



## Yorkshire and the Humber Mental Health Network News

Issue 43

July 2019

### Welcome!

Welcome to Issue 43 of the Yorkshire and the Humber Mental Health Network News.

This e-bulletin aims to provide a synthesis of national and regional developments in mental health; highlight newly available data and policies, support collaboration and share best practice across Yorkshire and the Humber. This month we would like to draw your attention to our [Mental Health Reports, Resources and Research section](#), as a large number of new articles have been published throughout July.

If you have any comments on this edition, ideas for improvements or suggestions for future editions, please get in touch. Contact details can be found [here](#).

All versions of this bulletin are available online [here](#).

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### Extra Support for Men at Risk of Suicide in West Yorkshire and Harrogate

West Yorkshire and Harrogate Health and Care Partnership has secured funding to develop more targeted support for men who are at risk of self-harm and suicide. The funding will enable support workers with lived experience to provide advice, training and

support for up to 600 men in the area, drawing on the support of a number of voluntary organisations. Innovative ways of engaging men will be developed in partnership with leisure, sporting and community organisations. Find out more [here](#).

### **Free Online Suicide Prevention Training**

NHS Clinical Commissioners is encouraging NHS staff to take a free, [online training course in suicide prevention](#). The training course from the Zero Suicide Alliance takes just 20 minutes and aims to enable people to identify when someone is experiencing suicidal feelings, to be able to speak out in a supportive manner, and to empower them to signpost the individual to the correct services or support.

### **NHS to Launch Young People's Gambling Addiction Service**

The first NHS gambling clinic for children will open this year as part of a new network of services for addicts being rolled out as part of the [NHS Long Term Plan](#). Up to 14 new NHS clinics are being opened starting with the [NHS Northern Gambling Service](#) in Leeds this summer, followed by Manchester and Sunderland. The [National Problem Gambling Clinic](#) in London will also offer specialist help for children and young people aged 13 to 25, as part of an expansion that will also ramp up treatment for adults.

### **Results of 4th Liaison Psychiatry Survey Published**

NHS England has published [Report of the 4<sup>th</sup> survey of liaison psychiatry in England](#). This fourth survey presents data relating to Liaison Psychiatry services in acute hospitals with emergency departments in England. It tracks this progress of Government targets requiring half of all of these services to be at 'Core 24' level by 2021.

### **Spotting the Signs of Perinatal Mental Health Problems**

A new campaign is encouraging new and expectant mums in Yorkshire and the Humber to look after their mental health. The [Every Mum Matters Campaign](#) aims to support new mothers, mums-to-be and their families to recognise symptoms of perinatal mental health problems early and to seek help promptly. With around one in four women experiencing mental health problems in pregnancy and during the 24 months after giving birth, the NHS Long Term Plan commits to improving access to and the quality of perinatal mental health care.

### **National Mental Health Intelligence Network Profiling Tools**

The National Mental Health Intelligence Network (NMHIN) has been conducting further developments on their suite of mental health profiling tools. Click on the links below to access the updates:

- [Common Mental Health Disorders](#)
- [Crisis Care](#)
- [Mental Health and Wellbeing JSNA Profile](#)
- [Severe Mental Illness](#)
- [Suicide Prevention Profile](#)

To receive updates directly from NMHIN visit the [PHE subscriptions page](#) and select 'Mental Health Dementia and Neurology'.

## **National Institute for Health Research (NIHR) Signals**

The latest series of summaries of recently published research by the NIHR contain information on:

- [Psychological therapies may improve parenting skills in parents of children with chronic illness](#)
- [Increase in rates of non-suicidal self harm in England](#)

The summaries intend to provide decision makers in health and social care organisations with evidence they can use to improve patient care.

## **Mental Health Reports, Resources and Research**

The Centre for Mental Health has published [In 10 Years Time: Improving Outcomes for People with Mental Ill-health, Learning Disability, Developmental Disorders or Neuro-diverse Conditions in the Criminal Justice System](#). This document marks 10 years since the launch of the Bradley Report on improving outcomes for people with mental ill-health and learning disabilities in the criminal justice system. It sets out the key progress that has been made and what is now needed to ensure there is another decade of difference.

The Centre for Reviews and Dissemination has published [Police-related triage interventions for mental health-related incidents: a rapid evidence synthesis](#). This report examines evidence on triage interventions when the police receive emergency calls involving people with perceived mental ill health where no crime has been committed. The research found most interventions involved police officers working in partnership with mental health professionals, were generally valued by staff and showed some positive effects on procedures and resources. However, results were not entirely consistent and not all important outcomes were measured.

The Department of Health and Social Care has published [2018 Global Ministerial Mental Health Summit: Report and Declaration on Achieving Equality for Mental Health in the 21st Century](#). This report provides a summary of the first Global Ministerial Mental Health Summit and captures the themes, experiences and learning from the various workstreams that led discussions of areas of the global declaration on mental health.

The Department of Health and Social Care and the Department for Education has published [Reducing the Need for Restraint and Restrictive Intervention](#). This guidance sets out how support children and young people with learning disabilities, autistic spectrum conditions and mental health difficulties who are at risk of restrictive intervention.

The Healthcare Quality Improvement Partnership has published [National Maternity and Perinatal Audit Organisational Report 2019](#). The second organisational survey of the

National Maternity and Perinatal Audit (NMPA) maps current service provision as of January 2019 across England, Scotland and Wales. This report describes how services have changed since the last survey in January 2017, where service provision has improved and where further improvement is still needed in order to meet recommendations.

NHS England has published [Personalised care for veterans in England: a guide for clinical commissioning groups and local authorities](#). This document sets out a new personalised care approach for those veterans who have a long term physical, mental or neurological health condition or disability.

The Mental Health Policy Group has published [Towards mental health equality: a manifesto for the next Prime Minister](#). This manifesto sets out the five key areas that the next Prime Minister must address in order to improve the lives of people with mental health problems and promote the mental health of the nation.

The Money and Mental Health Policy Institute has published [The Benefits Assault Course: Making the UK Benefits System More Accessible for People with Mental Health Problems](#). This report shows that many people with mental health problems struggle to navigate the benefits system because of common symptoms such as reduced concentration, increased impulsivity and memory problems. These difficulties are being compounded by overly complicated and bureaucratic processes in the benefits system, which are causing significant psychological distress for many people already struggling with their mental health.

Nesta has published [Finding Connection in a Disconnected Age – Stories of Community in a Time of Change](#). This document contains twelve stories that paint a rich and varied picture of the many faces of loneliness and what it means to feel disconnected from those around us.

Public Health England has published the results from the [2016 and 2018 Autism Self-Assessment Framework \(SAF\) Exercise](#). These reports present the findings from the fourth and fifth autism self-assessment exercises carried out by local authorities in 2016 and 2018. It shows the local authorities' progress towards meeting the requirements of the Autism Act.

Reform has published [Making the Right Choices: Using Data-Driven Technology to Transform Mental Healthcare](#). This report examines the current landscape of data-driven technologies and their applications in mental healthcare, highlighting areas where these tools offer the most potential for the NHS and its patients. It discusses what makes mental health different from other areas of health, and the implications this has for the application of data-driven tools. It examines barriers to implementation and proposes ways to move forward.

## Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Number of children and young people accessing NHS funded community mental health services in England](#): April 2018 to March 2019, Experimental Statistics
- [Learning Disability Services Monthly Statistics provisional statistics](#): May 2018, MHSDS: March 2019 final
- [Learning Disabilities Health Check Scheme, England](#): Quarter 4, 2018-19
- [Learning Disability Services Monthly Statistics](#): June 2019
- [Psychological Therapies: reports on the use of IAPT services, England](#): April 2019 final including reports on the IAPT pilots
- [Psychological Therapies, Annual report on the use of IAPT services 2018-19](#)
- [Out of Area Placements in Mental Health Services](#): April 2019

## Dates for your Diary

### Yorkshire and the Humber Mental Health Network Events:

- Thursday 15 August 2019, 12:30-16:30, **Yorkshire and the Humber EIP Network**, Radisson, York. To book your place please email [Sarah Boul](mailto:Sarah.Boul).
- Wednesday 11 September 2019, 10:00-16:00 (1 hour slots throughout the day), **Physical Health in SMI - A Good Practice Sharing Event for South Yorkshire**, Hellaby Hall, Rotherham. To book your place click [here](#).
- Wednesday 23 October 2019, 09:30-16:00, **Yorkshire and the Humber Crisis and Liaison Network**, Cedar Court Hotel, Wakefield. To book your place click [here](#).

### Other Events:

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2019.

**For further information, and to check course availability, email: [wdu@york.gov.uk](mailto:wdu@york.gov.uk) or visit the website [here](#).**

- Monday 16 September 2019, 09:00-17:00, **Improving Access, Treatment and Support for People with a Diagnosis of Personality Disorder**, De Vere West One, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 17 September 2019, 09:00-17:00, **IAPT Evidence Based Workforce and Digital Delivery**, King Power Stadium, Leicester. To book your place click [here](#). NB: There is a cost to attend this event.

- Wednesday 25 September 2019, 09:00-17:00, **IAPT Employment Advisors National Networking Forum**, Birmingham City Football Ground, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 8 November 2019, 09:00-17:00, **Improving Perinatal Mental Health Crisis Services**, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Tuesday 26 November 2019, 09:00-17:00, **Safeguarding Students: Addressing Mental Health Needs Conference**, Manchester Conference Centre, Manchester. To book your place click [here](#). NB: There is a cost to attend this event.

## Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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## Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

**Request for Links:** If you would like to feature a web link in this bulletin, or provide information as a Partner Organisation, please email details to [sarah.boul@nhs.net](mailto:sarah.boul@nhs.net) with the words "Links and Partner Organisations" in the subject line.

### Who produces this bulletin?

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