

Yorkshire and the Humber Liaison Mental Health Network
Minutes
4 March 2021 10:00-12:00
Microsoft Teams

No.	AGENDA ITEMS	Action By
1.	<p>Welcome and Introductions – Katie Martin, Yorkshire and the Humber Clinical Networks Clinical Advisor & Consultant Liaison Psychiatrist</p> <p>Katie Martin welcomed everyone to the meeting and invited attendees to introduce themselves.</p>	
2/3.	<p>Liaison Mental Health Yorkshire and the Humber Core 24 and Alternative Model and Service Updates - Katie Martin, Yorkshire and the Humber Clinical Networks Clinical Advisor & Consultant Liaison Psychiatrist</p> <p>Katie Martin updated attendees on the Liaison Mental Health Yorkshire and the Humber Core 24 and Alternative Model followed by a Liaison Mental Health Service update.</p> <p>Katie Martin confirmed that every service in Yorkshire and the Humber had been successful in their bids for transformation funding.</p> <p>In total Yorkshire and the Humber will have 11 x Core 24 services and 5 x Alternative Models as detailed below:-</p> <p>Humber Coast and Vale ICS –</p> <ul style="list-style-type: none"> • 2 x Core 24 liaison services (or more enhanced) in Hull and York • 2 x Alternative Model liaison services serving smaller acute hospitals in NAVIGO (Grimsby) and RDaSH (Scunthorpe) who were successful in wave 2B funding. • 1x Alternative Model at Scarborough General Hospital was successful in wave 3 funding. <p>South Yorkshire and Bassetlaw ICS –</p> <ul style="list-style-type: none"> • 4 x Core 24 services from wave 1 and 2 funding • 1 x Alternative model for Bassetlaw was successful in wave 3 funding <p>West Yorkshire and Harrogate ICS -</p> <ul style="list-style-type: none"> • 4 x existing, enhanced and/or comprehensive, Core 24 services. • 1 x Core 24 liaison service for Bradford was successful in wave 3 funding • 1 x Alternative Model for Airedale was successful in wave 3 funding. <p>Katie Martin then invited attendees to discuss any issues, feedback or updates on the work happening within their services.</p> <p>Responses included:</p> <ul style="list-style-type: none"> • Tyra Sutton, Scarborough, TEWV explained that following confirmation of their transformation funding in November 2020 the team set up workshops to look to improve the interface between crisis teams and pathways which benefited from the appointment of a project lead. Recruitment is an ongoing issue and the service is currently on the second wave of recruitment whilst looking to support their existing staff. However, work is 	

continuing which together with positive feedback from the local acute service means that the liaison team are excited about what the new vision looks like and are looking forward to the new way of working.

- Chris North, Bradford District Care NHS FT, confirmed that the services are aware they have been successful with the hybrid bid covering Bradford and Airedale. The team are currently looking at how best to deploy these resources whilst also looking at recruitment. Unfortunately, the work may not be seen as a priority within the Trusts as they look to re-start services and COVID recovery.

Katie Martin recognised that everyone will be at different stages of implementation especially while providers look to restart business as usual following COVID.

Katie Martin advised the attendees that herself and Vicky Dodds have carried out assurance work across the North and confirmed that recruitment is a reoccurring theme across the region. It was highlighted that NHSE&I are looking at mental health professional recruitment as a whole.

Katie Martin then asked services who have already received funding and are running services for an update as to how they have dealt with sustaining recruitment and retention.

Responses included:

- Yasmin Ahmed, Harrogate, TEWV stated that Harrogate were lucky with staff retention although we have experienced sickness absences, but staff numbers are ok. However, they are experiencing issues with other teams wanting to “poach” existing liaison staff.

- **Question:** Yasmin Ahmed asked if anybody else had experienced staff being “poached”?

Answer/Response:

Paul Fotherby, LYPT, replied that as managers you like to encourage development but also need to understand why people want to move from your team. Paul Fotherby agreed that it is important to put the work in in advance as previously stated by Tyra Sutton stated ie. workshops, developing processes along with good working relationships within the team and acute trusts. Paul Fotherby continued that in acute A&E teams they have been looking at widening the skill set of people coming into the team which wasn’t initially considered.

- **Question:** Paul Fotherby asked – do you know how many are in training?
Answer: Katie Martin replied that she did not have any current numbers. However, it is essential to make posts attractive and ensure trainees have a great and interesting experience in liaison. Furthermore, a great team is important coupled with working together in a multi-disciplinary environment.
- Chris North asked where do we source the people who have the right skills and interest as liaison work can be a culture shock if you have never worked in the environment before?
- Chris North continued by informing the attendees that Bradford have recruited a Registered General Nurse (RGN), with an interest in mental health, who has proved to be a valuable asset to the team.
- Helen Embleton, TEWV informed the attendees that they have established Core 24 services in the North East but as transformation funding develops in other areas of urgent care eg. crisis, ambulance services, street triage there is a pull for core skilled people to move into those roles.

	<ul style="list-style-type: none"> • Helen Embleton continued that nationally peer support, VCS and other agency roles in liaison mental health are being explored. • Tyra Sutton explained that in Scarborough the winter pressure monies had been used to fund peer support workers through “Scarborough Survivors” which resulted in positive feedback from the acute staff. • Yasmin Ahmed stated that she thought empathy for mental health had improved during COVID with acute trusts asking for more information so maybe they will be more sensitive and supportive towards liaison mental health patients. • Katie Martin confirmed that there was more willingness from acute colleagues to sit down and discuss patients. <p>Katie Martin thanked all for their contribution and interesting conversation, noting that learning is still on-going even in established teams.</p>	
<p>4.</p>	<p>Resilience Through the Pandemic: Looking After Your Own and Staff Wellbeing – Vicky Jervis, Clinical Psychologist and Emma Hamblin, Programme Manager, Tees Esk and Wear Valley NHS FT</p> <p>Emma Hamblin and Vicky Jervis presented to the attendees on “Resilience through the pandemic: looking after your own and staff wellbeing” including protecting staff wellbeing, people working at home, frontline workers and people in leadership roles.</p> <p>Please see the presentation slides for further information.</p> <p>Question: Katie Martin asked what the uptake of wellbeing interventions had been in TEWV?</p> <p>Answer: Vicky Jervis explained that in the first wave of COVID people were too busy to think about or ask for help but Vicky and her team made sure that staff knew they were available and that they cared. During the second wave despite staff being tired and needing to “get on with it” the drop-in sessions were busy which meant the team were able to signpost staff to the appropriate help. The distress was more visible in the second wave.</p> <p>Question: Will wellbeing interventions and help still be available as Trusts return to “business as usual”?</p> <p>Answer: Some Trusts already have permanent staff wellbeing. Unfortunately, all Trusts need to invest in staff wellbeing as it can be 5-6 years down the line before the trauma comes out.</p> <p>Katie Martin encouraged everyone working in liaison mental health to recognise their own mental health wellbeing.</p>	
<p>5.</p>	<p>Long COVID – An Overview of NICE Guidelines, Service Offer and Group Discussion About Liaison Involvement – John Bottomley, Consultant Psychiatrist, RDaSH NHS FT</p> <p>John Bottomley presented to the attendees on Long COVID including an overview of the NICE guidelines and the current Long COVID service offer from Rotherham, Doncaster and South Humberside NHS FT.</p> <p>Please see the presentation slides for further information.</p>	

	<p>The following links were shared by Katie Martin:-</p> <p>https://www.nice.org.uk/guidance/ng188</p> <p>https://www.bmj.com/content/370/bmj.m3026</p> <p>http://www.yourcovidrecovery.nhs.uk/</p> <p>Katie Martin congratulated John Bottomley on the fantastic work RDaSH have done so far.</p> <p>Katie Martin explained that York have a critical care clinical psychology service which is funded until June 2021 but discussions on the future of the work after June 2021 need to happen.</p> <p>Question: Katie Martin asked how RDaSH managed to get everyone round the table to have the discussions and form the Long COVID pathway?</p> <p>Answer: John Bottomley replied that at the start of COVID-19 the Trust formed different forums including a weekly Primary Care Network, with a Primary Care Cell, meeting with good participation from GPs and commissioners so the Primary Care links were already established and provided a good vehicle for dialogue as to how they wanted the pathway to develop. Similarly, there is a Clinical Reference group across the acute trust, the community mental health trust, commissioners and primary care where the four parties get together once a month so again there was already ongoing mature conversations and a forum to look at challenging issues and deliver at pace.</p>	
6.	<p>Summary - Dr Katie Martin, Yorkshire and the Humber Clinical Networks Clinical Advisor & Consultant Liaison Psychiatrist</p> <p>Katie Martin thanked the presenters and everyone for attending the network event.</p>	
	<p>ITEMS FOR INFORMATION:</p>	
	<p>Future Meetings:</p> <p>The next Liaison Mental Health Network meeting will be held, via MS Teams, on 10 June 2021 10:00-12:00</p>	