" 14 times a week, though just 19% really mean it. The survey also found that men are more than twice as likely to be dishonest to others when it comes to their emotions, with 22% admitting they always lie about how they feel, compared to 10% of women. Women, however, are more likely to be hurt emotionally: 41% of women have regretted opening up to someone in the past, compared to 29% of men.

The Mental Health Foundation has launched an 'I'm Fine' campaign to encourage people to open up about mental health and 'bring back meaning' to daily conversations.

Find out more about the “I’m Fine” campaign [here](#).

NICE Consultations and Shared Learning

NICE have recently released a Consultation for:

- [Eating Disorders - Recognition and Treatment: Draft Guidance Consultation](#). The closing date for comments is 20 January 2017.

NICE have recently released a new Quality Standard:

- [Mental Wellbeing and Independence for Older People](#) (QS137).

The quality standard covers interventions to maintain and improve mental wellbeing and independence of people aged 65 or older. It also outlines how to identify those at risk of a decline and describes high-quality care in priority areas for improvement.

NICE have also recently released a new Guideline:

- [Coexisting Severe Mental Illness and Substance Misuse: Community Health and Social Care Services](#) (NG58).

The guideline covers how to improve services for people aged 14 and above who have been diagnosed as having coexisting severe mental illness and substance misuse. The guideline is aimed at commissioners and providers including those working in primary care; staff working in all services who come into contact with this group, the criminal justice system, voluntary and community sector organisations and people aged 14 and above diagnosed as having coexisting severe mental illness and substance misuse and who live in the community, their families and carers.

Lastly NICE have released two Surveillance Reports:

- [Coexisting Severe Mental Illness \(psychosis\) and Substance Misuse: Assessment and Management in Healthcare Settings](#) (CG120). Surveillance decision: NICE has decided not to update this guideline at this time.
- [Psychosis and Schizophrenia in Children and Young People: Recognition and Management](#) (CG155). Surveillance decision: NICE has decided not to update this guideline at this time.

These reports provide a summary of new evidence published related to a guideline and provide an in depth commentary on a selection of this evidence. They include the decision that NICE has taken about the need to update the relevant clinical guideline in light of new evidence.

Mental Health Intelligence Network Profiling Tools

The Mental Health Intelligence Network (MHIN) have been conducting further developments on their suite of mental health profiling tools:

The [Common Mental Health Disorders \(CMHD\) Profiling Tool](#) has received several updates including:

- Six Quarter 1 2016/17 IAPT CCG indicators have been updated (five indicators in the services domain and one in the quality and outcomes domain).
- Three QOF indicators have been updated with 2015/16 data.
- One indicator using GP patient survey has been updated with 2015/16 data.
- Two indicators using adult social care survey data have been updated with 2015/16 data.

The [Crisis Care Profiling Tool](#) has also received several updates including:

- Six indicators in the Understanding Need domain have been updated.
- Four QOF indicators have been updated with 2015/16 data.
- Two indicators using GP patient survey have been updated with 2015/16 data.
- Two indicators in the Access to Support domain have been updated.

The [Severe Mental Health \(SMI\) Profiling Tool](#) has received extensive updates and amendments. Click [here](#) to read more.

Finally, the [Suicide Prevention Profiling Tool](#) has also received updates and will now allow the generation of pdf profiles for County/Upper Tier Local Authority geographies.

Mental Health Reports, Resources and Research

Reports

Public Health England has published two reports: [The Mental Health of Children and Young People in England](#) and [The Mental Health of Children and Young People in London](#). The first report outlines the case for investment in mental health and summarises the evidence of what works to improve mental health and wellbeing among children and young people. The second document provides specific support to London commissioners to take action in improving the mental health of children and young people.

The East Midlands Mental Health Clinical Network Parity of Esteem Clinical Lead, Dr Sohrab Panday, has recently launched [Parity of Esteem: Overview and Report: Improving the Physical Health of People with Serious Mental Illness in the East Midlands](#). The report brings together an accessible evidence base to assist clinicians, commissioners and managers to turn the tide on the lack of parity between physical and mental health and improve outcomes for patients with mental health problems.

The House of Commons Health Committee has published [Suicide Prevention: Interim Report Fourth Report of Session 2016–17](#). A full report will follow next year, once the strategy has been published and witnesses have been invited to give their views. However, the interim report aims to outline emerging themes for consideration in the Government's suicide prevention strategy.

The Howard League for Penal Reform and the Centre for Mental Health have published [Preventing Prison Suicide](#). The report finds that the recent rise in the number of prison suicides has coincided with cuts to staffing and budgets and a rise in the number of people in prison.

St Mungo's has published [Stop the Scandal: The Case for Action on Mental Health and Rough Sleeping](#). This report investigates how national and local governments and the NHS can build effective services to improve access to mental health services for people sleeping rough. The report is based on evidence from people with a history of rough sleeping and aims to enable services to reduce barriers to engagement.

Resources

The Mental Health Foundation has published [Fundamental Facts About Mental Health 2016](#). This useful handbook considers all aspects of mental health since the publication of the 2014 Adult Psychiatric Morbidity Survey and aims to provide guidance as to how, both individually and collectively, we can improve mental health in our society.

Research

The Centre for Mental Health has published [Meeting The Need: What Makes a 'Good' Joint Strategic Needs Assessment \(JSNA\) for Mental Health or Dementia?](#) The research, which is based on findings from five local councils across England, outlines how mental health needs assessments can prompt concerted action to improve wellbeing and life chances in local communities and indicates that JSNAs for mental health and dementia can help to direct investment, to improve services and to help local agencies work together more effectively.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Children and Young People's Health Services Monthly Statistics](#) - April to June 2016
- [Health and Care of People with Learning Disabilities](#) - Experimental Statistics, 2014/15
- [Improving Access to Psychological Therapies Report](#) - September 2016 Final, October 2016 Provisional and Quarter 1 2016/17.
- [Inpatients Formally Detained in Hospitals Under the Mental Health Act 1983 and Patients Subject to Supervised Community Treatment](#) - 2015/16, Annual Figures
- [Learning Disability Services Monthly Statistics](#) - Commissioner Census (Assuring Transformation), October 2016, Experimental Statistics
- [Learning Disability Services Monthly Statistics](#) - Commissioner Census (Assuring Transformation) - November 2016
- [Mental Health Bulletin](#) - 2015-16, Annual Report
- [Out of Area Placements in Mental Health Services](#) - October 2016
- [UK Suicides Registered in 2015](#)

Dates for your Diary

- Thursday 19 January 2017, 09:30-12:00, **Yorkshire and the Humber Senior PWP Network**, Novotel, Leeds.
- Wednesday 1 February 2017, 10:00-15:30, **Yorkshire and the Humber IAPT Providers Network**, The Met Hotel, Leeds.
- Thursday 2 March 2017, 09.30-12.30, **EIP Demand and Capacity Workshop**, Oxford Place Centre, Leeds.
- Thursday 2 March 2017, 13:30-16:30, **Yorkshire and the Humber EIP Network**, Oxford Place Centre, Leeds.

If you would like to attend, or require further information, please email sarah.wood1@nhs.net

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2016.

For further information, and to check course availability, email: wdu@york.gov.uk or visit the website [here](#).

- Thursday 12 January 2017, 13:00-16:00, **Self Harm and Suicide: Using Routine Data and Collaboration to Increase Awareness and Aid Prevention**, Innovation Centre, York Science Park, University of York. To book your place email: spsw-mrc@york.ac.uk. NB: There is a cost to attend this event.

- Tuesday 24 January 2017, All Day, **IAPT National Networking Forum**, Birmingham City Football Ground, Birmingham. To book your place click [here](#). NB: The event now features a workshop on veterans' mental health. There is a cost to attend this event.
- Thursday 26 January 2017, 09:30-16:00 and Thursday 2 February 2017, 09:30-16:00, **Personal Health Budgets Continuing Healthcare 2 Day Masterclass**, DoubleTree by Hilton Hotel, Granary Wharf, 2 Wharf Approach, Leeds, LS1 4BR. To book your place click [here](#) using password CHC Masterclass 2016.
- Thursday 23 February 2017, 10:00-17:00, **Towards Zero Suicide Preventing Suicide, Saving Lives**, The Studio, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday, 28 February 2017, 09:00-12:00, **Westminster Health Forum Keynote Seminar: Priorities for Mental Health Services and Delivering the Five Year forward view for Mental Health**, Central London. To book your place click [here](#). NB: There is a cost to attend this event.
- Thursday 2 March 2017, 09:30-16:00, **Outcomes Based Accountability: An Introduction for Adults Services**, Kingswood Suite, Wakefield Town Hall, Wakefield. To request a booking form email [Ian Copley](mailto:Ian.Copley@nhs.uk).
- Wednesday 15 and Thursday 16 March 2017, **New Savoy 10th Anniversary Conference Psychological Therapies**, Millennium Conference Centre, London. To book your place click [here](#). NB: There is a significant cost to attend this event.
- Thursday 16 March 2017, **Mental Health: Forward Thinking – The Implementation Plan**, The Bridgewater Hall, Manchester. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 13 June 2017, 08:30-17:00, **PWP National Networking Forum**, King Power Stadium, Leicester. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 30 August – Sunday 3 September 2017, **20th ISPS International Congress in the United Kingdom**, Liverpool (venue to be confirmed). To book your place click [here](#).
- Wednesday 27 September 2017, 09:30-16:30, **Suicide Bereavement: Looking Forward Instilling Hope**, Manchester (venue to be confirmed). To book your place email admin@suicidebereavementuk.com.

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

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