

# Physical Health Checks in Serious Mental Illness - Update (2)

February 2019

The Yorkshire & the Humber Clinical Network has compiled the following update to provide an update and information for CCGs.

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## Contacts

If you would like to discuss any of the items included in this document or would like further information about Physical Health Checks in Serious Mental Ill-health please contact:

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## PH in SMI - age groups

The team have recently been asked why the physical health checks for patients with serious mental illness relate only to patients aged 18 years and above. The National team have responded to the query saying:-

*Individuals under 18 years old may be on the GP SMI register, if they are they would be included in the numerator and denominator for reporting. Clinicians should follow NICE guidelines for Psychosis and schizophrenia in children and young people: recognition and management:*

<https://www.nice.org.uk/guidance/cg155>.

## Data Collection

Guidance notes were sent to all CCGs around 21st January providing information about clinical system reporting software. For those who do not already have the software which enables electronic data capture from practice clinical systems, it is recommended that you read the guidance and consider contacting the appropriate company to discuss this further.

## Project Update

The project team are pleased to say that engagement by CCGs in Yorkshire and Humber with the new update process is good. Although it has not yet been possible to speak to all the CCGs on a regular basis, the majority have begun a monthly cycle of updates.

A related piece of work has begun in relation to SMI patients who are in prison. Many of the CCGs have provided valuable information about how local practices deal with these SMI register patients during their absence. It is hoped that further work will enable us to share with you in the near future guidance to share with practices to ensure consistent recording and treatment of SMI patients in prison. It is likely that by correcting any issues in relation to the recording of such patients the PH in SMI figures will improve, however slightly.

## Sharing Best Practice

Contact with CCGs over the past 3 months has begun to identify a wide range of approaches to this work, some working better than others. Each CCG has their own plan for incentivising doctors, or not, engaging patients and collecting data. It has been possible to share anecdotal, anonymous, information during contact calls but some have expressed a wish to discuss best practice and experiences in more detail.

If you are prepared to share your experiences with other CCGs in Yorkshire and Humber please email [heidi.robinson@nhs.net](mailto:heidi.robinson@nhs.net) to confirm your details may be shared across the area.

## Reporting - Key Dates

Below can be seen the schedule for submission for the remainder of 2018/19.

Data period	Collection opens	Submission deadline	Publication
Q4 2018/19	2019-04-01	2019-04-17	2019-05-09*