

Problems

NHS England has recently announced its next steps in the drive to bring care closer to home for children and young people who have mental health problems with funding for between 150 and 180 new beds. A [short animation](#) provides an overview of this work, which forms part of the commitments in the Next Steps on the Five Year Forward View.

NHS England has also launched improved [mental health services for veterans](#) meaning that armed forces personnel approaching discharge can now access NHS care and treatment for mental health conditions.

Lastly, NHS England has announced funding for seven mental health trusts to enable them to pioneer [digital services for mental health patients](#). It is intended that all key professionals involved in a patient's care have access to real-time records from triage and initial assessment, through to admissions or referrals, as well as transfer between services and follow up care.

Early Intervention in Psychosis (EIP) FAQs Revised

NHS England has recently revised and updated the Frequently Asked Questions (FAQs) within the Reporting against access and waiting time standards FAQs' document. The updated FAQs, which also include FAQs on Children and Young People with an Eating Disorder, can be accessed [here](#).

Mental Health Awareness Week: 8-14 May 2017

Mental Health Awareness Week, run by The Mental Health Foundation, will be taking place from the 8th to the 14th May 2017. Mental Health Awareness Week provides a chance for mental health advocates from all walks of life to get involved and raise awareness around mental health and wellbeing.

This theme for 2017 is "Surviving or Thriving" and focusses on uncovering why too few people are thriving with good mental health, highlighting the personal stories of those who are thriving and exploring steps we can take to look after our own mental health.

Find out more, and how you can get involved, [here](#).

Survey for Young Men and Professionals: Building Participation Across the Mental Health System

The Amplified Participation Project at [YoungMinds](#) have created a brand new survey to hear about the ways that young men currently have a say around their mental health, and what young people and professionals think about how they should be involved. This version of the survey has been created specifically to gather the views of young men because it is known that young men face particular challenges in speaking out about mental health.

The young men's survey can be accessed here: <https://www.surveygizmo.eu/s3/90029866/YoungMenInsights>

The professional's survey can be accessed here:
<http://www.surveygizmo.eu/s3/90029241/ProfessionalsInsightsSurvey>

Sheffield Healthy Minds Programme

The Sheffield Healthy Minds programme commissioned by Sheffield Clinical Commissioning Group and Sheffield City Council, and delivered by Sheffield Children's NHS Foundation Trust's Child and Adolescent Mental Health Service (CAMHS), is set to be extended to forty additional schools in the city from April 2017. This follows a successful pilot with ten schools in Sheffield, which has been held up by NHS England as an example of good practice.

Find out more about the Sheffield Healthy Minds programme [here](#).

Hambleton, Richmondshire and Whitby Older People's Mental Health Consultation

Hambleton, Richmondshire and Whitby Clinical Commissioning Group (CCG) in partnership with Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust have announced two pre-consultation events in May to seek suggestions for improving mental health services for adults and older people. A public consultation on options for improving mental health services for adults and older people is due to start in July 2017. The CCG and TEWV will use feedback from service users, carers and the general public to help develop the options. To find out more about the consultation events click [here](#).

Scaling Up Improvement: Funding Available!

[The Health Foundation](#) have recently opened an application process seeking up to seven projects with ideas, health care interventions and approaches that have been tested, and shown to be successful at a small scale, that are now ready to make improvements at a larger scale.

Projects must be able to scale improvements at care pathway, health board, clinical network, organisational, regional or national levels. Projects should result in direct benefits on patient outcomes within the life span of the programme.

To deliver improvement projects of this scale, The Health Foundation expect to see applications that demonstrate a number of organisations working together. The deadline for applications is 12 noon, Wednesday 17 May 2017. Apply for funding by clicking [here](#).

Heads Together Campaign

Prince Harry, alongside the Duke and Duchess of Cambridge, has set up [Heads Together](#), a campaign aimed at ending the stigma around mental health challenges. Heads Together wants to help people feel much more comfortable with their everyday mental wellbeing and have the practical tools to support their friends and family. In an interview with [Bryony Gordon for the first episode of her podcast, Mad World](#), Prince Harry spoke about seeking counselling after enduring two years of "total chaos" while still struggling to come to terms with the death of his mother. Further information about the campaign can be found [here](#).

In Your Corner Campaign

Time to Change has recently launched the [In Your Corner](#) campaign. The campaign shows the simple ways anyone can be there for someone with a mental health problem. A [short video](#) demonstrates how to support colleagues, friends or family experiencing a mental health problem. 1 in 4 of people will fight mental health problems in a year and so if your colleague, friend or family member is acting differently, step in.

NICE Consultations and Shared Learning

NICE has recently endorsed a [service manual](#), developed by [Healios Ltd](#) that supports the recommendations relating to CBT for children and young people in the NICE guidelines for obsessive-compulsive disorder, body dysmorphic disorder and social anxiety disorder. Please note endorsed resources are complementary information from sources outside of NICE. This resource has been developed by [Healios Ltd](#) and is not maintained by NICE. NICE has not made any judgement about the quality and usability of the resource. In the event of any issues or errors contact [Healios Ltd](#).

Mental Health Reports, Resources and Research Reports

The Centre for Mental Health has recently released [Meeting Us Where We're At](#). This report evaluates a scheme run by a London-based charity offering mental health support to young people involved in gangs or at risk of offending. The evaluation noted improvements in many of the participants and support provided by the scheme to help young people to find work.

The National Children's Bureau has published [Delivering Mental Health Transformation for all Children](#). The report is based on the views of 49 professionals working with children and young people and examines the progress and challenges in improving children and young people's mental health services, particularly for minority or vulnerable groups.

Healthwatch has published [Autism Services for Children and Young People: Findings from the Healthwatch Network](#). This report examines the four most common issues which families using autism services would like to see improved. The four most common issues are: understanding and knowledge, waiting times, support for parent carers and communication and co-ordination.

The Mental Health Foundation has published [Food for Thought: Mental Health and Nutrition Briefing](#). The report focuses on how nutrition can be effectively integrated into public health strategies to protect and improve mental health and emotional wellbeing and proposes an agenda for action.

The Royal College of Psychiatrists has published [Employment and Mental Health](#). This report outlines the main priorities and activities of the Royal College in the area of mental health and employment. It also examines national initiatives on mental health and employment and summarises a roundtable meeting which examined current priorities.

The Centre for the Analysis of Social Media at Demos has produced [Online Support](#):

[Investigating the Role of Public Online Forums in Mental Health](#). This report investigates the large amounts of mental health related discussion taking place on public online forums and explores the potential for the use of computational techniques to provide robust, actionable insight from these conversations to a wide audience.

The London Assembly Health Committee has produced [Mental Health: Disabled and Deaf People](#). The report contains the outputs of an investigation into mental health support for disabled and deaf Londoners. The report sets out key findings and makes recommendations on potential areas for action.

Resources

Developed collaboratively by Business in the Community, Public Health England and The Samaritans a [Suicide Prevention Toolkit for Employers](#) has been published. This valuable resource for employers provides a guide to build core components of suicide prevention into their mental health and wellbeing strategies.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Health and Care of People with Learning Disabilities](#): 2015 to 2016
- [Improving Access to Psychological Therapies Report](#): January 2017 Final, February 2017 Primary and Quarter 3 2016/17
- [Learning Disabilities Health Check Scheme England](#): Quarters 1 and 2, 2016 to 2017
- [Learning Disability Services Monthly Statistics: England Commissioner Census \(Assuring Transformation\)](#): February 2017
- [Mental Health Services Monthly Statistics](#): Final January, provisional February 2017
- [Out of Area Placements in Mental Health Services](#): February 2017
- [Personal Well-being in the UK](#): January to December 2016

Dates for your Diary

Yorkshire and the Humber Mental Health Network Events:

- Tuesday 9 May 2017, **Yorkshire and the Humber Senior PWP Network**, Oxford Place Centre, Leeds. To book your place email [Sarah Wood](#).
- Wednesday 24 May 2017, 10:00-15:30, **Yorkshire and the Humber IAPT Providers Network**, Oxford Place Centre, Leeds. To book your place email [Sarah Wood](#).
- Thursday 22 June 2017, 10:00-16:00, **Older People in IAPT**, Hilton City, Leeds. To book your place click [here](#).
- Thursday 29 June 2017, 13:30-16:30, **Yorkshire and the Humber EIP Network**,

Hilton City, Leeds. To book your place email [Sarah Wood](mailto:Sarah.Wood@nhs.uk).

Other Events:

- Monday 8 May 2017, 10:00-16:00, **Data Sharing Masterclass for Blue Light Services**, Radisson Blu Hotel Leeds. To book your place click [here](#).
- Thursday 25 May 2017, 12:30-16:45 (lunch provided), **Management of Treatment Resistant Schizophrenia**, The Met Hotel, Leeds. To book your place click [here](#). NB: There is a cost to attend this event.
- Monday 5 June and Tuesday 6 June 2017, **NCSPVA 3rd Annual Conference & Lynda Bellingham Memorial Lecture: The Impact of Violence and Abuse on Children and Young People**, University of Worcester. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 13 June 2017, 08:30-17:00, **PWP National Networking Forum**, King Power Stadium, Leicester. To book your place click [here](#). NB: There is a cost to attend this event.
- Monday 19 June 2017, 10:00-17:00, **Improving Psychological Therapies for Older People**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 30 August – Sunday 3 September 2017, **20th ISPS International Congress in the United Kingdom**, Liverpool (venue to be confirmed). To book your place click [here](#).
- Wednesday 27 September 2017, 09:30-16:30, **Suicide Bereavement: Looking Forward Instilling Hope**, Manchester (venue to be confirmed). To book your place email admin@suicidebereavementuk.com.

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

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