



Yorkshire and the Humber Mental Health Network News

Issue 17

May 2017

Welcome!

Welcome to Issue 17 of the Yorkshire and the Humber Mental Health Network News.

This e-bulletin aims to provide a synthesis of national and regional developments in mental health; highlight newly available data and policies, support collaboration and share best practice across Yorkshire and the Humber. This month we would like to draw your attention to some regional best practice in mental health services from [Bradford](#) and [Hull](#).

If you have any comments on this edition, ideas for improvements or suggestions for future editions, please get in touch. Contact details can be found [here](#).

All versions of this bulletin are available online [here](#).

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Surviving or Thriving?

As part of Mental Health Awareness Week held 8-14 May The Mental Health Foundation published [Surviving or Thriving? The State of the UK's Mental Health](#).

The document presents the results of a survey amongst The Mental Health Foundation panel members in England, Scotland and Wales, which aimed to understand the prevalence of self-reported mental health problems. The document concludes that current levels of good mental health are low; collective mental health is deteriorating and the experience of poor mental health, while touching every age and demographic, is not evenly distributed.

Mental Health New Care Models: Lessons from the Vanguard

The Kings Fund, in partnership with the Royal College of Psychiatrists, has published [Mental Health and New Care Models: Lessons from the Vanguard](#). This report, based on recent research, found that where new models of care have been used to remove the barriers between mental health and other parts of the health system, patient care was improved. However, there remains much to be done to fully embed mental health into integrated care teams, primary care, urgent and emergency care pathways, and in work on population health.

Ending Out of Area Placements: Best Practice from Bradford

The Centre for Mental Health has published [Social care and mental health forward view: ending out of area placements](#). This report is the first in a series of briefings focussing on 'We need to talk about social care'. The report highlights how Bradford Metropolitan District Council has reduced out of area placements and use of local private sector hospitals down to zero over the past two years.

Five Ways to Wellbeing Fire Engine

Humberside Fire and Rescue Service (HFRS) and NHS Hull Clinical Commissioning Group (CCG) have recently unveiled their new 'Five Ways to Wellbeing' fire engine.

The fire engine will signpost people to information online about Five Ways to Wellbeing, plus national and local organisations that can offer advice and support. The design and messaging on the engine correlates with the Fire Service pledge and Public Safety Team work to keep the elderly and vulnerable safe and well in their own homes by providing advice and signposting to a range of other services.

Improving mental health is a top priority for Hull CCG and in partnership with organisations such as HFRS they are taking the opportunity to promote the simple steps everyone can take to feel healthier, happier and have increased resilience.

You can find out more about the Five Ways to Wellbeing campaign [here](#).

Commissioning Mental Health Services for Deaf People

The Joint Commissioning Panel for Mental Health, in partnership with the deaf charity SignHealth, has published: [Guidance for Commissioners of Primary Care Mental Health Services for Deaf People](#).

The commissioning guidance provides key messages commissioners need to embrace when commissioning mental health services to improve deaf people's access to these services. The guide contains valuable advice for CCGs and local authorities; health and wellbeing boards and service providers across secondary and tertiary services.

NICE Consultations and Shared Learning

NICE is consulting on topic engagement: [Mental Health of Adults in Contact with the Criminal Justice System](#). The consultation closes for comment on 26 May 2017.

Mental Health Reports, Resources and Research

Reports

The House of Commons Education and Health Committees have jointly published [Children and Young People's Mental Health: The Role of Education](#). The main findings of the Committees reported that financial pressures are restricting the provision of mental health services in schools and colleges. The report calls on the Government to commit sufficient resource to ensure effective services are established in all parts of the country and calls for strong partnerships between the education sector and mental health services.

The Royal College of Nursing has published [Child and Adolescent Mental Health: Key Facts](#). This publication follows a debate at the Royal College Nursing Congress 2016, which focused on the current state of children and young people's mental health across the UK. This report calls for a range of actions in relation to concerns raised and highlights examples of good practice.

The Royal Society of Public Health and the Young Health Movement have published [#StatusOfMind](#). The report examines the positive and negative effects of social media on young people's health including a league table of social media platforms according to their impact on young people's mental health.

Shelter has recently published [The Impact of Housing Problems on Mental Health](#). The report summarises the findings of two pieces of research: one qualitative and one quantitative and highlights that from the perspective of both patients and health professionals, housing problems are having negative impacts on mental health. Both GPs and members of the public referenced anxiety and depression as mental health problems that housing issues had created or exacerbated.

The NHS Confederation Mental Health Network has published [Mental Health and Community Providers: Lessons for Integrated Care](#). The briefing presents key points and lessons learned regarding how mental health and community provider organisations can deliver integrated mental and physical healthcare via the multi-speciality provider model.

The NHS Confederation Mental Health Network has also published [The Future of the Mental Health Workforce](#). This paper presents data on the current picture of the mental health workforce and looks at emerging findings from research to identify the challenges and opportunities that lie ahead.

Resources

NHS Choices has updated their webpages to include a [Depression Self-Assessment Tool](#). The tool is intended to help patients assess whether they could be suffering from depression. Importantly the tool is intended to be used for information only and is not intended to replace a consultation with a GP.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Improving Access to Psychological Therapies Report](#): February 2017 Final,

March 2017 Provisional

- [Learning Disability Services Monthly Statistics](#): Commissioner Census (Assuring Transformation), March 2017, Experimental Statistics
- [Mental Health Community Teams Activity](#): Quarter ending March 2017
- [Mental Health Services Monthly Statistics](#): Final February, Provisional March 2017
- [Out of Area Placements in Mental Health Services](#): March 2017

Dates for your Diary

Yorkshire and the Humber Mental Health Network Events:

- Thursday 22 June 2017, 10:00-16:00, **Older People in IAPT**, Hilton City, Leeds. To book your place click [here](#).
- Thursday 29 June 2017, 13:30-16:30, **Yorkshire and the Humber EIP Network**, Hilton City, Leeds. To book your place click [here](#).
- Tuesday 26 September 2017, 10:00-15:30, **Yorkshire and the Humber Senior PWP Network**, The Met Hotel, Leeds. To book your place email [Sarah Wood](mailto:Sarah.Wood@nhs.uk).
- Wednesday 27 September 2017, 13:00-16:30, **Yorkshire and the Humber Liaison Mental Health Network**, Oxford Place Centre, Leeds. To book your place click [here](#).
- Wednesday 4 October 2017, 10:00-15:30, **Yorkshire and the Humber IAPT Providers Network**, Oxford Place Centre, Leeds. To book your place email [Sarah Wood](mailto:Sarah.Wood@nhs.uk).

Other Events:

- Monday 5 June and Tuesday 6 June 2017, **NCSPVA 3rd Annual Conference & Lynda Bellingham Memorial Lecture: The Impact of Violence and Abuse on Children and Young People**, University of Worcester. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 13 June 2017, 08:30-17:00, **PWP National Networking Forum**, King Power Stadium, Leicester. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 13 June 2017, 10:00-15:30, **3rd National Demand and Capacity Summit**, Amba Hotel, The Strand, London, WC2N 5HX. To book your place email: england.demandandcapacityproject@nhs.net
- Wednesday 14 June 2017, 09:00-16:00, **Maastricht Interview for Voice Hearers**, Bradford Stadium, Bradford. To book your place click [here](#). NB: There is a cost to attend this event.

- Monday 19 June 2017, 10:00-17:00, **Improving Psychological Therapies for Older People**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 20 June 2017, 09:30-16:15, **Perinatal Mental Health – What do I need to know? Urgent Care and General Adult Mental Health**, The Monastery, Manchester. To book your place click [here](#).
- Monday 26 June 2017, 09:00-16:30, **Virtual Reality & Early Intervention**, Leeds Trinity University, Leeds. To book your place click [here](#).
- Thursday 6 July 2017, 09:00-14:00, **Social Work in Mental Health Settings: Roles and Tasks**, Conference Suite, University of York, York. To book your place email: spsw-mrc@york.ac.uk
- Wednesday 30 August – Sunday 3 September 2017, **20th ISPS International Congress in the United Kingdom**, Liverpool (venue to be confirmed). To book your place click [here](#).
- Wednesday 27 September 2017, 09:30-16:30, **Suicide Bereavement: Looking Forward Instilling Hope**, The Odeon, Manchester. To book your place email admin@suicidebereavementuk.com. NB: There is a cost to attend this event.

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.

- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words “Links and Partner Organisations” in the subject line.

Who produces this bulletin?

This bulletin is provided for anyone working with, or interested in, Mental Health and the Clinical Networks in Yorkshire and the Humber. The bulletin is provided on an opt-out basis. If you received this email in error, or no longer want to receive the bulletin, email sarah.boul@nhs.net with the words 'Unsubscribe Bulletin' in the subject line.

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