

Physical Health Checks in Serious Mental Illness - Update (3)

April 2019

The Yorkshire & the Humber Clinical Network has compiled the following update to provide an update and information for CCGs.

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Contacts

If you would like to discuss any of the items included in this document or would like further information about Physical Health Checks in Serious Mental Ill-health please contact:

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Patients in remission

There have been queries received about patients on the SMI register who are in remission. This subject is being investigated in order that we can provide you with guidance on remission codes, reporting and other related matters. It is hoped to send out this guidance in the next few weeks.

2019/20 update

The 2019/20 technical guidance is now available at the link below:

<https://www.england.nhs.uk/statistics/statistical-work-areas/serious-mental-illness-smi/>

The National team advise the reporting schedule for 2019/20 will be updated on the SDCS website shortly. Once published the schedule will be included in our next newsletter. The first return for 2019/20 is to be in July 2019. The SDCS website can be accessed below:

<https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/serious-mental-illness-smi>

SDCS data collection

The team have been asked for guidance with respect to the information which SDCS will require when making a submission. Below can be seen a summary of the information required, including the expanded indicators.

SDCS collection: current and expanded indicators (1/2)

Current 2018-19 collection:

Part 1: the standard measure

- the number of people on the GP SMI registers who have received the full comprehensive physical health assessment (each element 1-6 below).

Part 2: supporting measures

- the number of people who have received:
 - a measurement of weight (BMI or BMI + Waist circumference);
 - a blood pressure and pulse check (diastolic and systolic blood pressure recording + pulse rate);
 - a blood lipid including cholesterol test (cholesterol measurement or QRISK measurement);
 - a blood glucose test (blood glucose or HbA1c measurement);
 - an assessment of alcohol consumption;
 - an assessment of smoking status.
- Parts 1 & 2 are core measures.
- Considers primary care only.

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Expanded 2019-20 collection:

Parts 1 & 2

Part 3: additional elements of the health check

- the number of people who have received:
 - an assessment of nutritional status, diet and level of physical activity;
 - an assessment of use of illicit substance/non prescribed drugs;
 - medicines reconciliation or review

Part 4: follow-up interventions

- the number of people who have received:
 - weight management intervention;
 - blood pressure (lifestyle intervention and pharmacological intervention);
 - blood glucose (prediabetic and diabetic interventions);
 - alcohol consumption intervention;
 - smoking intervention;
 - substance misuse interventions;
 - other follow-up interventions related to blood lipid measurements and an assessment of nutritional status, diet and level of physical activity;
 - other follow-up interventions related to blood lipid (including cholesterol).
- Bespoke denominators for the appropriate patient cohorts will be provided in the technical guidance.

Part 5: access to national screening (next slide)

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SDCS collection: current and expanded indicators (2/2)

Current 2018-19 collection:

Part 1: the standard measure

- the number of people on the GP SMI registers who have received the full comprehensive physical health assessment (each element 1-6 below).

Part 2: supporting measures

- the number of people who have received:
 - a measurement of weight (BMI or BMI + Waist circumference);
 - a blood pressure and pulse check (diastolic and systolic blood pressure recording + pulse rate);
 - a blood lipid including cholesterol test (cholesterol measurement or QRISK measurement);
 - a blood glucose test (blood glucose or HbA1c measurement);
 - an assessment of alcohol consumption;
 - an assessment of smoking status.
- Parts 1 & 2 are core measures.
- Considers primary care only.

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Expanded 2019-20 collection:

Parts 1 & 2

Part 3: additional elements of the health check (previous slide)

Part 4: follow-up interventions (previous slide)

Part 5: access to national screening

- the number of people who have accessed:
 - cervical cancer screening;
 - breast cancer screening;
 - bowel cancer screening;
- Bespoke numerators and denominators for the appropriate patient cohorts will be provided in the technical guidance.
- Parts 1 & 2 are core measures (as per 2018/19 collection).
- Parts 3-5 are for understanding of service delivery and for local benchmarking.
- Considers any setting.

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Sharing Best Practice

Contact with CCGs over the past 6 months has identified a wide range of approaches to this work, some working better than others. Each CCG has their own plan for incentivising doctors, or not, engaging patients and collecting data. It has been possible to share anecdotal, anonymous, information during contact calls but some have expressed a wish to discuss best practice and experiences in more detail.

If you are prepared to share your experiences with other CCGs in Yorkshire and Humber please email heidi.robinson@nhs.net to confirm your details may be shared across the area.