

**Yorkshire and the Humber Clinical Network
IAPT Providers Network
18 November 2020, 10am – 12:30pm**

Minutes

No.	AGENDA ITEMS	Action By
1.	<p>Welcome, Apologies, Introductions and Checking In - Andy Wright, IAPT Advisor, Yorkshire and the Humber Clinical Networks</p> <p>Andy Wright welcomed everyone to the meeting and asked people attending for the first time to introduce themselves. Sarah Boul conducted housekeeping. Andy Wright reminded all attendees of the Yorkshire and the Humber Clinical Network online forum established to give IAPT Providers an opportunity to ask questions, share ideas and share best practice in a safe environment: http://www.yhscn.nhs.uk/forum.php</p> <p>Please see the presentation slides for further information including forum registration instructions.</p> <p>Andy Wright thanked the service providers, on behalf of the national and Clinical Network team, for the excellent way they continue to respond during the COVID-19 pandemic.</p>	
2.	<p>Senior PWP Network Update and Feedback from Wellbeing Workshops - Heather Stonebank, Lead PWP Advisor, Yorkshire and the Humber Clinical Networks</p> <p>Heather Stonebank presented to the attendees on the Senior PWP Network update and fed back from the Wellbeing Workshops held in September 2020.</p> <p>Following the Wellbeing Workshops, held in September, Heather Stonebank asked service managers to encourage and allow their Senior PWPs time to take the learning back into their relevant services.</p> <p>Heather Stonebank also highlighted the proposed work on IAPT Preceptorships to support post qualified practitioners.</p> <p>Please see the presentation slides for further information.</p> <p>ACTION: Please register your interest in the IAPT Preceptorship work and/or any other comments, via the online forum. Alternatively please contact Heather Stonebank – heather.stonebank@shsc.nhs.uk or Sarah Boul - sarah.boul@nhs.net</p>	All
3.	<p>Update on IAPT Leadership Training Offer, Andy Wright, IAPT Advisor - Yorkshire and the Humber Clinical Networks</p> <p>Andy Wright presented to the attendees with an update on the IAPT Leadership Training Offer and discussed:</p> <ul style="list-style-type: none"> • IAPT Leadership Programme Aims • IAPT Leadership Programme Principles • IAPT Leadership Programme Next Steps <p>Please see the presentation slides for further information.</p>	

	<p>ACTION: Please register your interest, and/or comments, via the online forum. Alternatively please contact Andy Wright – andywright1@nhs.net or Sarah Boul - sarah.boul@nhs.net</p>	All
4.	<p>IAPT Employment Advisors Update, Kevin Jarman, Department of Work and Pensions</p> <p>Kevin Jarman presented an update on IAPT Employment Advisors to the attendees.</p> <p>Kevin Jarman explained that the primary aims of Employment Advisors (EA) in IAPT Initiative are:</p> <ul style="list-style-type: none"> • To more than double the number of EAs within IAPT services. • Increase the provision of combined psychological treatment and employment support and standardise and improve the quality of employment support provided in IAPT services. • To assess the impact on Health and Employment outcomes of additional EAs ahead of potential bids to finance the roll-out of the programme nationally if it proves successful. • To allow IAPT therapists currently undertaking employment support to return to providing therapy increasing the clinical capacity of IAPT services. <p>Please see the presentation slides for further information.</p> <p>Andy Wright thanked Kevin Jarman for the presentation and stated that in the Harrogate pilot they had received phenomenal feedback from patients who had used the employment advisor. Andy Wright continued that employment advisors are now seen as an integral part of the IAPT team.</p> <p>ACTION: Please contact Brigid Lowe – brigid.lowe@dpw.gsi.gov.uk or Kevin Jarman – kevin.jarman@dpw.gsi.gov.uk with any questions or an expression of interest in the EA programme.</p>	All
5.	<p>Post COVID Psychological Support: Discussion - Sarah Boul, Quality Improvement Manager, Yorkshire and the Humber Clinical Networks</p> <p>Sarah Boul presented to the attendees on Post COVID Psychological Support. Following NHS England and Improvement’s announcement on 7 October 2020 there will be a five part package of measures to boost support for long COVID patients.</p> <p>Sarah Boul informed the attendees that the National IAPT Programme are hosting a five part clinical webinar series on the role IAPT can play in supporting people who have had COVID and, in particular, those that are experiencing persistent symptoms, which are now commonly being referred to as “long COVID” and “post-COVID syndrome”. The webinars will to assist commissioners and providers and links to the NHS “Your COVID Recovery” https://www.yourcovidrecovery.nhs.uk/</p> <p>Please click on the link below to register for the five part clinical webinar sessions: Post-Covid syndrome IAPT training webinars link to register</p> <p>Please see the presentation slides for further information.</p> <p>ACTION: Please contact Sarah Boul if you need contact details for the Integrated Care System (ICS) Mental Health lead in your place to link in to the Post COVID development work.</p>	All
6.	<p>Centralised Recruitment Proposal - Marie Watkins, NHS England and NHS Improvement</p>	

	<p>Marie Watkins presented details of the new centralised recruitment process to the attendees explaining current issues, principles, an overview of the proposed process and next steps.</p> <p>Please see the presentation slides for further information.</p> <p>The questions and comments from the discussion and MS Teams chat box will be collated and forwarded to Marie Watkins for information and feedback where appropriate.</p> <p>ACTION: Carole Tarff to collate the questions and comments from the MS Teams meeting chat box and share with Marie Watkins to shape the FAQ document.</p>	Carole Tarff
7.	<p>Apprenticeships Update - Marie Watkins, NHS England and NHS Improvement</p> <p>Marie Watkins presented an update on the apprenticeships scheme to the attendees explaining objectives, principles, progress and next steps.</p> <p>Please see the presentation slides for further information.</p> <p>The questions and comments from the discussion and MS Teams chat box will be collated and forwarded to Marie Watkins for information and feedback where appropriate.</p> <p>ACTION: Carole Tarff to collate the questions and comments from the MS Teams meeting chat box and share with Marie Watkins to shape the FAQ document.</p>	Carole Tarff
8.	<p>Digital IAPT and Opportunities for Regional Co-commissioning: Discussion - Andy Wright, IAPT Advisor, Yorkshire and the Humber Clinical Networks</p> <p>Andy Wright led a discussion on digital IAPT and opportunities for regional co-commissioning.</p> <p>Please see the NICE “Summary of digital therapies assessed and accepted by the IAPT Programme”, which was circulated prior to the meeting.</p> <p>Andy Wright reiterated how important it is to please ensure that products, platforms and digital offers that are not recommended by the IAPT expert panel are not used. There is a real need to make sure that services maintain the integrity of IAPT by aligning it to the evidence.</p> <p>Andy Wright informed the attendees that Silver Cloud have changed their pricing structure from effectively paying per licence, per individual, to paying per licence which offers the product throughout your service irrespective of how many people use it. Andy Wright continued that other regions have commissioned the product as a collaboration, at a regional level, and negotiated a more competitive rate.</p> <p>ACTION: Please feedback your thoughts on Yorkshire and the Humber region procuring the provision of Silver Cloud as a region rather than individual services to Sarah Boul – sarah.boul@nhs.net or Andy Wright – andywright1@nhs.net</p>	All
9.	<p>Any Other Business and Checking Out, All</p> <ul style="list-style-type: none"> • IAPT Manual Updates - The IAPT programme recently shared suggested changes to the IAPT manual via clinical networks and regions. The changes were shared as “draft” in advance of final confirmation of the changes, so systems could be sighted and to collect feedback. We have had feedback from many regions around concerns of the suggested clarification on the use assessment and treatment codes and the need to accurately reflect the 	

	<p>patient experience in particular. Based on this feedback further work is ongoing to review the proposed change, and the programme team wanted to confirm that currently no official changes have been made to the IAPT manual and we would recommend no action is taken by services in anticipation until formal communications are sent out which confirm the final agreed position.</p> <p><u>ACTION:</u> Please share any feedback on your thoughts as to whether the IAPT manual description should be changed via the online forum or to Andy Wright – andywright1@nhs.net</p> <ul style="list-style-type: none"> • IAPT Counsellors – Tim Godley, RDaSH, raised an issue around the salary and banding of IAPT counsellors and asked whether there was a national or regional steer. There is a discrepancy within counselling banding and some IAPT service do not have counsellors. <p>Andy Wright advised Tim Godley to contact the following services who identified themselves as having counsellors:</p> <ul style="list-style-type: none"> ▪ Tees, Esk and Wear Valley Trust - Simon Day ▪ South West Yorkshire Partnership Trust - Paula Scott-Loftus ▪ Insight Bassetlaw - Lisa Booth ▪ Leeds Community Healthcare Trust - Janet Thompson ▪ South West Yorkshire Partnership Trust – Jason Carr ▪ MyWellbeing College, Bradford - Naomi Holdsworth – ▪ South West Yorkshire Partnership Trust - Liz Holdsworth ▪ Hull and East Yorkshire Mind - Robin Pillar ▪ Humber NHS FT - Laura McKinley ▪ Let’s Talk, Hull – Kate Cowl <p>Andy Wright also suggested that Tim Godley post the question on the IAPT Providers Network online forum.</p> <ul style="list-style-type: none"> • MBCT Training for HITs: In the North of England, Tees Esk and Wear Valley (TEWV) Trust have the contract for mindfulness based cognitive therapy training. The provider has commissioned more training so please follow the link if you are interested: https://sway.office.com/HzgPddwEOfWtZTM4?ref=Link • Help Us Help You – Mental Health - is a two-month campaign aiming at increasing awareness of NHS talking therapies services (IAPT). It will encourage adults with mental health issues to seek help and consider accessing NHS talking therapy via their GP or through self-referral. It will have a specific focus on BAME groups and people struggling with unemployment. Please see the presentation slides for further information. • Please email Sarah Boul – sarah.boul@nhs.net – if you are not currently receiving the National IAPT Team summary newsletter and wish to be included on the distribution list. 	All
	ITEMS FOR INFORMATION:	
	Future Meetings: The next IAPT Providers’ Network meeting will be in January/February 2021 – date to be confirmed.	