

- [Use of positive behaviour support in conjunction with the STOMP initiative to support the reduction of psychotropic medication use](#)
- [South London Mental Health and Community Partnership \(SLP\) Nursing Development Programme](#)
- [Positive behavioural support at the non-profit social enterprise PBS4](#)

The case studies in the Atlas provide quantifiable evidence of how nursing, midwifery and care staff have led change, identifying and addressing unwarranted variation in practice, contributed to closing the three gaps as described in the Five Year Forward View and delivered the Triple Aim outcomes of better outcomes, experience and use of resources.

Deprivation of Liberty Safeguards / Mental Capacity

The Department of Health and Social Care has published [Government Response to the Joint Committee on Human Rights 7th and 12th Reports](#). This command paper sets out the government's response to the Joint Committee on Human Rights 7th and 12th reports in the 2017 to 2019 session:

- The right to freedom and safety: reform of the deprivation of liberty safeguards
- Legislative scrutiny: Mental Capacity (Amendment) Bill

Improving Physical Ill Health and Cardiovascular Disease Prevention in People with Severe Mental Illness

The opportunities to improve physical health and prevent cardiovascular disease (CVD) in people with severe mental illness within England are considerable. The new [NHS RightCare toolkit](#) provides local health systems with guidance on early detection, primary prevention, long term management of modifiable risks, and personalised care. In doing so, people with severe mental illness and at risk of CVD should achieve better health outcomes. The toolkit provides a national case for change and a set of resources to support local health systems to concentrate their improvement efforts where there is greatest opportunity to address variation and improve population health. Local Health Systems can contact their [NHS RightCare Delivery Partner](#) for support in using this resource.

Reducing Stress and Building Resilience in the NHS Workforce

Health Education England has published [Workforce Stress and the Supportive Organisation – A Framework for Improvement through Reflection, Curiosity and Change](#). This framework aims to help health and social care employers improve the mental wellbeing of their employees. It challenges employers to give greater consideration to the impact workforce stress has on staff and look at the role they can play in providing better support to staff who may need it.

Transition Masterclass: Working with Adolescents Training Pack

The Yorkshire and the Humber Children's and Young People's Mental Health Network has produced a training pack for services working with adolescents. The training pack intends to provide mental health service colleagues with a better understanding of

adolescent development and the impact upon behaviours and interactions, particularly in the context of transition. It also intends to provide adult mental health service colleagues with practical advice on how to engage adolescents. The training pack can be accessed [here](#).

Zero Suicide Healthcare

NHS Clinical Commissioners has joined together with organisations and individuals from more than 20 countries to release the [International Declaration for Zero Suicide Healthcare](#). The Rotterdam Declaration outlines the key drivers for successful implementation of Zero Suicide Healthcare which is a call to action to protect patients who enter the health system, their relatives and staff against the tragedy of suicide.

National Mental Health Intelligence Network Profiling Tools

The [Crisis Care Profile](#) is currently going through a review process. Following end user consultation, a number of indicators have been removed from the profile in April. To view the list of removed indicators and the reasons for these removals visit the recent updates section of the profile. for a full list of removed indicators. Replacement indicators will be considered as part of further re-development of the profile.

The National Mental Health Intelligence Network (NMHIN) has been conducting further developments on their suite of mental health profiling tools. Click on the links below to access the updates:

- [Common Mental Health Disorders](#)
- [Crisis Care](#)
- [Mental Health and Wellbeing JSNA Profile](#)
- [Severe Mental Illness](#)
- [Suicide Prevention Profile](#)

To receive updates directly from NMHIN visit the [PHE subscriptions page](#) and select 'Mental Health Dementia and Neurology'.

NICE Consultations and Shared Learning

NICE has published [NICEimpact mental health](#). This report considers how NICE evidence-based guidance has contributed to improvements in the care of people with mental health conditions. The reports are based on data showing the uptake of our guidance and quality statement measures from national audits, reports, surveys and indicator frameworks.

NICE and SCIE have published [Improving young people's experiences in transition to and from inpatient mental health settings](#). This is a quick guide for mental health practitioners supporting young people. It provides the key points from the NICE guideline (NG53) and quality standard (QS159) on this topic.

NICE has published the following Surveillance Reports:

- [Behaviour Change: Individual Approaches \(PH49, 2014\)](#) – surveillance

decision: NICE will not update the guideline

- [Psychosis and Schizophrenia in Adults: Prevention and Management \(CG178, 2014\)](#) – surveillance decision: NICE will not update the guideline

These reports provide a summary of new evidence published related to a NICE guideline and include the decision that NICE has taken about the need to update the guideline.

NICE has also published the following Shared Learning:

- [Dramatherapy in Early Intervention in Psychosis](#) – Leeds and York

Finally, NICE has published the following information on Key Therapeutic Topics:

- KTT24: [Suicide prevention: optimising medicines and reducing access to medicines as a means of suicide](#)

This document summarises the evidence base on suicide prevention: optimising medicines and reducing access to medicines as a means of suicide. It is a key therapeutic topic that has been identified to support medicines optimisation. It is not formal NICE guidance.

National Institute for Health Research (NIHR) Signals

The latest series of summaries of recently published research by the NIHR contain information on:

- [Various drugs are effective and well-tolerated for generalised anxiety disorder](#)
- [New insights into how ethnicity and culture affect maternal mental health](#)

The summaries intend to provide decision makers in health and social care organisations with evidence they can use to improve patient care.

Mental Health Reports, Resources and Research

The Centre for Mental Health has published [A Vision for Prevention: Priorities for the Government's Green Paper on Health Prevention](#). This document summarises the key areas where prevention can make a difference in relation to mental health and wellbeing.

The Centre for Mental Health has published [Reforming the Mental Health Act](#). This document summarises the results of ten studies carried out as part of the Independent Mental Health Act Review (published December 2018). The summary explores issues such as the rising use of the Mental Health Act since 2007; patterns and variations in the use of mental health legislation; approaches to preventing/reducing the use of the Act; compulsory community treatment; and the experiences of patients and carers.

The Children's Commissioner has published [Early Access to Mental Health Support](#). This report examines spending on "low-level" mental health support for children in England. "Low-level" mental health services are preventative and early intervention services for treating problems like anxiety and depression or eating

disorders. The report shows there were wide variations between areas in how much funding is available: the top 25% of local areas spent at least £1.1 million or more, while the bottom 25% spent £180,000 or less.

The King's Fund has published [Outcomes for Mental Health Services: What Really Matters?](#) This report examines the pursuit of outcomes by mental health services and highlights how frameworks for measuring outcomes are often too narrowly focused on clinical outcomes. The report challenges mental health services to adopt a broader perspective on outcomes as a basis for collaborating with service users and a foundation for delivering more humane and effective care.

Over the past month NHS England has released the following case studies:

- [Integrated care in action – mental health](#)
- [Peer Support Workers use lived experience to support mental health service users' recovery in the community](#) – West Midlands

The case studies show how integrated care systems are supporting a number of health care areas and how peer support workers in the West Midlands are improving recovery outcomes in mental health services.

Public Health England has published resources from a study to [track prescribing of antipsychotics, antidepressants and other psychotropics for people with learning disabilities, autism or both](#). This study was commissioned to devise a method to report the impact of the programme to stop overmedication for people with learning disabilities, autism or both (STOMP). It provides data about the extent and trends in the use of psychotropic drugs between January 2010 and December 2017.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Learning disability services monthly statistics provisional statistics](#) (At: March 2019, MHSDS: January 2019 Final)
- [Mental Health Services Monthly Statistics - Final January, Provisional February 2019](#)
- [Mental Health Early Intervention in Psychosis - February 2019](#)
- [Out of Area Placements in Mental Health Services - January 2019](#)
- [Psychological Therapies: reports on the use of IAPT services, England - January 2019 final including reports on the IAPT pilots](#)

Dates for your Diary

Yorkshire and the Humber Mental Health Network Events:

- Tuesday 4 June 2019, 10:00-15:30, **Yorkshire and the Humber Senior PWP Network**, Park Plaza, Leeds. To book your place please email [Sarah Boul](#).

- Wednesday 12 June 2019, 09:45-15:45, **Yorkshire and the Humber IAPT Providers' Network**, Malmaison, Leeds. To book your place please email [Sarah Boul](#).
- Thursday 11 July 2019, 12:30-16:30, **Yorkshire and the Humber EIP Network**, Novotel, Leeds. To book your place please email [Sarah Boul](#).

Other Events:

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2019.

For further information, and to check course availability, email: wdu@york.gov.uk or visit the website [here](#).

- Thursday 16 May 2019, 09:00-17:00, **Improving Student Mental Health Outcomes**, Mary Ward House Conference and Exhibition Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Monday 20 May 2019, 09:00-17:00, **Improving Mental Health Support for Asylum Seekers and Refugees**, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 21 and Wednesday 22 May 2019, **Alzheimer's Society Annual Conference**, Kia Oval, London. To book your place click [here](#). NB: There is a cost to attend this event but a 10% discount can be deducted using the code ASAC19GENTEN
- Monday 10 June 2019, 09:00-17:00, **Sexual Abuse and Mental Health**, De Vere West 1, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 12 June 2019, 09:00-12:30, **Learning Disabilities and Autism Care in England**, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 21 June 2019, 09:00-17:00, **Improving the Physical Health Outcomes of People with Serious Mental Illness**, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 26 June 2019, 09:00-17:00, **PWP National Networking Forum 2019**, Birmingham City Football Ground, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.

- Thursday 11 July 2019, 09:00-17:00, **IAPT Clinical Skills Forum: Long Term Conditions**, The Etihad Stadium, Manchester. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 25 September 2019, 09:00-17:00, **IAPT Employment Advisors National Networking Forum**, Birmingham City Football Ground, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

Who produces this bulletin?

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