

The government is consulting on proposed changes to the High Security Psychiatric Service (Arrangements for Safety and Security) Directions. The consultation closes on 23 August 2018.

Mental Health and Employment

NHS England recently publically announced that by 2020/21 around 20,000 people with severe mental illness will be accessing Individual Placement and Support Services to find and retain employment. The services help to improve health, reducing the need for urgent hospital admissions and GP visits. More information can be found [here](#).

The announcement also officially launches the IPS Grow website www.ipsgrow.org.uk, a central repository of the outputs of the national IPS consortium, and was accompanied by a case study of Northamptonshire's IPS service which can be found [here](#).

Regarding employment and mental health in Yorkshire and the Humber Hull CCG, as part of the Working Voices initiative, is holding two sessions to [help businesses protect their workforce mental health](#). In South Yorkshire and Bassetlaw local CCGs are backing a new health-led employment trial, Working Win, which [supports people with a mental or physical health condition to find and remain in employment](#).

The IAPT Manual is Launched

NHS England has recently launched the IAPT Manual. The manual is for all commissioners, providers and clinicians of services that deliver psychological therapies. It serves as an essential manual for IAPT services, describing the IAPT model in detail and how to deliver it, with a focus on the importance of providing National Institute for Health and Care Excellence (NICE) recommended care. The manual is accompanied by a resource pack containing examples of positive practice and helpful resources to support IAPT service expansion, development and delivery.

The manual can be accessed [here](#) and the additional resources can be accessed [here](#).

Pharmacy Support for Mental Health Problems

The Royal Pharmaceutical Society (RPS) has published [No Health without Mental Health: How can pharmacy support people with mental health problems?](#) This report summarises a roundtable discussion which explored how pharmacy teams across the healthcare system could be better utilised to benefit patients with mental health problems. The RPS has also published a supporting policy document [Utilising pharmacists to improve the care for people with mental health problems](#).

Campaign to Change Workplace Mental Health Law

The Mental Health First Aid organisation is supporting a petition for the health and safety regulations around first aid to include mental health as well as physical health. The Where's Your Head At campaign launching on 14th May 2018 to change health and safety law so it protects mental health in the same way as physical health. If the campaign is successful, it will mean that every workplace must provide Mental Health First Aid as well as physical first aid.

If you would like to sign the petition click [here](#).

National Mental Health Intelligence Network Profiling Tools

The National Mental Health Intelligence Network (NMHIN) has been conducting further developments on their suite of mental health profiling tools. Click on the links below to access the updates:

- [Common Mental Health Disorders](#)
- [Crisis Care](#)
- [Mental Health and Wellbeing JSNA Profile](#)
- [Severe Mental Illness](#)
- [Suicide Prevention Profile](#)

To receive updates directly from NMHIN visit the [PHE subscriptions page](#) and select 'Mental Health Dementia and Neurology'.

NICE Consultations and Shared Learning

NICE is currently consulting on the following:

- [Post-Traumatic Stress Disorder: Guideline Consultation](#). The closing date for comments is **23 July 2018**.

Mental Health Reports, Resources and Research

The Born in Bradford Research Team has recently published [Availability, Use of, and Satisfaction with Green Space, and Children's Mental Wellbeing at Age 4 Years and a Multicultural, Deprived, Urban Area: Results from the Born In Bradford Cohort Study](#). This study found a significant association between availability of green space and both total and internalising behavioural difficulties among south Asian children living in a deprived urban area in the UK, but not among white British children. The evidence suggests that deprived groups have less access to green spaces than do less deprived groups. These inherent inequalities are further exacerbated if the quality of available green spaces in marginalised communities is worse than that of non-marginalised communities.

The Centre for Mental Health has published [From Prison to Work: A New Frontier for Individual Placement and Support](#). This report discusses a pilot programme in the West Midlands to support prisoners with mental health difficulties into employment when they are released. It calls on the government to invest in a larger scale trial for former prisoners and to reform existing employment services in the criminal justice system. It also found that few of the people who had been in contact with prison mental health services as a result of complex needs and vulnerabilities were supported by community mental health services after their release.

The King's Fund has supported the publication of [Addressing Inequalities in Mental Health Care: Are we there yet?](#) This article explores the link between ethnicity and inequality in mental health care.

The Lancet Psychiatry has published [Feedback-informed treatment versus usual psychological treatment for depression and anxiety: a multisite, open-label, cluster randomised controlled trial](#). This article summarises a study into evaluating the effectiveness of an outcome feedback quality assurance applied in stepped care

psychological services.

NHS England has published [Improving Health Outcomes Through Mental Health Co-location](#). This article sets out some of the benefits of co-locating mental health therapists in GP surgeries.

NHS England and the NHS Confederation have published a case study focussing on the first new mother and baby unit in the country. The [New Perinatal Mental Health Mother and Baby Unit Transforms Care for Mothers and Babies in the South West](#).

The NHS Confederation Mental Health Network has published [Independent Review of the Mental Health Act: A Summary of the Interim Report](#). This briefing summarises the key points from the interim report covering the background, drivers and goals of the review. It also explores each of the 18 areas that the team will focus on during the next stage, and includes the questions that the review team would like more information on in the second phase of the review.

The World Health Organisation (WHO) has published [Mental Health, Human Rights and Standards of Care](#). This report assesses the quality of institutional care for adults with psychosocial and intellectual disabilities in the WHO European region. Out of all the quality ratings made, only 25 per cent showed compliance with international standards, suggesting that long-term institutional care in the region has room for improvement.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Mental Health Early Intervention in Psychosis](#): April 2018
- [Mental Health Services Monthly Statistics](#): Final March 2018
- [Out of Area Placements in Mental Health Services](#): March 2018
- [Psychological Therapies: Reports on the use of IAPT Services, England](#): March 2018 Final

Dates for your Diary

Yorkshire and the Humber Mental Health Network Events:

- Thursday 19 July 2018, 12:30-16:30, **Yorkshire and the Humber EIP Network**, Oxford Place Centre, Leeds. To book your place click [here](#).
- Tuesday 18 September 2018, 10:00-15:30, **Yorkshire and the Humber Senior PWP Network**, Venue to be confirmed, Leeds. To book your place email [Sarah Boul](#).
- Wednesday 3 October 2018, 09:45-15:45, **Yorkshire and the Humber IAPT Providers' Network**, Venue to be confirmed, Leeds. To book your place email [Sarah Boul](#).

Other Events:

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise

if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2018.

For further information, and to check course availability, email: wdu@york.gov.uk or visit the website [here](#).

- Thursday 5 July 2018, 09:00-17:00, **The IAPT Manual in Practice**, Etihad Stadium, Manchester. To book your place click [here](#). NB: There is a cost to attend this event.
- Monday 10 September 2018, **World Suicide Prevention Day**. The international theme this year is 'Working Together to Prevent Suicide'.
- Monday 10 September 2018, 09:00-17:00, **Improving Physical Health Outcomes of People with Mental Health Conditions**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 14 September 2018, 09:00-17:00, **Decision Making and Mental Capacity**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 26 September 2018, 09:00-17:00, **Suicide Bereavement: Breaking the Silence**, Mercure Piccadilly Hotel, Manchester. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 12 October 2018, 09:00-17:00, **The Mental Capacity Act Masterclass**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 17 October 2018, 09:00-17:00, **Employment Advisors in IAPT National Networking Forum**, Birmingham City Football Ground, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

Who produces this bulletin?

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