

**Yorkshire and the Humber  
Senior Psychological Wellbeing Practitioners Network**

**3 November 2020, 10am – 12:30pm**

**Microsoft Teams:  
How to join this meeting if you have Microsoft Teams**

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UK: 020 3855 4234, Conference ID: 512 523 455# Leader PIN: 55002

**AGENDA**

Time	Item	Title	Lead
10.00	1	Welcome, Apologies and Introductions and Checking In	Andy Wright, Clinical Networks
10.20	2	Wellbeing Exercise – Desk Exercises	Sarah Boul, Clinical Networks
10:30	3	Adaptations and Opportunities: Part 1 – Group Supervision and Remote Working	Poppy Danahay, North Yorkshire IAPT / All
<b>11:00</b>		<b>Tea and Coffee Break (5 minutes)</b>	
11:05	4	Adaptations and Opportunities: Part 2 – MS Teams Live and Supporting Trainees	Heather Stonebank, Sheffield IAPT / All
11:35	5	IAPT Wellbeing Workshops Feedback and Discussion: what next with your learning?	Andy Wright, Clinical Networks / All
11:55	6	IAPT Preceptorships	All
12:05	7	IAPT Leadership Training Offer Next Steps	Andy Wright, Clinical Networks / All
12:15	8	Any Other Business and Checking Out - Digital IAPT: <a href="https://www.nice.org.uk/about/what-we-do/our-programmes/nice-advice/improving-access-to-psychological-therapies--iapt-submitting-a-product-to-iapt">https://www.nice.org.uk/about/what-we-do/our-programmes/nice-advice/improving-access-to-psychological-therapies--iapt-submitting-a-product-to-iapt</a>	All
<b>12:30</b>		<b>Close</b>	

