

**Yorkshire and the Humber Early Intervention in Psychosis Network
Minutes
2nd March 2017, 10:30-16:30
Oxford Place Centre, Leeds**

No.	AGENDA ITEMS	Action By
1.	<p>Intensive Support Team Workshop, Michael Watson & Nick Gitsham, Intensive Support Managers, Mental Health Strategy and Policy Unit, NHS England</p> <p>Nick Gitsham and Michael Watson from the Intensive Support Team (IST) presented to the attendees on using EIP data to evidence EIP service quality. Please see the presentation slides for further information.</p> <p>Questions and Answers:</p> <p><i>Question:</i> What settings are SNOMED codes expected to be collected from?</p> <p><i>Answer:</i> All health care settings.</p> <p><i>Question:</i> Regarding SystemOne not reporting results to the MHSDS what actions are being taken in regards to this?</p> <p><i>Answer:</i> It is hoped that most system issues will be resolved by next April. However, regarding SystemOne there are currently no assurances this issue will be resolved.</p> <p>For any further questions Michael and Nick can be contacted using the following details:</p> <p>Nick Gitsham, Intensive Support Manager M: 07730 376404 E: nick.gitsham@nhs.net</p> <p>Michael Watson, Intensive Support Manager M: 07879 113249 E: m.watson@nhs.net</p>	

No.	AGENDA ITEMS	Action By
1.	<p>Welcome, Introductions & Housekeeping, Andrew Clarke, Quality Improvement Manager, Y&H Clinical Networks</p> <p>Andrew Clarke conducted introductions and gave an overview of the Children's and Young People's (CYP) Mental Health Clinical Network.</p> <p>Please see the presentation slides for further information.</p>	

<p>2.</p>	<p>Regional Update, Moggie McGowan, Co-Chair, Clinical Advisor (Y&H IRIS & NHS England North)</p> <p>Moggie McGowan advised the attendees that he was honoured to have the national leads attend the meeting and thanked them for their input.</p> <p>Moggie McGowan advised the attendees that the focus of the programme was on the interface between adult and CYP EIP services. It was noted that CYP services is the preferred terminology, as opposed to CAMHS, as CYP mental health is the terminology preferred by young people. Additionally, CAMHS is specialised and CYP MH is all encompassing and thus a more appropriate terminology.</p> <p>Please see the presentation slides for further information.</p>	
<p>3.</p>	<p>National Update and Early Intervention Standards for CYP Mental Health, Dr Steve Jones, National Service Advisor, CYP MH Clinical Strategy & Policy and Jay Nairn, EIP National Programme Manager, NHS England</p> <p>Jay Nairn and Steve Jones introduced themselves and provided an overview of their career backgrounds. Jay and Steve then provided an overview of the early intervention in psychosis standard; achievements in 2016/17 to improve access to care, achievements in 2016/17 to improve delivery of NICE concordant care, key areas of development for 2017/18, what are the national team doing in 2017/18 and what commissioners and providers can do in 2017/18.</p> <p>Please see the presentation slides for more information.</p>	
<p>4.</p>	<p>CYP Mental Health and Early Intervention, Kelly Barker, Service Manager Bradford District Care NHS Foundation Trust</p> <p>Moggie McGowan introduced Penny Blair who provided an overview of CYP EIP services in Bradford and surrounding districts.</p> <p>Penny Blair advised that the service is small but efficient. The service sits within CAMHS and completes the same assessments for CAMHS and adult EI services, there are a significant number of assessments undertaken and this is currently being reviewed to see if it can be streamlined. Links to the CAMHS service are very strong and there are strong links with schools. The service has a good transition policy and has solid relationships with adult mental health services. The service also works as part of the intensive home treatment team. The service does not have an inpatient facility in Bradford and so focus strongly on home treatment. The service offers support to families both practically and emotionally. The service offers some group work and offers social interventions such as attending catering classes or dance classes.</p> <p>Regarding staffing the service has significantly developed an EIP Recovery Co-ordinator role. The role focusses on reengaging young people with education, peers, partaking in social activities etc. Also the service has a Senior Practitioner role that works 50% of time on transition services, working with colleagues to ensure the patient has the best experience possible.</p> <p>The service also has a focus on access standards and is keen to improve. The service focusses strongly on the CYP elements of the access standard and aim to meet the quality statements. They encourage links between physical and mental health and promote healthy lifestyles. There is a strong focus on medication and monitoring side effects on children.</p> <p>The service is achieving the 50% standard, the service is young person focussed,</p>	

	<p>flexible and innovative and developing an ARMS pathway. Family interventions and psychological therapies are also offered. The service encourages significant engagement and participation from young people in developing the service.</p> <p>Challenges for the service include how ARMS works with children and young people, children develop issues over a longer period of time and the waiting time has the potential to encourage people to rush referrals, there are some challenges to working within CAMHS but a consultative approach is being developed, parity for under 14s versus more services for over 35s is also a challenge.</p> <p>Please see the presentation slides for further information.</p> <p>Questions and Answers: <i>Question:</i> How do you stay connected with EI services? <i>Answer:</i> I sit on the safeguarding and managers group of adult EI and our team undertake the adult training as well as CYP training.</p> <p><i>Question:</i> How do you manage with patients under 14? <i>Answer:</i> Some patients can become symptomatic from age 12 and there is combined work from CYP and adult services to work with these patients but there is no specific service.</p> <p><i>Question:</i> You do a lot with a small team, do you also do 24 hour cover for bed searches? <i>Answer:</i> The CYP bed annexes are sat within adult units. CAMHS pay for bank staff who chaperone a young person out of hours but in the day time CAMHS staff go in and work with the young person.</p>	
5.	<p>Group Discussion – CYP Mental Health</p> <p>Steve Wright introduced the group discussion with a focus on considerations for development of Children’s and Young People’s services; joint education and training and development of joint protocols. It was noted that some services already have joint working and protocols but there is room for development in this area. Please see the presentation slides for further information.</p> <p>Each locality table to discuss:</p> <p>a. Where we are up to & what are we going to do? <i>During discussions identify any key areas of concern / development. i.e. transition.</i></p> <p>b. What “good” looks like? <i>Protocols to be shared in advance of the meeting. Agree 10 essential standards for the care and treatment children with First Episode Psychosis.</i></p>	
6.	<p>Summary, Dr Steve Wright, Consultant Psychiatrist, TEWV</p> <ul style="list-style-type: none"> • Key Discussion Points – Top 10 Standards <p>Steve Wright asked the discussion groups for feedback on agreed standards and the following points were noted:</p> <ul style="list-style-type: none"> • Joint assessments at point of referral. • Discussion around clock start/stop. • Work with CAMHS inpatient medics and have a regular MDT weekly discussion. • Working collaboratively is key. • Colocation is essential. • Dedicated specialised team members. • Joint planning with commissioning between adult and CYP commissioners. 	

	<ul style="list-style-type: none"> • Admissions protocols. • Communication protocols. • Discharge planning. • Joint assessments and developing protocols. • Joint MDT. • Joint training. • Access to 24/7 crisis support. <ul style="list-style-type: none"> • Actions & Next Steps <p>Steve Wright advised that all services would be involved in deep dives into EIP services and the feedback provided in the group discussions would integrate into the deep dive discussions.</p> <p>Steve Wright advised the attendees that the feedback sheets would be collated by the Network and shared with attendees for review and development of services and protocols.</p> <p>Steve Wright also advised that we need to be mindful of teams not able to attend and it was important to share the feedback with them also.</p> <p><i>ACTION: Sarah Wood to collate feedback sheets and share with attendees and services unable to attend.</i></p>	<p>Sarah Wood</p>
<p>7.</p>	<p>Any Other Business (AOB), Dr Steve Wright, Consultant Psychiatrist, TEWV</p> <ul style="list-style-type: none"> - Transition Event 28.03.17 <p>The Yorkshire and the Humber CYP MH Clinical Network is delighted to be hosting the event: Transition from CAMHS to AMHS, addressing the needs of Yorkshire and the Humber</p> <p>The aim of the event is to bring together all stakeholders involved in CYP MH and adult mental health services in the Yorkshire and the Humber region to learn and share good transition practice from both community and acute settings. A benchmarking of MH transition across the region will also be presented and next steps identified.</p> <p>The event will take place on Tuesday 28th March 2017, Registration: 10:00-10:30 Meeting Time: 10:30-16:00 at Novotel Leeds Centre, 4 Whitehall Quay, Leeds, LS1 4HR.</p> <p>To register for a place email: andrew.clarke14@nhs.net</p> <ul style="list-style-type: none"> - Evaluation <p>Steve Wright asked the attendees to complete their evaluation forms and leave them on the tables for collation by the network.</p> <ul style="list-style-type: none"> - Closing Remarks <p>Steve Wright thanked the presenters, all attendees and the Clinical Network. Steve Wright also advised that if anyone had suggestions for the next meeting to please get in touch. Steve Wright additionally advised that the November meeting could have a focus on Service User Involvement and the attendees felt this would be a good area of focus. Steve Wright updated the attendees on work undertaken so far with service users and looked at areas for development around this including digital involvement. Steve Wright advised that one of the areas of development would be around text questionnaires.</p>	

	ITEMS FOR INFORMATION	
	Future Meetings: 29 June 2017, 13:30-16:30, Hilton DoubleTree, Leeds 2 November 2017, 13:30-16:30, Oxford Place, Leeds	