



## Yorkshire and the Humber Mental Health Network News

### Issue 25

*January 2018*

### Welcome!

Welcome to Issue 25 of the Yorkshire and the Humber Mental Health Network News.

This e-bulletin aims to provide a synthesis of national and regional developments in mental health; highlight newly available data and policies, support collaboration and share best practice across Yorkshire and the Humber. This month we would like to draw your attention to the [King's Fund article on funding and staffing parity for NHS Mental Health Providers](#).

If you have any comments on this edition, ideas for improvements or suggestions for future editions, please get in touch. Contact details can be found [here](#).

All versions of this bulletin are available online [here](#).

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### Funding and Staffing of NHS Mental Health Providers: Still Waiting for Parity

The King's Fund has published [Funding and Staffing of NHS Mental Health Providers:](#)

[Still Waiting for Parity](#). This report indicates the spending gap between NHS acute hospitals and NHS mental health providers is widening. It includes an analysis of the annual financial accounts of NHS mental health, acute and specialist provider trusts; an analysis of the national workforce data; a review of CQC inspection reports for the 54 mental health trusts; and review of board papers of eight mental health trusts.

### **Notification of further extension to collect Early Intervention in Psychosis data on UNIFY2**

NHS England has advised Commissioners and Providers that the switch-off date for the UNIFY2 EIP data collection has been extended from December 2017, to include activity undertaken, up to the end of March 2018. This extension has been put in place to allow commissioners and providers to undertake further data quality work to reduce disparity between the Mental Health Services Data Set (MHSDS) and UNIFY2 collections.

EIP data submissions are to continue to both MHSDS and UNIFY2 until March 2018. An updated data collection timetable will be provided on UNIFY2.

### **Mental Health Foundation Launches Curry and Chaat**

The Mental Health Foundation want to emphasise the importance of strong relationships in maintaining good mental health and have developed the Curry & Chaat awareness campaign. The campaign encourages people to get together with family, friends and colleagues and have a chat while tucking into a delicious curry!

The Mental Health Foundation states that people who are more socially connected to family, friends, colleagues or their community are happier, physically healthier and live longer, with fewer mental health problems than people who are less well connected.

To learn more about the campaign or to host your own Curry and Chaat more resources can be find in the following [downloadable pack](#).

### **Calderdale Consultation on Emotional Health and Wellbeing**

Calderdale Council are consulting with parents, carers and family members to inform the [Emotional Health and Wellbeing Local Transformation Plan](#). The council are inviting people to comment on their plan to ensure it is well informed and delivers the right services for the region.

### **National Mental Health Intelligence Network Profiling Tools**

The National Mental Health Intelligence Network (NMHIN) has been conducting further developments on their suite of mental health profiling tools. Click on the links below to access the updates:

- [Common Mental Health Disorders](#)
- [Crisis Care](#)
- [Mental health and wellbeing JSNA profile](#)
- [Perinatal Mental Health](#)
- [Severe Mental Illness](#)

## **National Institute for Health Research (NIHR) Signals**

The latest series of summaries of recently published research by the NIHR contain information on:

- [Supported Employment Helps People with Severe Mental Illness to Obtain Work](#)
- [A Primary Care Intervention Helps Older People with Depression](#)

The summaries intend to provide decision makers in health and social care organisations with evidence they can use to improve patient care.

## **NICE Consultations and Shared Learning**

NICE is currently consulting on draft guidance:

- [Decision Making and Mental Capacity: Draft Guidance Consultation](#)

The closing date for comments is 5 February 2018.

NICE has also published the following shared learning:

- [SUFARI – a substance use tool for mental health services](#)

This document examines the implementation of the SUFAR tool (Substance Use Frequency, Amount, Risk Identification) at Central and North West London NHS Foundation Trust.

## **Mental Health Reports, Resources and Research**

The Care Quality Commission (CQC) has published [Mental Health Act: The Rise in the Use of the MHA to Detain People in England](#). This report examines the causes for the rise in the use of the Mental Health Act (MHA) to detain people. It is based on a review of data, site visits to 8 NHS trusts and engagement with service users, advisors and other stakeholders.

The Innovation Unit and the Health Foundation has published [Against the Odds: Successfully Scaling Innovation in the NHS](#). This report explores the findings of a research project about how to scale innovation in the NHS. It examines 10 innovations, including IAPT and the RAID Liaison Mental Health model, that have spread over the past 20 years and lists a set of provocations to consider how these insights build on, and challenge, existing wisdom on how to scale innovation in the NHS.

The Mental Health Foundation has published [While your back was turned: how mental health policymakers stopped paying attention to the specific needs of women and girls](#). This paper aims to improve the understanding of decision makers of how to prevent mental health problems in young women. It identifies pressure points and social determinants of mental health and wellbeing in young women and girls, to support the development of tailored mental health guidance aimed at preventing mental health problems for those at highest risk.

NHS England has published the following case studies to help improve health checks for people with a learning disability:

- [Training GPs about Health Checks in Oxford](#): A self-advocacy group runs

workshops for GPs on the importance of annual health checks

- [Thurrock: Health Checks for People with a Learning Disability goes up by almost a third in one year](#): The CCG worked with 32 GP practices to encourage people to go to their annual health check.

The Royal College of Nursing has published [Dignity in health care for people with learning disabilities](#). This guidance aims to improve dignity in health care for people with learning disabilities. It is designed particularly to support the nursing workforce but other health care and social care staff may find this useful.

### **Mental Health Statistics**

The following statistics have recently been released please click on the links to review further:

- [Adult Substance Misuse Statistics from the National Drug Treatment Monitoring System](#): 1 April 2016 to 31 March 2017
- [Mental Health Services Monthly Statistics](#): final October, provisional Nov 2017
- [Out of Area Placements in Mental Health Services](#): November 2017
- [Psychological Therapies: reports on the use of IAPT services, England September](#): 2017 Final
- [Psychological therapies: reports on the use of IAPT services, England](#): October 2017 Final

### **Dates for your Diary**

#### **Yorkshire and the Humber Mental Health Network Events:**

- Wednesday 7 February 2018, 09:45-15:45, **Yorkshire and the Humber IAPT Providers' Network**, Venue to be confirmed, Leeds. To book your place click [here](#).
- Thursday 22 March 2018, 13:30-16:30, **Yorkshire and the Humber EIP Network**, Oxford Place, Leeds. To book your place click [here](#).

#### **Other Events:**

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2018.

**For further information, and to check course availability, email: [wdu@york.gov.uk](mailto:wdu@york.gov.uk) or visit the website [here](#).**

- Thursday 1 February 2018 marks **Time to Talk Day**. To find out more and to order resource packs click [here](#).
- Thursday 1 February 2018, 08:30-13:00, **Westminster Health Forum Keynote Seminar Priorities for Mental Health Services in England**, Glaziers Hall, 9

Montague Close, London, SE1 9DD. To book your place click [here](#). NB: There is a cost to attend this event.

- Monday 5 February 2018, 10:00-16:00, Effective Discharge and Pathways in Mental Health, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Monday 16 April 2018, 10:00-16:00, **Improving Physical Health Outcomes for people with Mental Health Conditions**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 25 April 2018, 09:00-17:00, **Improving Mental Health Outcomes 2018**, The Bridgewater Hall, Manchester. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 27 April 2018, 09:00-17:00, **Depression in Adults: Treatment and Management**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Monday 21 May 2018, 09:00-17:00, **Improving Mental Health Support for Asylum Seekers & Refugees**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 20 June 2018, 09:00-17:00, **Family Interventions in Mental Health – Future Directions**, Ramada Birmingham Solihull Hotel, The Square, Solihull, B91 3RF. To book your place email [Sam Farooq](mailto:Sam.Farooq). NB: There is a cost to attend this event.
- Friday 22 June 2018, 09:00-17:00, **5<sup>th</sup> Annual PWP National Networking Forum**, Notts County Football Ground, Nottingham. To book your place click [here](#). NB: There is a cost to attend this event.

## Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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## Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

**Request for Links:** If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to [sarah.boul@nhs.net](mailto:sarah.boul@nhs.net) with the words "Links and Partner Organisations" in the subject line.

### Who produces this bulletin?

This bulletin is provided for anyone working with, or interested in, Mental Health and the Clinical Networks in Yorkshire and the Humber. The bulletin is provided on an opt-out basis. If you received this email in error, or no longer want to receive the bulletin, email [sarah.boul@nhs.net](mailto:sarah.boul@nhs.net) with the words 'Unsubscribe Bulletin' in the subject line.

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