

## Yorkshire and the Humber Senior PWP Network

### Minutes

13<sup>th</sup> October 2016, 09:30-12:30

Cosmopolitan Hotel, Leeds

No.	AGENDA ITEMS	Action By
1.	<p><b>Welcome, Apologies and Introductions</b></p> <p>Sarah Boul welcomed everyone to the inaugural meeting of the Yorkshire and the Humber Senior PWP Network and conducted introductions and apologies.</p>	
2.	<p><b>Setting the Scene for the Senior PWP Network</b></p> <p>Andy Wright introduced himself to the attendees and advised of the dual role he holds in terms of working for the Clinical Network and working in an IAPT service.</p> <p>Andy outlined the role of the Clinical Network and emphasised that the Network gives Providers an opportunity to interface with NHS England. Andy also emphasised that the Clinical Network aims to improve quality across a complex health environment and works to bring together all parts of the health and social care sector to make tangible change and improve services.</p> <p>Andy stressed that the Yorkshire and the Humber geography is very large and varied and each IAPT service is uniquely different because they are working to best meet the needs of their local population. The Clinical Network creates space for people to come together, working across boundaries, and share. The Clinical Network works to promote consistency of quality but with flexibility for local variation.</p> <p>Heather Stonebank introduced herself to the attendees and provided an overview of the aims and development of this Senior PWP Network covering:</p> <ol style="list-style-type: none"> <li>1. Heather joined IAPT in 2008 – became a senior 2011, new and exciting workforce role, now the senior role is becoming more established – this is the time to shape and develop the role – having a profession specific group is essential.</li> <li>2. Collective leadership – each individual to take leadership in their own role – seniors to encourage positive leadership and act as role models for PWPs.</li> <li>3. North West Network proved to be an inspiration – we should collaborate and form a wider Northern Network as well as a regional network.</li> <li>4. Sharing good practice is essential – internal good practice sharing is useful but sharing across the region is essential – the Five Year forward View talks about reducing variations – this network can enhance this and develop the Senior PWP role.</li> </ol> <p>Heather advised the attendees that she hopes the Senior PWP Network will provide an opportunity to be curious, look at local issues and look at national issues. It will also be an opportunity to reflect to improve practice. Some Senior's may be working in isolation and so this is an opportunity to share challenges and come up with solutions.</p>	

<p><b>3.</b></p>	<p><b>Terms of Reference – Discussion</b></p> <p>Andy Wright guided the group through the Terms of Reference and advised all attendees that these had been circulated in advance of the meeting.</p> <p>Andy Wright drew the attention of the attendees to the line of accountability of the group; working methods of the group including active participation online and face to face and the sharing of resources section, which highlights the need to be commercially sensitive.</p> <p>No objections to the Terms of Reference were raised and they were agreed as final.</p> <p><b><i>ACTION: Sarah Boul to circulate the final terms of reference to the group.</i></b></p>	<p>Sarah Boul</p>
<p><b>4.</b></p>	<p><b>Feedback from PWP Conference 14 September 2016:</b></p> <ul style="list-style-type: none"> <li>- <b>Feedback from the Conference</b></li> <li>- <b>Feedback from the Workshops</b></li> <li>- <b>Feedback from the Survey</b></li> </ul> <p>Sarah Boul and Heather Stonebank fed back to the attendees on the content of the PWP conference, the workshops that were held and the results from the survey conducted at the conference. Please see the presentation slides for further information.</p>	
<p><b>5.</b></p>	<p><b>Table Top Discussion - Development of the Senior PWP Network:</b></p> <ul style="list-style-type: none"> <li>- <b>What is working well in services?</b></li> <li>- <b>What challenges are you facing in your role?</b></li> <li>- <b>How can we support each other in this network?</b></li> <li>- <b>Identification of Key Themes</b></li> </ul> <p>The attendees conducted table top discussions on the items outlined above. Please see the collated feedback for further information.</p>	
<p><b>6.</b></p>	<p><b>Feedback from Table Top Discussions and Identification of Key Themes</b></p> <p>Andy Wright hosted the feedback discussions and advised the attendees that the Clinical Network will collate all the feedback and circulate it for the attendees to consider.</p> <p>Regarding what is working well the following was noted:</p> <ul style="list-style-type: none"> <li>• The Senior PWP role allows time to protect and nurture PWPs and represent their views.</li> <li>• The Senior PWP role provides PWP representation at CBT forums in some areas.</li> <li>• Having the Senior PWP Network is really useful, inclusive and collaborative.</li> <li>• Being involved in research has led to improvements.</li> <li>• There is a good sense of team.</li> </ul> <p>Regarding challenges the following was noted:</p> <ul style="list-style-type: none"> <li>• Targets and money.</li> <li>• Multiple inputs of data.</li> <li>• No clinical lead in some areas.</li> <li>• Inappropriate working with clients i.e. anger, complexity etc.</li> <li>• Right person, right time etc. gets overlooked because of other pressures.</li> <li>• Conflict over quantity and quality.</li> <li>• PWP vacancies – recruitment, retention and training.</li> </ul>	

	<ul style="list-style-type: none"> <li>• Senior role is not necessarily well defined.</li> <li>• Managing change.</li> </ul> <p>Regarding how we can support each other the following was noted:</p> <ul style="list-style-type: none"> <li>• The Network can feed up into NHS England to give Senior PWPs a voice</li> <li>• The Network can focus on undertaking actions – draw up an action plan and work through this collaboratively.</li> </ul> <p>Regarding key themes the following was noted:</p> <ul style="list-style-type: none"> <li>• CPD.</li> <li>• Developing leadership skills.</li> <li>• Presentations on topic areas.</li> <li>• Clinical supervision.</li> <li>• Share ways in which we can prevent burnout and promote staff wellbeing.</li> </ul> <p><b><i>ACTION: Sarah Wood to collate feedback templates into one summary document, which will then be shared with attendees for reflection.</i></b></p>	<p>Sarah Wood</p>
7.	<p><b>Online Forum (Demonstration and Discussion)</b></p> <p>Sarah Boul provided a demonstration of the online Senior PWP Forum showing attendees how to access the forum, how to register and how to view and make posts.</p> <p><b><i>ACTION: Sarah Boul to circulate joining instructions for the online forum to all attendees of the Senior PWP Network.</i></b></p>	<p>Sarah Boul</p>
8.	<p><b>Any Other Business</b></p> <p><b><i>Evaluation Template</i></b> – A brief discussion was held around the evaluation template for the network meeting. It was agreed that an editable version would be shared for services to adapt to capture patient feedback.</p> <p><b><i>ACTION: Sarah Boul to share an editable version of the feedback template with network members.</i></b></p>	<p>Sarah Boul</p>
<b>ITEMS FOR INFORMATION:</b>		
<b>Future Meetings: Thursday 12 January 2017, 09:30-12:00, Venue to be confirmed</b>		