



Yorkshire and the Humber Mental Health Network News

Issue 13

January 2017

Welcome!

Welcome to Issue 13 of the Yorkshire and the Humber Mental Health Network News.

This e-bulletin aims to provide a synthesis of national and regional developments in mental health; highlight newly available data and policies, support collaboration and share best practice across Yorkshire and the Humber. This month we would like to draw your attention to our recently updated **Yorkshire and the Humber Adult Mental Health Team Structure**. Find out more about the Team and our Clinical Leads on our website [here](#).

If you have any comments on this edition, ideas for improvements or suggestions for future editions, please get in touch. Contact details can be found [here](#).

All versions of this bulletin are available online [here](#).

Contents:

- [Government Response to the Mental Health Five Year Forward View](#)
- [Time to Talk Day and the Blue Light Pledge](#)
- [Let's Talk Podcast Series](#)
- [EIP Standards Feedback](#)
- [Integrated IAPT Programme](#)
- [Connect Evidence Based Policing](#)
- [Child and Adolescent Mental Health Services Consultation](#)
- [Mental Health and Dementia Data Packs](#)
- [Suicide Prevention and Support](#)
- [NICE Consultations and Shared Learning](#)
- [Mental Health Reports, Resources and Research](#)
- [Mental Health Statistics](#)
- [Dates for your Diary](#)
- [Contacts](#)
- [Links and Partner Organisations](#)

Government Response to the Mental Health Five Year Forward View

[The Government's Response to the Five Year Forward View for Mental Health](#) has been jointly published by the Department of Health, Public Health England and NHS England. The report sets out the Government's response to the work of the Mental Health

Taskforce and Five Year Forward View for Mental Health report, focussing on responses to each of the 58 recommendations made by the Taskforce. Notably the Government has accepted the taskforce report in full.

Time to Talk Day and the Blue Light Pledge

On Thursday February 2 it is [Time to Talk Day](#), which focusses on reducing mental health stigma and getting the nation actively, and positively, talking about mental health. Being open about mental health and ready to listen can make a positive difference to someone's life so take the time to have a conversation with friends, family, colleagues etc. For ideas about how to start talking about mental health check out the [Time to Talk Animation](#).

As part of the Time to Talk, Time to Change campaign all emergency services are encouraged to sign the [Blue Light Time to Change pledge](#). Signing the pledge shows the commitment of Blue Light services to challenge mental health stigma and promote positive wellbeing in their services. Over 400 employers have already joined the pledge to keep staff well for work and to challenge mental health stigma – [sign up today!](#)

Let's Talk Podcast Series

The [Sign Up to Safety campaign](#) has recently released a three episode podcast series called 'Let's Talk', which has been designed to inform, inspire and answer questions about what to expect, and how to navigate your own way through the safety improvement journey.

[Listen to the first episode](#) in the series, where two Sign Up to Safety trainees discuss how to kickstart a safety improvement plan, the importance of co-design and how empowering staff to take ownership of their own pledges can help boost the impact of improvement efforts.

EIP Standards Feedback

NHS England North recently funded a consultation exercise to find out what young people feel about the new EIP standards. The feedback collated has been turned into an [informative poster](#) and readers are encouraged to share the key messages highlighted in the poster with services in their area.

Integrated IAPT Programme

NHS England has recently announced that from January 2017 they will be working with 22 Improving Access to Psychological Therapies (IAPT) services covering 30 Clinical Commissioning Groups (CCGs) to offer more integrated psychological therapies to an estimated 30,000 people over the next two years, living with long-term physical conditions such as diabetes or heart disease.

The [Integrated IAPT Programme](#) will fund therapists – both trainees and experienced clinicians – and will pay for more training for therapists working with people with both mental health and physical health problems. Treating people's physical and mental health problems in a joined up way can lead to better outcomes improving people's mental health and the management of their long term conditions.

Connect Evidence Based Policing

The University of York and the North Yorkshire Police Force, funded by the Police Knowledge Fund are currently undertaking a project called 'Connect Evidence based Policing'.

The Connect Project aims to:

- Enable frontline staff to better identify need and demand in relation to victims and offenders who would benefit from accessing mental health services.
- Develop proper internal processes and multi-agency agreements which make it simple for staff to support victims/offenders to access the correct mental health services.
- To support appropriate diversion from the criminal justice system.
- Reduce mental health related repeat incidence.
- Reduce the use of section 136 (taking people to a place of safety).
- Better use of data, particularly North Yorkshire Police data, to better understand demand and to determining the commission of local NHS provision.
- To change the culture in relation to dealing with mental health issues on the ground.

To find out more about this exciting project please click [here](#).

Child and Adolescent Mental Health Services Consultation

NHS England has launched a consultation on five [Service Specifications for Children and Adolescent Mental Health Service \(CAMHS\) Tier 4](#). These specifications have been developed with the support of lead clinicians and patient and public representatives. The closing date for responses is 28 February 2017.

Mental Health and Dementia Data Packs

NHS RightCare has recently published new [Commissioning for Value Mental Health and Dementia Packs](#) for each CCG. The packs contain data across a range of mental health and dementia services and include a number of new indicators not included in previous packs. The information is intended to support discussions about mental health care in local health economies to improve the value and utilisation of resources.

Suicide Prevention and Support

In January 2017 Public Health England (PHE) held a number of Implementation Support on Suicide Prevention Masterclasses. All presentations from the masterclasses can be [downloaded here](#). Public Health England has also published [Support after a Suicide: A Guide to Providing Local Services](#). This useful resource provides practical guidance on commissioning and delivering support after suicide (also known as postvention support).

The Department of Health has published [Preventing Suicide in England: Third Progress Report of the Cross-Government Outcomes Strategy to Save Lives](#). The report details activities that have taken place across England to reduce deaths by suicide in the year ending March 2016. It mirrors much of the PHE suicide prevention work and sets out ways in which the National Suicide Prevention Strategy will be strengthened in particular focusing on men, self-harm and support for bereaved families.

In addition, the World Health Organisation (WHO) has also published [Preventing Suicide:](#)

[A Community Engagement Toolkit](#). This toolkit focusses on the critical role communities can play in suicide prevention. The toolkit is a step-by-step guide for communities to engage in suicide prevention activities and have ownership of the process and keep efforts sustained.

NICE Consultations and Shared Learning

NICE have recently released a new Quality Standard:

- [Learning disabilities: identifying and managing mental health problems](#) (QS142)

The quality standard covers the prevention, assessment and management of mental health problems in people with learning disabilities in all settings (including health, social care, education, and forensic and criminal justice). It also covers family members, carers and care workers.

NICE have also recently released a new Key Therapeutic Topic (KTT):

- KTT19: [Psychotropic medicines in people with learning disabilities whose behaviour challenges](#)

This KTT summarises the evidence-base on psychotropic medicines in people with learning disabilities whose behaviour challenges. It is not formal NICE guidance.

Mental Health Reports, Resources and Research Reports

The Centre for Mental Health has published [Supporting Carers: Mental Health Carers' Assessments in Policy and Practice](#). This report focusses on the policy and legislation relating to mental health carers' assessments in England and includes the results of informal interviews with people from NHS trusts, local authorities and carers.

The Centre for Mental Health has also published [Immigration Removal Centres in England: A Mental Health Needs Analysis](#). NHS England commissioned a rapid mental health needs assessment of ten immigration removal centres (IRCs) in England and this report highlights the multifaceted wellbeing needs of people in immigration detention, and makes recommendations to address this.

NHS Providers has released findings from a [Survey of Mental Health Trust Leaders](#) regarding their experiences of the 2017/18 – 2018/19 contracting round. The survey looks at both the extent to which guidance has been followed to ensure the Mental Health Investment Standard will be achieved, and the likelihood that mental health trusts will be able to conclude contracts with their commissioners, both locally and nationally.

The National Crime Agency (NCA) has produced a second assessment of [County Lines](#). This report focusses on the cross-government Ending Gang Violence and Exploitation strategy, on what is known as "county lines". County lines is the growing practice of gangs to exploit vulnerable children and adults at risk of abuse (including those with mental illness or learning disabilities) in order to facilitate the running of street level drug dealing and to spread their networks out across the country from London and other large conurbations.

The National Confidential Enquiry into Patient Outcome and Death has published [Treat as One: Bridging the Gap between Mental and Physical Healthcare in General Hospitals](#). The report focusses on the quality of mental health and physical health care for adults admitted to a general hospital who also have a serious mental illness (SMI).

Resources

Health Education England has published [Breaking Down the Barriers](#), which is a series of mental and physical health awareness training packages for use across primary and secondary NHS health settings. The training is available as a free downloadable resource from HEE e-Learning for Healthcare.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Out of Area Placements in Mental Health Services](#) - November 2016
- [Mental Health Problems: Statistics on Prevalence and Services](#) - House of Commons Library briefing
- [Improving Access to Psychological Therapies Report](#) - October 2016 Final, November 2016 Primary and Quarter 2 2016-17
- [Mental Health Services Monthly Statistics](#) - Final October, Provisional November 2016

Dates for your Diary

- Wednesday 1 February 2017, 10:00-15:30, **Yorkshire and the Humber IAPT Providers Network**, The Met Hotel, Leeds. To book your place email [Sarah Wood](#)
- Tuesday 21 February 2017, 09:30-12:30 Or 13:30-16:30, **IAPT Demand and Capacity Workshops**, The Studio, Leeds. To book your place click [here](#).
- Thursday 2 March 2017, 10.00-12.30, **EIP Data Workshop**, Oxford Place Centre, Leeds. To book your place click [here](#).
- Thursday 2 March 2017, 13:30-16:30, **Yorkshire and the Humber EIP Network**, Oxford Place Centre, Leeds. To book your place click [here](#).
- Thursday 2 February 2017, **Time to Talk Day**. Find out more about how you can get involved [here](#).
- Throughout February 2017 a **Pride Over Prejudice Festival** will be held in Barnsley. Please see the festival programme [here](#) for more information.
- Thursday 23 February 2017, 10:00-17:00, **Towards Zero Suicide Preventing Suicide, Saving Lives**, The Studio, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.

- Tuesday, 28 February 2017, 09:00-12:00, **Westminster Health Forum Keynote Seminar: Priorities for Mental Health Services and Delivering the Five Year forward view for Mental Health**, Central London. To book your place click [here](#). NB: There is a cost to attend this event.
- Thursday 2 March 2017, 09:30-16:00, **Outcomes Based Accountability: An Introduction for Adults Services**, Kingswood Suite, Wakefield Town Hall, Wakefield. To request a booking form email [Ian Copley](mailto:Ian.Copley).
- Wednesday 15 and Thursday 16 March 2017, **New Savoy 10th Anniversary Conference Psychological Therapies**, Millennium Conference Centre, London. To book your place click [here](#). NB: There is a significant cost to attend this event.
- Thursday 16 March 2017, **Mental Health: Forward Thinking – The Implementation Plan**, The Bridgewater Hall, Manchester. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 24 March 2017, **Improving the Physical Health of Adults with Severe Mental Illness**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 7 April 2017, The World Health Organisation has announced [World Health Day 2017 will focus on depression](#) - "Depression: let's talk".
- Tuesday 13 June 2017, 08:30-17:00, **PWP National Networking Forum**, King Power Stadium, Leicester. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 30 August – Sunday 3 September 2017, **20th ISPS International Congress in the United Kingdom**, Liverpool (venue to be confirmed). To book your place click [here](#).
- Wednesday 27 September 2017, 09:30-16:30, **Suicide Bereavement: Looking Forward Instilling Hope**, Manchester (venue to be confirmed). To book your place email admin@suicidebereavementuk.com.

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

Who produces this bulletin?

This bulletin is provided for anyone working with, or interested in, Mental Health and the Clinical Networks in Yorkshire and the Humber. The bulletin is provided on an opt-out basis. If you received this email in error, or no longer want to receive the bulletin, email sarah.boul@nhs.net with the words 'Unsubscribe Bulletin' in the subject line.

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