

**Yorkshire and the Humber Clinical Network
IAPT Providers Network
24 February 2021, 10am – 12:30pm**

Minutes

No.	AGENDA ITEMS	Action By
1.	<p>Welcome, Apologies and Introductions, Review of Action Log and Matters Arising - Andy Wright, IAPT Advisor, Yorkshire and the Humber Clinical Networks</p> <p>Denise Friend conducted the housekeeping before Andy Wright welcomed everyone to the meeting especially those attending for the first time.</p> <p>The actions points from the last meeting held on 18 November 2020 were discussed and agreed.</p>	
2.	<p>IAPT Older Adults Positive Practice Guide: Overview and Discussion – Andy Wright and Heather Stonebank, IAPT Advisors, Yorkshire and the Humber Clinical Networks</p> <p>Andy Wright and Heather Stonebank presented a brief overview of the new IAPT Older Adults Positive Practice Guide to the attendees as Charlotte Lynch, Age UK, was unable to attend the meeting.</p> <p>Andy Wright explained that the aim of the guidance is to:</p> <ul style="list-style-type: none"> ▪ Increase the numbers of older people benefiting from IAPT services by: <ul style="list-style-type: none"> • Better supporting older people, their families and friends to recognise mental health need and seek help; • Delivering IAPT services that are fully equipped to meet their needs. ▪ The IAPT Positive Practice Guide should: <ul style="list-style-type: none"> • Be practical and useful for practitioners in IAPT; • Be informative to commissioners of services; • Guide Primary Care Healthcare Practitioners (HCP) especially GPs, on how to support referrals of older people to IAPT. <p>The guide also addresses additional challenges brought on by the COVID-19 pandemic.</p> <p>Please see the presentation slides for further information.</p> <p>Andy Wright then asked the attendees to consider their thoughts, comments and reflections on the following discussion questions:</p> <p>Question: What have you noticed currently in your service for Older Adults accessing IAPT?</p> <p>Responses:</p> <ul style="list-style-type: none"> ▪ We have not been focussing on older adults during COVID so understand why they are not accessing services. ▪ The barriers to older adults accessing IAPT can be IT issues. ▪ Older adults have been particularly affected by COVID. 	

	<p>Question: Have you done anything specific during the pandemic to help and support Older Adults access IAPT?</p> <p>Responses:</p> <ul style="list-style-type: none"> ▪ NAVIGO have used local radio, website and social media to promote our services to older adults. The radio promotion encouraged older adults to come forward and also made them aware of signs and symptoms ▪ NAVIGO also have iPads that they can loan to patients ▪ Hull & East Yorkshire Mind have used local free newspapers and local press to reach older adults as not everyone has electronic media ▪ South West Yorkshire Partnership are planning to send older people a postcard to their homes and would be interested in suggestions around language to help engage. <p>Question: Have you considered a strategy for when lockdown eases and after the pandemic in engaging Older Adults?</p> <p>Responses:</p> <ul style="list-style-type: none"> ▪ We intend to utilise the Champions leads to look at how people can access services again and will also use new trainee PWP's to help with service and health promotion. ▪ TEWV admin team are putting together a FAQ document to share as good practice. ▪ Jen Hague explained that from a training point of view the University of Sheffield have specific PWP and CBT lectures around adaptations for Older Adults and the guide and its recommendations will be something they will use to update and integrate into the lectures on the courses. 	
3.	<p>Senior PWP Network Update – Heather Stonebank, IAPT Advisor, Yorkshire and the Humber Clinical Network</p> <p>Heather Stonebank gave the attendees an update from the Senior PWP Network meeting held on 2 February 2021.</p> <p>Topics covered during the Senior PWP Network meeting included:-</p> <ul style="list-style-type: none"> ▪ Senior PWP Leadership Programme Application Process ▪ Sharing Best Practise in Supporting Trainees: Discussion ▪ IAPT Preceptorships – What should this include? Working Group Session ▪ Appreciating Step 2: Round Table Discussion <p>Please see the presentation slides for further information.</p> <p>Question: James Walton asked whether there were any provisional dates for the application process for the proposed Senior PWP Leadership programme yet?</p> <p>Answer: Andy Wright stated that we hope the first SPWP leadership course will start in the summer.</p> <p>Jen Hague, from the University of Sheffield, stated that the university was excited at the investment in the Senior PWP Leadership programme and thanked all for the support given to PWP's.</p> <p>Sarah Boul confirmed that the first Preceptorship Task and Finish Group meeting will be held on 5 March 2021 and thanked all the people who have agreed to join and help to shape the project.</p>	
4.	<p>Health Education England Update: Training Demand Survey 2021/22, Centralised Application Process and Apprenticeships – Mike Lewis,</p>	

Programme Manager, Health Education England and Sarah Boul, Quality Improvement Manager, South Yorkshire and the Humber Clinical Network

Sarah Boul and Mike Lewis presented to the attendees on the Training Demand Survey 2021/22, the Centralised Application Process and Apprenticeships.

Training Demand Survey for 2021/22

Sarah Boul explained that the demand scoping survey for Core IAPT training places for HITs and PWPs in 2021/22 is now live and can be accessed and completed via the following link:-

<https://healtheducationyh.onlinesurveys.ac.uk/iapt-application-2021-22-core-hits-pwps>

The deadline for completing the survey is **19 March 2021**.

Key points regarding the Training Demand Survey for 2021/22 are highlighted below:-

- A further survey regarding IAPT approved modality and supervision training will be circulated in due course.
- As in previous years HEE will provide the funding for the tuition costs directly to the universities for both High Intensity Therapists (HITs) and Psychological Wellbeing Practitioners (PWPs).
- Employers will receive funding for the salary costs in line with the nationally agreed funding model: HEE will provide 60% of the salary funding directly to employers and the remaining 40% will come to employers from their local Clinical Commissioning Group (CCG).
- **Employers must obtain prior approval from CCG commissioners for the 40% salary support**, except where the employer is prepared to fund the salary support themselves.
- Employers must ensure there is adequate supervisory capacity in place for all IAPT trainees for the duration of their training.
- Carefully consider **your outlined trainee trajectories** when completing this demand survey, bearing in mind that you may also be asked to make up a percentage of any shortfall from 20/21.
- From Autumn 2021 **IAPT PWP apprenticeship training** will be available

IAPT PWP Apprenticeship Training for the North East and Yorkshire and the Humber

The main aim of the apprenticeship scheme is to recruit a more diverse and local workforce, enabling people without a degree but with relevant experience to train as PWPs. Recruiting a more local workforce will in turn improve staff retention.

Key points regarding the IAPT PWP Apprenticeship Training are highlighted below:-

- The IAPT PWP apprenticeship was recently approved for delivery and a number of regional and national providers have been appointed to deliver the apprenticeship training. The training providers appointed are:
 - Teesside University
 - Liverpool John Moore University
 - London South Bank University
 - Solent University
 - Staffordshire University
 - University of Essex
 - University of Exeter
- Health Education England and NHS England and NHS Improvement have created a frequently asked questions document that has been circulated to all providers and commissioners across Yorkshire and the Humber Clinical Network.

- Health Education England and NHS England and NHS Improvement will also be hosting a webinar on 12 April 2021, 14:00-15:30 to provide more detail on the apprenticeship and give an opportunity for questions and answers. A link will be circulated when available.
- From Autumn 2021 IAPT PWP apprenticeship training will be available alongside Core IAPT trainees. The education costs would be funded out of the apprenticeship levy, but salary support would be the same process as for core trainees: 40% CCG funded and 60% centrally funded. Please do consider the apprenticeship as part of your core training demand survey completion. Should you indicate that this is a possibility we will discuss this further with you before making final allocations of places.

Proposed Centralised Application Process

Sarah Boul explained that it is a challenging piece of work and the team want to engage with services, commissioners, HR and all other relevant parties. Sarah Boul continued that a steering group has been established but the stumbling block is HR involvement.

The principles for the proposed centralised application process are:-

- The proposed centralised application process would be across the North East and Yorkshire and the Humber patch
- Coordinated advertising of trainee posts – separate service descriptions but single process
- Single application form and up to three preferences of service
- HR 'SPA' receives and sorts all application forms
- First choice service shortlists and interviews – jointly with HEI
- Candidates not shortlisted or interviewed and not appointable are informed they've been unsuccessful
- Candidates deemed appointable but not offered a post are passed onto second (and then third) choice service
- Subsequent services can accept outcome of interview, review recording or re-interview (face-to-face or by telephone)
- Candidates declining a post will not be offered any others
- Appointable candidates not offered a post in any of their choices will be offered any training posts which remain unfilled
- HR SPA will maintain a database and use this to understand patterns and issues

Please see the presentation slides for further information.

ACTION: Please review the Refresh on the Overview of Proposed Process for Centralised Applications on slide 30 in the attached presentation slide pack and feedback comments to sarah.boul@nhs.net

All

ACTION: Please let Sarah Boul – sarah.boul@nhs.net – have details of any questions or ideas regarding staff retention.

All

Jen Hague, the University of Sheffield agreed that any HI centralised process will also need to include the KSA aspect of the process.

Question: Andy Wright stated that on the national call there was a conversation about a one off HIT trainee scheme for people who were not already PWPs. Andy Wright asked whether that initiative would affect the final numbers?

Answer: Mike Lewis explained that the numbers are over and above the 2020/21 funding and in the Yorkshire and the Humber region there is capacity for an additional eight trainee places.

	<p>Question: Rhyann Morley asked would the none under-graduate route allow for people to become a HIT? Answer: Yes</p> <p>Question: Lisa Haggart asked would the central application process be for HI and LI applicants? Answer: Yes that is the intention for both - HI and PWP</p> <p>ACTION: Jen Hague asked all services to ensure that the University of Sheffield have the current and correct contact details for whoever is leading on recruitment in each service to enable better communication. Please send contact details to:- iaptadmin@sheffield.ac.uk</p>	All
5.	<p>Overview of the IAPT Maturation Tool – Simon Bristow, Mental Health System Improvement Team</p> <p>Simon Bristow presented to the attendees on the IAPT Maturation Tool. Please see the presentation slides for more information.</p> <p>Question: Liz Holdsworth asked what level of support can be provided to complete the Maturation Tool? Answer: Sarah Boul confirmed that support is available and people can contact:-</p> <ul style="list-style-type: none"> ▪ Sarah Boul, Clinical Network – sarah.boul@nhs.net ▪ Simon Bristow – simon.bristow@nhs.net <p>Question: Georgie Thrippleton asked when the tool is likely to be published? Answer: Simon Bristow confirmed that the final version of the Maturation Tool will be available by the end of March 2021.</p> <p>Georgie Thrippleton advised that Humber Coast and Vale ICS would like to lead on a pilot project and then share learning with South Yorkshire and Bassetlaw ICS and West Yorkshire and Harrogate ICS.</p> <p>ACTION: Please contact Sarah Boul – sarah.boul@nhs.net – if your service is interested in piloting the IAPT Maturation Tool.</p> <p>Simon Bristow concluded by encouraging attendees to join the FutureNHS Platform to access the full range of tools being produced by the Mental Health System Improvement Team. https://future.nhs.uk/connect.ti/MentalHealthSystemImprovement/grouphome</p>	All
6.	<p>Key Messages from the National IAPT Programme – Sarah Boul, Quality Improvement Manager, Yorkshire and the Humber Clinical Network</p> <p>Sarah Boul shared the key messages from the National IAPT Programme which included:-</p> <p>Access Targets</p> <p>The National IAPT Programme confirmed that there has not been national agreement to reduce that national access rate. However, there were a number of changes to access targets in 2020/21 which may be helpful to review:</p> <ul style="list-style-type: none"> ▪ The way of monitoring access was changed from 2020/21, as part of the move to the new prevalence estimates for the remainder of the NHS Long Term Plan (LTP). The LTP ambitions tool provides a trajectory that CCGs should be working towards that phases in the new prevalence rates so there are not any large jumps. As part of this change access is being monitored against these access numbers instead of access rates. The 	

	<p>impact of the phased in approach does mean in some areas the trajectories are lower than if the 25% of old prevalence had been applied, but there has not been a reduction in the overall access rate.</p> <p>ACTION: Please contact Sarah Boul if you need a copy of the LTP ambitions tool with the trajectories - sarah.boul@nhs.net</p> <p>IAPT Quarter 2 Data Release Update</p> <ul style="list-style-type: none"> The IAPT Version 2 dataset was introduced mid-quarter, in September 2020, and as such it was deemed too problematic to utilise the two different datasets to provide the quarterly values for Quarter 2 2020. The introduction of the version 2 dataset mid-quarter raised concerns around the integrity of the data, given some of the changes in the methods of calculation and changes to outcome measures. Quarter 3 data will be released on Thursday 11 March 2021. <p>COVID Data Items</p> <ul style="list-style-type: none"> IAPT providers are expected to see an increase in mental health issues as a direct result of the pandemic. NHS England and NHS Improvement have issued guidance to detail the SNOMED codes recommended for submission to the IAPT dataset for recording occupational exposure to COVID and whether a patient is suffering from Long-COVID. These will be used for national analysis of IAPT data and should also be appropriate for local use. <p>National Webinar Monthly Series</p> <ul style="list-style-type: none"> The next national monthly webinar will be held on Tuesday 2 March 2021, 13:30 till 15:00, and will focus on 'Improving older people's access to and experience of talking therapies'. The link to this webinar can be found here. <p>Library Updates</p> <ul style="list-style-type: none"> Translation materials Chalder Fatigue Scale <p>Please see the presentation slides for further information.</p>	All
7.	<p>Reflections on the Day and Any Other Business – All</p> <p>Question: Naomi Holdsworth asked if other services had reduced staff contacts due to COVID burnout/pressure? And if so what have they reduced it to?</p> <p>Responses:</p> <ul style="list-style-type: none"> Andy Wright, TEWV – we have had to make reasonable adjustments due to COVID illness, schools opening/closing and availability of critical worker places. Liz Holdsworth, SWYPT – have made reasonable adjustments for individuals around personal circumstances. Debra Bray-Menezes, TEWV – we have made reasonable adjustments according to individual circumstances e.g. home schooling. Jan Thompson, Leeds - We haven't officially reduced numbers but work with people on an individual basis and are taking a compassionate approach Lorna McKinley, Humber FT - We haven't as yet generally reduced contacts but are just starting to look at this for PWPs due to increased complexity and will do this if step 3 has increased trauma work. We have made individual adjustments due to personal needs. Dawn Barnes, City Healthcare Partnerships - We have reduced contacts slightly for PWP and HIT to reduce staff burnout. We will be reviewing at 	

	<p>end of March.</p> <p>Andy Wright thanked everyone for attending and for their contributions to the high quality conversations despite all the pressures of the current pandemic.</p> <p>Andy Wright further thanked the attendees on behalf of Yorkshire and the Humber Clinical Network for making the network so successful and for all the hard work they continue to do in difficult circumstances.</p>	
	<p>ITEMS FOR INFORMATION:</p>	
	<p>Future Meetings: The next IAPT Providers' Network meeting will be on 26 May 2021 from 10:00-12:30 via MS Teams.</p>	