

hoped that they will be used to facilitate discussions around the enhancement of liaison services across the region.

The scoping tool and reporting process has been overseen by Dr Katie Martin, Clinical Advisor for Liaison Mental Health to the Yorkshire and the Humber Clinical Network and Consultant Liaison Psychiatrist at Tees, Esk and Wear Valleys Trust. For further information or any queries or comments please contact [Katie Martin](#).

The Yorkshire and the Humber Clinical Network will be hosting a Regional Liaison Mental Health Network Meeting on **Friday 9th December** (12:00-16:00) in Leeds. The aim is to provide a forum for sharing information and clinical best practice and providing developmental support. The Network is aimed at clinicians, service managers, performance managers and commissioners – all welcome! If you would like to attend you can register your interest now via email to [Sarah Hope](#).

EIP and ARMS Referral Criteria

NHS England North Region has produced some succinct guidance on the referral criteria for EIP and ARMS. The referral criteria guidance aims to clarify the new criteria for referral, and is intended to update previous guidance. The Access and Waiting Times Standard applies to referrals in which the referrer has either detected, or suspects a possible first episode of psychosis, and makes an urgent or emergency referral, which is flagged as “suspected First Episode Psychosis”.

The guidance can be read in full [here](#).

Mental Health Information Update: IAPT Dataset

NHS Digital has recently conducted some changes to the IAPT Data Sets. These include 5 additional rates in the monthly publication: recovery rate, reliable improvement rate, reliable recovery rate, number of referrals entering treatment within 6 weeks of referral, as a proportion of all referrals finishing a course of treatment in the month and number of referrals entering treatment within 18 weeks of referral, as a proportion of all referrals finishing a course of treatment in the month. In addition, the quarterly formatted file has been replaced with a new product, known as the Quarterly Interactive Tool. For more information click [here](#).

It is also important to note that the Commissioner Extract availability has also changed. Mental Health and IAPT extracts for commissioners can only be provided to commissioners following approval by an independent review body. This means that Commissioner access to Mental Health and IAPT data will be subject to application and approval by the independent Data Access Advisory Group (DAAG). Contact NHS Digital Enquiries at enquiries@nhsdigital.nhs.uk for more information.

Veterans Mental Health

NHS England has published [Developing Mental Health Services for Veterans in England Engagement Report](#). This report sets out key findings from an engagement exercise with over 1,270 veterans, their families, services charities, mental health clinicians and other

individuals and organisations involved in the care of veterans with mental health difficulties.

The results highlight the need to improve awareness of where veterans should go for help; raise the profile of NHS veterans' mental health services and increase understanding amongst health professionals of the unique issues faced by those from an armed forces background. It was also felt that more should be done to support a smoother transition from armed forces healthcare to the NHS to help ensure the right pathways of support are in place for veterans with mental health difficulties and the wider health needs of families are considered. Furthermore, people's responses pointed to a need for services that support the recognition and treatment of early warning signs of mental health illness and diagnosis, as well as trauma, alcohol and substance misuse.

Perinatal Mental Health – New Mother and Baby Units

NHS England has announced that it will invest in three [new inpatient units](#) for mums with serious mental ill health to facilitate them being able to stay with their babies. The new Mother and Baby Units (MBUs) will be in East Anglia: Cambridgeshire, Norfolk and Suffolk; the North West: Cumbria and Lancashire; and the South West: Cornwall, Devon and Somerset. Expanding capacity in MBUs is a key element of [NHS England's transformation programme for perinatal mental health services](#).

NICE Consultations and Shared Learning

NICE have recently released the following shared learning:

- [A Critical Evaluation of the Implementation of NICE Quality Standard 80 in a Specialist Early Intervention Service](#)

This shared learning describes an evaluation of a project lasting one year, which focused on delivering the standards connected with NICE Quality Standard 80 and the clinical guidelines 178 and 155. The end result was a visual representation of the Early Intervention Service (EIS) Clinical Pathway.

Additionally, NICE has released updated guidelines for:

[Transition Between Inpatient Mental Health Settings and Community or Care Home Settings](#) (NG53). This guideline covers the period before, during and after a person is admitted to, and discharged from, a mental health hospital. It aims to help people who use mental health services, and their families and carers, to have a better experience of transition by improving the way it's planned and carried out.

[Mental Health Problems in People with Learning Disabilities: Prevention, Assessment and Management](#) (NG54), the guideline covers preventing, assessing and managing mental health problems in people with learning disabilities in all settings (including health, social care, education, and forensic and criminal justice).

Funding Announcements

Funding from the Department of Health, to expand the mental health workforce for

children and young people, has recently been announced by Health Education England. The funding is intended to support services to increase their workforce to provide evidence based treatment to meet the needs of children and young people. To find out more about the available funding and to make a bid, further information can be accessed [here](#).

Additionally, NHS England has announced that an extra £25m has been allocated to Clinical Commissioning Groups (CCGs) across the country to accelerate plans for [improving mental health services for children and young people](#). The funding is intended to be used to help to cut waiting times for treatment, reduce waiting list backlogs and minimise the length of stay for those in inpatient care.

Lastly, the Department of Health have invited Local Authorities to apply for a share of the £25 million housing and technology fund for people with learning disabilities. This £25 million fund builds on £20 million already earmarked by NHS England as part of its transforming Care programme. The bidding process closes on 28 October 2016. To find out more click [here](#).

Mental Health Reports, Resources and Research

The NHS Clinical Commissioners Mental Health Commissioners Network has published [Support from the Start: Commissioning Early Intervention Services for Mental Ill Health](#). The report shares learning and good practice and draws on projects that promote early intervention in mental health. The report highlights tips from providers and commissioners involved in the development and delivery of high-quality early intervention services.

The House of Commons Committee of Public Accounts has published [Improving Access to Mental Health Services: Sixteenth Report of Session 2016–17](#). The report concludes that though the government has outlined good ambitions to improve mental health services, there is scepticism as to whether such ambition is affordable or achievable without compromising other services. It also finds commissioners and providers are not sufficiently incentivised to deliver high-quality mental health services for those who need them.

The 2015 [Improving Access to Psychological Therapies: Workforce Census Report](#) has recently been published. The report offers a comprehensive view to date of the size and shape of the IAPT workforce in England, including insight into the capacity of IAPT services to offer the full range of National Institute for Health and Care Excellence (NICE) recommended psychological therapies.

The Joseph Rowntree Foundation has published its [Anti-Poverty Strategy](#), highlighting the close link between poverty and mental health; in that poverty can be a cause or consequence of mental ill health. The report presents a conceptual framework for understanding the relationship between poverty and mental health and offers recommendations to improve the situation across the life course.

The Department of Health and Department of Education have published [Mental Health and Wellbeing of Looked-After Children: Government Response to the Committee's](#)

[Fourth Report of Session 2015-16](#). The report focusses on recommendations and conclusions drawn from the Education Committee's investigation into mental health and wellbeing of looked-after children.

Mental Health Statistics

The following statistics have recently been released please click on the links to review further:

- [Mental Health Services Monthly Statistics](#): Final June 2016, Provisional July 2016
- [Learning Disability Services Monthly Statistics Commissioner Census \(Assuring Transformation\)](#): August 2016, Experimental Statistics
- [Improving Access to Psychological Therapies Report](#): June 2016 Final, July 2016 Primary and most recent quarterly data

Dates for your Diary

- Wednesday 2 November, 10:00-13:00, **Yorkshire and the Humber IAPT Providers Network**, Double Tree by Hilton, Leeds City Centre.
- Thursday 17 November, 13:00-16:00, **Yorkshire and the Humber EIP Network**, St George's Centre, Leeds.
- Friday 9 December, 12:30-16:30, **Yorkshire and the Humber LMH Network Launch**, Hilton Hotel, Leeds City Centre.

If you would like to attend, or require further information, please email sarahhope2@nhs.net.

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2016.

For further information, and to check course availability, email: wdu@york.gov.uk or visit the website [here](#).

- Wednesday 10 October, **World Mental Health Day**. The purpose of the day is to raise awareness of what can be done to ensure that people with mental health problems can live with dignity.
- Wednesday 10 October, 18:30-20:00, **Arts on Prescription? Examining the Positive Impact of Communal Singing on Mental Health**, National Centre for Early Music, St Margaret's Church, Walmgate, York YO1 9TL. To book your place email: boxoffice@ncem.co.uk
- Thursday 13 October, All Day, **Going SmokeFree? Your toolkit for doing it well**, The Met Hotel, King Street, Leeds LS1 2HQ. To book your place email: andrewsimscentre.lypft@nhs.net.

- Wednesday 9 and Thursday 10 November, **7th Annual Culture and International Mental Health Conference**, The Chancellors Hotel, Manchester, UK. To book your place click [here](#).
- Tuesday 15 November, 10:00-16:00, **Voluntary and Community Sector Personal Health Budget Support Network**, Leeds (final venue to be confirmed). To book your place click [here](#).
- Tuesday 22 November 2016, **Progressing Mental Health Liaison Services**, Hilton Leeds City, Leeds. To book your place click [here](#).
- Tuesday 29 November, 10:30-16:30, **North East, Yorkshire & Humber Mental Health Commissioning Network Conference**, Novotel, York. To book your place email: events@nhis.com
- Tuesday 24 January 2017, All Day, **IAPT National Networking Forum**, Birmingham City Football Ground, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 30 August – Sunday 3 September, **20th ISPS International Congress in the United Kingdom**, Liverpool (venue to be confirmed). To book your place click [here](#).

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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Links and Partner Organisations

- **Interested in Dementia?** Why not check out the Yorkshire and the Humber Dementia Network E-Bulletin? Click [here](#) to read more.
- Yorkshire and the Humber Clinical Networks. Click [here](#) for the website.
- Yorkshire and the Humber Clinical Senate. Click [here](#) for the website.
- Yorkshire and Humber Academic Health Science Network. Click [here](#) for the website.

Request for Links: If you would like to feature a web link in this bulletin, or provide information as

a Partner Organisation, please email details to sarah.boul@nhs.net with the words "Links and Partner Organisations" in the subject line.

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