

The National Clinical Audit of Psychosis (NCAP) Early Intervention in Psychosis (EIP) spotlight audit will collect information on EIP Teams' performance against the [PSMI CQUIN](#) in 2018-19, including new indicators relating to weight gain and smoking cessation. Timelines for collecting and submitting data can be found on the Royal College of Psychiatrists (RCPsych) NCAP [website](#). The spotlight audit will also be utilised to assess NICE-concordance for the full EIP standard. A bespoke RCPsych audit will assess inpatient and community service performance for the PSMI CQUIN. Timelines for collecting and submitting data to the audit are available on the [RCPsych website](#).

Atlas of Shared Learning Case Studies

NHS England has added the following case studies to its [Atlas of Shared Learning](#):

- [Improved Children and Adolescent Mental Health Services \(CAMHS\) Pathways in Schools](#)
- [Peer Mentor Emotional Well-being Programme: HM Prison Swaleside](#)

The case studies in the Atlas provide quantifiable evidence of how nursing, midwifery and care staff have led change, identifying and addressing unwarranted variation in practice, contributed to closing the three gaps as described in the Five Year Forward View and delivered the Triple Aim outcomes of better outcomes, experience and use of resources.

Children and Young People's Mental Health: Invitation for Funding Applications

The Department of Health and Social Care has announced voluntary, community and social enterprise organisations can [apply for funding to run projects focused on improving children and young people's mental health](#). Applications are invited from existing schemes to trial a new approach to helping children and young people with their mental health. The deadline for applications to the Health and Wellbeing fund is midday on Friday 15 February 2019.

Community Mental Health Survey 2018

The Care Quality Commission has published [Community mental health survey 2018](#). This latest survey of people's experiences of care they receive from community-based mental health services highlights concerns around access to care, care planning and support for people with mental health conditions in relation to physical health needs, financial advice or benefits.

Perinatal Mental Health Leaflets

The Royal College of Psychiatrists has launched a new set of [perinatal mental health leaflets](#) to help women and their partners develop a better understanding of mental health problems in the perinatal period and specific treatments. They also support decision-making about the use of medications in pregnancy and breastfeeding by helping women weigh up the risks and benefits of taking certain medications.

National Mental Health Intelligence Network Profiling Tools

The National Mental Health Intelligence Network (NMHIN) has announced that the Suicide prevention profile became an official statistic on 6 November 2018.

The Suicide prevention profile has been produced to help develop understanding at a local level and support an intelligence driven approach to suicide prevention. It collates and presents a range of publicly available data on suicide, associated prevalence, risk factors, and service contact among groups at increased risk. It provides planners, providers and stakeholders with the means to profile their area and benchmark against similar populations.

The National Mental Health Intelligence Network (NMHIN) has been conducting further developments on their suite of mental health profiling tools. Click on the links below to access the updates:

- [Common Mental Health Disorders](#)
- [Crisis Care](#)
- [Mental Health and Wellbeing JSNA Profile](#)
- [Severe Mental Illness](#)
- [Suicide Prevention Profile](#)

To receive updates directly from NMHIN visit the [PHE subscriptions page](#) and select 'Mental Health Dementia and Neurology'.

NICE Consultations and Shared Learning

NICE is currently consulting on the following quality standards:

- [Patient and Service User Experience: Refresh of QS14 \(Service user experience in adult mental health services\) and QS15 \(Patient experience in adult NHS services\)](#)

This consultation aims to give stakeholders the opportunity to comment on proposals to merge existing quality statements that focus on similar or overlapping actions.

National Institute for Health Research (NIHR) Signals

The latest series of summaries of recently published research by the NIHR contain information on:

- [Methylphenidate remains first-choice drug treatment for children and young people with ADHD](#)
- [Amphetamines probably the best first-choice treatment for adults with ADHD](#)
- [Cognitive behavioural therapy may not work for people with schizophrenia who haven't completely responded to drug treatment](#)
- [Guided online interventions can help people recover from depression](#)
- [Peer support may reduce readmissions following mental health crises](#)

The summaries intend to provide decision makers in health and social care organisations with evidence they can use to improve patient care.

Mental Health Reports, Resources and Research

The Children's Commissioner has published [Children's Mental Health Briefing](#). This briefing analyses spending on Child and Adolescent Mental Health Services (CAMHS), numbers receiving treatment, waiting times and the numbers of children not accepted into treatment. The briefing indicates CAMHS are improving in most areas of the country, yet with the exception of eating disorder services, the provision of services in the youth justice system and in perinatal mental health care, the rate of progress is slow.

The Centre for Mental Health has published [A Space to Talk: An Evaluation of the WISH Centre's Services with Young People who Self-harm](#). This report summarises the results of an evaluation of the WISH Centre which supports young people who self-harm and explores how the positive features of WISH could be made available in other areas to support young people who self-harm. It sets out a number of recommendations for CCGs and local authorities.

The Healthcare Safety Investigation Branch has published [Investigation into the Provision of Mental Health Care to Patients Presenting at the Emergency Department](#). This investigation comprised a series of observational studies, interviews and discussions with subject matter experts to establish how risk to mental health is assessed and then managed nationally in the emergency department report. The report highlights variation in mental health care across emergency departments and sets out four recommendations aimed at improving patient care.

The Institute of Health Equity has published [A Fair, Supportive Society: Summary Report](#). This report highlights that people with learning disabilities will die 15-20 years sooner on average than the general population. The report was commissioned by NHS England and highlights key facts, statistics, and interventions. Much of the government action needed to improve life expectancy for people with disabilities is likely to reduce health inequalities for everyone. Action should focus on the 'social determinants of health', particularly addressing poverty, poor housing, discrimination and bullying.

The Institute for Public Policy Research (IPPR) has published [Fair Funding for Mental Health: Putting Parity into Practice](#). This briefing suggests mental health funding must double by 2030 to achieve 'parity of esteem' with physical health.

The King's Fund has published [Mental Health Funding in the 2018 Autumn Budget: The Devil will be in the Detail](#). The report is an analysis of Chancellor Philip Hammond's announcement that funding for mental health services will grow as a share of the overall NHS budget over the next five years.

The Royal College of Psychiatrists has launched a [Mortality Review Tool](#) to support

Mental Health Trusts in securing learning through reviewing the deaths of patients who are or have recently been under their care. The Care Review Tool has been developed to look at care at different phases of a patient's contact with services, and ensures that good care is able to be recognised, judged and recorded in the same detail as problematic care.

The Work Foundation has published [Men's Mental Health and Work: The Case for a Gendered Approach to Policy](#). This paper assesses some of the structural changes over recent decades that have influenced men's role in the labour market and the implications this has had for their health – and how to address them. The evidence suggests that there may be a need to look at mental health and related support services through a 'male lens', incorporating the role of work as an important influence, and the workplace as a setting for providing support.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Guardianship under the Mental Health Act 1983, England](#): 2016-17 and 2017-18
- [Learning Disability Services Monthly Statistics](#): October 2018, MHSDS: August 2018
- [Learning Disabilities Health Check Scheme England](#): Quarter 2, 2018-19
- [Mental Health Bulletin 2017 – 18 Annual Report](#)
- [Mental Health of Children and Young People in England](#): 2017
- [Mental Health Community Teams Activity](#): September 2018
- [Mental Health Early Intervention in Psychosis](#): September 2018
- [Mental Health Services Monthly Statistics](#): Final August, Provisional September 2018
- [Psychological Therapies: Reports on the use of IAPT Services, England](#): August 2018 Final
- [Psychological Therapies, Annual Report on the use of IAPT Services](#): England, 2017-18
- [Out of Area Placements in Mental Health Services](#): August 2018

Dates for your Diary

Yorkshire and the Humber Mental Health Network Events:

- Tuesday 22 January 2019, 10:00-15:30, **Yorkshire and the Humber Senior PWP Network**, The Met Hotel, Leeds. To book your place email [Sarah Boul](#).
- Wednesday 6 February 2019, 09:45-15:45, **Yorkshire and the Humber IAPT Providers' Network**, The Met Hotel, Leeds. To book your place email [Sarah Boul](#).
- Wednesday 6 March 2019, 10:00-16:00, **Yorkshire and the Humber Urgent and Emergency Mental Health Care Network**, Leeds, venue to be confirmed. To

book your place email [Charlotte Whale](mailto:Charlotte.Whale).

Other Events:

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2018.

For further information, and to check course availability, email: wdu@york.gov.uk or visit the website [here](#).

- Wednesday 12 December 2018, 09:00-17:00, **Meeting Mental Health Needs: Practical Interventions to Improve Services**, America Square Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 14 December 2018, 09:00-17:00, **Towards Zero Suicide**, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Monday 14 January 2019, 09:00-17:00, **Improving the Physical Health of Adults with Severe Mental Illness**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 18 January 2019, 09:00-17:00, **Decision Making and Mental Capacity: Implementing the 2018 NICE Guidance**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 23 January 2019, 09:00-17:00, **2019 IAPT National Networking Forum**, Birmingham City Football Ground, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.
- Thursday 31 January 2019, 08:45-15:30, **Mental Well-being of NHS Staff Conference**, Central London. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 5 February 2019, 09:30-16:30, **NSPA Conference 2019: Suicide prevention across the life course**, Kia Oval, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Thursday 7 February, **Time to Talk Day**. More information and free materials to support the day can be accessed [here](#).
- Thursday 14 February 2019, 09:00-17:00, **Restrictive Interventions in Physical and Mental Healthcare Settings: The Legal Framework**, De Vere West One

Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.

- Tuesday 12 March 2019, 09:00-17:00, **Learning Disabilities and Autism: Promoting Positive Outcomes**, Manchester Conference Centre, Manchester. To book your place click [here](#). NB: There is a cost to attend this event.

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

Who produces this bulletin?

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