

Physical Health Checks in Serious Mental Illness - Update (2)

January 2019

The Yorkshire & the Humber Clinical Network has compiled the following update to provide an update and information for CCGs.

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Contacts

If you would like to discuss any of the items included in this document or would like further information about Physical Health Checks in Serious Mental Ill-health please contact:

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Project Update

The project team have begun contacting each CCG in Yorkshire and Humber to discuss the SMI physical health checks in more detail. Discussions have taken place around the agreed trajectories, progress made, plans for achieving the targets and issues being experienced to date.

Some CCGs have already provided detailed information about their plans, whilst others are still at the planning stage. We feel it useful to speak to each CCG on a monthly basis to gather updates which will inform our activity going forward. If you have not already begun these discussions please contact Heidi Robinson (details above) to book a convenient date and time to talk.

A variety of questions have been asked during the conversations already held, and we have used these to create a 'Frequently Asked Questions' guidance sheet, a copy of which will be sent to you in due course.

Frequently Asked Questions

The FAQ guidance sheet mentioned above has been generated following receipt of a wide range of questions from CCG colleagues. Below can be found a selection of questions and answers from the guidance on key topics.

Trajectories

Q: Where have the trajectory figures come from?

A: Projected figures were set by the National team, to help inform locally determined trajectories, and communicated to each CCG during the summer of 2018. If a CCG challenged the projections new figures were negotiated, where no challenge was received the National figures were taken as agreed.

Q: How is delivery of this trajectory going to be monitored?

A: The new mandatory quarterly reporting via SDCS will support the monitoring process, but this will be supplemented by regular contact from the team Project Officer, and discussion about how the trajectory is to be achieved, issues identified and support required. The Q4 return will be used to determine whether 2018/19 trajectories were met.

Q: How will the trajectories for 2019/20 be decided? And when?

A: Through the 2019/20 operational planning cycle. Please refer to the NHS England website for more information and updates: <https://www.england.nhs.uk/deliver-forward-view/>. The [NHS Operational Planning and Contracting Guidance 2019/20](#) reiterates the requirement that at least 60% people with a severe mental illness should receive a full annual physical health check.

Templates

Q: Is there a recommended template for recording the physical health check?

A: There are a number of templates in use across the country by different organisations, and on different clinical systems. The 'Bradford template' is available in the system templates of both EMISWeb and SystemOne. Instructions for use of the template can be found in the guidance attached at the end of this document.

Q: Does the Bradford template record all 12 indicators necessary from 2019/20?

A: The template currently only allows the recording of the initial 6 indicators, but a re-design is taking place to align to NHS England commissioning guidance fully. It is hoped that this re-design will be complete by April 2019.

Data Collection

Q: How can we obtain this information from practices?

A: This information can either be obtained manually or electronically from the CCGs commissioned provider which will either be the GP practices in each CCG area or where an enhanced service is in place, the provider delivering these e.g. a mental health Trust delivering in a primary care setting.

Q: How does the manual collection of data work?

A: As part of the contracted service specification, the CCG would need to require that every provider in their area provide all the numbers required each quarter in a spreadsheet. The information provided by each practice will then need to be manually input to SDCS.

Q: How does electronic collection of data work?

A: Each CCG has the option to purchase the reporting software for their particular clinical system. It may be that they need to buy more than one, if practices use different systems. The reporting software will have the facility for searches to be created which will pull the relevant numbers from the practice clinical systems. Some software may require a practice to 'opt in' otherwise their data cannot be obtained. The data obtained is anonymous, and is loaded into a spreadsheet. The data will then need to be manually input to SDCS.

Q: How does the collection of data fit with GDPR?

A: This is an aggregate collection considering the numbers of physical health checks delivered on a CCG-level in primary care settings. There is no exchange or reporting of record-level information. Risk of Disclosure Review documentation identified the data collection, reporting and monitoring process as low-risk. Please also note that this data collection was approved by the Data Coordination Board as confirmed by the DCB Assurance Certificate.

CCGs have a delegated responsibility to improve physical healthcare for people with SMI in line with their legislative duties for addressing equalities and health inequalities. In accordance with the Public Sector Equality Duty, section 149 (1) of the Equality Act 2010 and the Health and Social Care Act 2012, CCGs alongside other bodies have duties regarding:

- eliminating unlawful discrimination under the Equality Act 2010;
- advancing equality of opportunity;
- fostering good relations;
- reducing health inequalities in access to health and health outcomes; and
- improving services and developing more integrated services.

The data collection links to CCGs' Statutory functions and responsibilities to reduce health inequalities, and to improve and integrate services providing physical healthcare for people with SMI. This is an important part of a broader CCG and STP-level commitment to reduce premature mortality across the SMI cohort.

Guidance on the rights of individuals to opt out of the usage of confidential patient information for research and planning purposes is available on the NHS Digital National data opt-out programme website. The resources include information on exemptions from the opt-out. Note that in General Practices, the national data opt-out programme has replaced the previous 'type 2' opt-out.

Reporting - Key Dates

Each CCG has recently submitted the Quarter 3 physical health check in SMI data for their practices. The collated data will be available to the team for review in the near future. Below can be seen the schedule for submission for the remainder of 2018/19.

Data period	Collection opens	Submission deadline	Publication
Q4 2018/19	2019-04-01	2019-04-17	2019-05-09*

Reporting – Rolling 12 month period

The new national SDCS submission of data uses a rolling 12 month position for each of the health check areas. The reason for the use of the rolling 12 month period is that NHS England commissioning guidance states all adults on the SMI register should receive the full list of recommended physical health assessments as part of a routine check at least annually. Through rolling annual submissions, the SDCS collection aligns to the annual delivery of the health check specified in the commissioning guidance, while recognising that individual elements of the physical health check can be carried out at different times. All 6 elements of the check would need to be carried out between those specified dates for the check to also count as a full physical health assessment delivered in the 12 months to the end of the reporting period.

CCGs have set trajectories for the quarterly delivery of physical health checks and follow-up care in primary care settings. The rolling year's data gives indicative information against these trajectories but we will only be able to determine confidently whether the trajectories have been met at the end of Q4, as this will tell us how many people on the GP SMI register received the comprehensive check in 2018/19.

Training and Education

Events

Learning events for attendees from both CCGs and GP practices are in the planning stage for later this year. These will be held at venues in North Yorkshire and Humber, South Yorkshire and West Yorkshire to make them more accessible.

Invitations will be sent out in due course for the events, but if you wish to register your interest now please contact Heidi Robinson, Project Officer, on heidi.robinson@nhs.net.