

Table Top Discussions on Actions to Take Forward

Summary Feedback of Service Pledges

Pledges made following the Recovery Masterclass:

- To ensure the service has accurate reporting and reports are used collaboratively with patients
- Share reporting information with therapists and use reporting to identify individual therapist recovery rates
- Refresh staff on the problem descriptor definitions and ensure they focus on these in assessments
- Ensure good communication with front line staff and share key messages around improving recovery
- To ensure the patient voice is heard in commissioning meetings
- Share patient recovery rates with the patient on print outs to chart their progress
- Monitor data by therapist and share the outcomes each month via email
- Create a dashboard to measure recovery
- Make a transition from recording reliable improvement to recording recovery rates
- Encourage clinicians to use case studies on recovery in team meetings and clinical skills sessions
- Network with other IAPT Providers'
- Send the definition of recovery to therapists and ensure the definition is displayed in clinic rooms
- Remind therapists that the target for recovery is 50% not 100%
- Remind staff that IAPT services are commissioned to see a certain set of patients – the service must not see complicated patients at the expense of those it is commissioned to serve