

North East and Yorkshire and the Humber Early Intervention in Psychosis Network Minutes

13 February 2020 12.30-16.30
National Railway Museum York

No.	AGENDA ITEMS	Action By
1.	<p>Welcome, Introductions & Housekeeping, Sarah Boul, Quality Improvement Manager, Yorkshire and the Humber Clinical Networks Sarah Boul welcomed everyone to the first meeting of the North East and Yorkshire and the Humber EIP Networks and thanked them for attending. Sarah Boul encouraged attendees to network and to tweet about the meeting using #yhmentalhealth.</p>	
2.	<p>University of Hull 2020 CBTp program, supervision workshops and masterclasses – Gavin Lawton, University of Hull Gavin Lawton was unable to attend the meeting and sent his apologies. This item has been deferred to the next meeting.</p>	
3.	<p>Integrated care systems, the new community mental health framework and the prevention concordat: where EIP fits in - Dr Steve Wright, Consultant Psychiatrist, TEWV Steve Wright presented to the attendees giving an update on the integrated care systems, the new community mental health framework and the prevention concordat.</p> <p>Please see the presentation slide pack for more information.</p> <p><u>Questions and Answers</u> Q. Integrated Care is a huge challenge for all services, but particularly CAMHS as they are restricted by who they can work with. There are barriers and criteria to follow but how can we work to help break down barriers? A. Steve Wright replied that CAMHS will be receiving investment as part of the NHS Long Term Plan and services will cover an extended age range of 0-25. The services will be asked to focus on personality disorder, autism and eating disorders amongst other things and EI colleagues can offer guidance and assistance on working with an extended age range.</p> <p>Q. The new community mental health framework is a great document with a wonderful vision but the staffing figures implications are incredible when it is already a challenge to retain staff. A. Steve Wright acknowledged that there are workforce challenges and stated that the system needs to work together to overcome these and consider how we train and retain our workforce.</p> <p>Q. Do you have a sense of how things may change for EIP in particular with the move towards integrated care systems? A. Steve Wright stated that EIP is based on a model that would work well for all of community mental health teams going forwards. EIP is a good model and can help to guide others as the system changes by teaching the system to work with diagnostic uncertainty and can showcase the benefits of family therapy, which would be a huge help to community mental health teams.</p>	

4.	<p>Regional Assurance Update - Moggie McGowan, Co-Chair, Clinical Advisor (Y&H IRIS & NHS England North) Moggie McGowan presented to the attendees giving an update on the regional EIP work programme.</p> <p>Please see the presentation slide pack for more information.</p> <p>Action: Please inform Moggie McGowan – stephen.mcgowan@swypt.nhs.uk – if you would like to make any changes to the assurance ratings given to your service.</p>	All
5.	<p>EIP: Five Year Forward into the Long Term Plan – Future Focus for EIP - Moggie McGowan, Co-Chair, Clinical Advisor (Y&H IRIS & NHS England North) Moggie McGowan presented to the attendees on the Five Year Forward into the Long Term Plan including the future focus for EIP.</p> <p>Please see the presentation slide pack for more information.</p> <p>Questions and Answers Q. Will ARMS/EIP include up to 65 year olds? A. Moggie McGowan confirmed that national guidelines are being compiled/developed to include all age groups. Q. Should we be working with the Older People Mental Health groups? A. Moggie McGowan replied that EIP should be working with all age groups – age does matter!</p>	
6.	<p>Group Discussion - The ARMS pathway: regional experience, examples of good practice, concerns and opportunities to feedback to the national team - Dr Steve Wright, Consultant Psychiatrist, TEWW</p> <p>Dr Steve Wright introduced the group discussion session focussing on the ARMS pathway. Steve asked attendees to rate the ARMS statements put on Slido by Moggie and to discuss on tables:</p> <ul style="list-style-type: none"> • regional experience, • examples of good practice, • concerns and opportunities <p>Steve Wright advised the attendees that the feedback captured from each discussion topic would be consolidated and typed up by the Clinical Network.</p>	
7.	<p>Listening to the Network – Slido Session</p> <p>This item was deferred, and the questions will be shared with the attendees for response via Survey Monkey.</p> <p>Action: Sarah Boul to send out “Listening to the Network” questions via Survey Monkey.</p>	Sarah Boul
8.	<p>Feedback from the Group Discussion</p> <p>Steve Wright thanked the attendees for their participation in discussions and using Slido. Steve Wright advised that the written feedback would be collated by the Clinical Network and shared with the attendees.</p> <p>Action: Carole Tarff to collate written feedback from table top discussions, type and share with Network.</p>	Carole Tarff

9.	<p>Next Steps, Evaluation and Close - Dr Steve Wright, Consultant Psychiatrist, TEWV</p> <p><u>Evaluation</u> Steve Wright asked the attendees to complete their evaluation forms and leave them on the tables for collation by the network.</p> <p><u>Closing Remarks</u> Steve Wright thanked the presenters, all attendees and the Clinical Network. Steve Wright also advised that if anyone had suggestions for the next meeting to please get in touch.</p>	
ITEMS FOR INFORMATION		
	<p>IRIS: Please visit the iris website: http://iris-initiative.org.uk/wordpress/</p> <p>Future Meetings: EIP Network Meeting – Spring 2020 - Venue and date to be confirmed.</p>	