

## Yorkshire and the Humber Mental Health Clinical Network

### Older People in IAPT Conference

Thursday 22 June 2017, 10:00-16:00

Hilton Leeds City, Neville Street, Leeds, LS1 4BX

#### AGENDA

Time	Item	Title	Lead
10:00		Arrival, Registration and Refreshments	
10:30	1	Welcome and Introduction to the Older People's Mental Health Programme	Professor Alistair Burns, Professor of Old Age Psychiatry, University of Manchester & National Clinical Director for Dementia and for Mental Health in Older People, NHS England
11:00	2	Increasing Older Adult Access to Psychological Therapies in North Yorkshire: The Journey So Far	Alison Hobbs, Clinical Lead and Louise Unitt, Senior PWP, North Yorkshire IAPT Service
11:30	3	Sheffield Health and Social Care: Older Adults Overcoming Worry Group Research Study	Manreesh Bains, Older Adults Psychologist and Heather Stonebank, Lead PWP, Sheffield Health and Social Care
12:00	4	Innovative Treatment for Depression in Older People	Dean Mcmillan, Senior Lecturer in Mental Health Services Research, University of York
12:30		Lunch and Networking (1 hour)	
13:30	5	Low Intensity Interventions for Older Adults and Carers	Dr Joanne Woodford, Clinical Education, Development and Research (CEDAR), University of Exeter
14:15	6	Increasing Access to Older Adults from BAME Communities	Dr Beverley Costa, Chief Executive Officer and Clinical Director, Mothertongue
15:00		Tea and Coffee Break (20 minutes)	
15:20	7	Q&A Panel Discussion	All Speakers
15:50	8	Summary of the Day, Future Steps and Evaluation	Ursula James, IAPT Programme Manager, NHS England
16:00	9	Close	