

**Yorkshire and the Humber Senior PWP Network  
Minutes  
26 September 2017, 10:00-15:30  
The Met Hotel, King Street, Leeds**

No.	AGENDA ITEMS	Action By
1.	<p><b>Welcome, Apologies and Introductions, Andy Wright, IAPT Advisor, Yorkshire and the Humber Clinical Networks</b></p> <p>Andy Wright conducted introductions and explained the purpose of the Clinical Network. Andy Wright advised that some people are unable to attend due to the long term conditions training and another because they have been promoted.</p> <p>Andy Wright reiterated the purpose of the network, which is to focus on sharing good practice, connect on a regional and national level and support Senior PWPs as the leaders of the future.</p> <p>Andy Wright advised the attendees that the Senior PWP Network has been meeting for 1 year now and welcomed views on the future direction of the network.</p> <p>Andy Wright provided an overview of the topics covered so far including wellbeing, service presentations, improving access, psychoeducational training etc.</p>	
2.	<p><b>Wellbeing Activity, Heather Stonebank, Lead PWP Advisor, Yorkshire and the Humber Clinical Networks</b></p> <p>Heather Stonebank conducted a mindful chocolate eating exercise with attendees. The purpose of the exercise was to encourage all attendees to think about their own wellbeing, slow things down and ensure breaks are taken.</p> <p>Heather Stonebank also conducted an exercise to encourage attendees to discuss something they are looking forward to, a successful experience etc. The purpose of this exercise is to encourage attendees to reflect on positive experiences, which can change mind-sets and the tone of conversations.</p> <p>Sally Poyser from the Touchstone service advised attendees that in team meetings they have dedicated time to Stop, Celebrate and Tell, which encourages positive sharing.</p>	
3.	<p><b>National Update and Overview of the Intensive Support Team, Caroline Coxon, NHS England</b></p> <p>Caroline Coxon provided the attendees with an overview of the Intensive Support Team (IST) and advised that the IST is separate to the National Policy Team and focuses on improvement and access and waiting time standards.</p> <p>Caroline provided the attendees with key messages about clinical issues, data, clinical leadership and CPD. Caroline emphasised the importance of data and encouraged attendees to look at the NHS Digital data for their services.</p> <p>The attendees expressed an interest in better understanding the data and discussions were held around repeating the data workshops previously held in 2016, issues with SystemOne and a clustering algorithm and mixed anxiety and depression. Regarding the latter point it was noted that in some cases mixed anxiety and depression is the correct diagnosis, however, if this descriptor is used to excess then it may be that patients are not being treated on the correct pathway. It is essential that patients are assessed and treated accordingly and</p>	

	<p>that accurate problem descriptors are used. Andy Wright encouraged the attendees to work with their data analyst and CBT Clinical Lead / Operational Manager to better understand the data and problem descriptors and then share this knowledge with PWPs.</p> <p>Caroline Coxon advised that the two key messages to take away are to understand if local data is reflected in national data and to make use of service data for audits.</p> <p>Caroline Coxon encouraged the attendees to ask service managers what reports are being produced and to ensure that Senior PWPs are cited on reports, are scanning the horizon for data anomalies and giving a voice and perspective on service data.</p> <p>Please see the presentation slides for more information.</p>	
4.	<p><b>Provider Presentation: Emotional Wellbeing Service, Sheryl Horton and Jennifer Wilde, Humber NHS Foundation Trust</b></p> <p>Sheryl Horton and Jennifer Wilde provided a presentation about the East Riding Emotional Wellbeing Service and the wellbeing work that is being undertaken. Please see the presentation slides for more information.</p>	
5.	<p><b>What's coming next? PBR, Integrated IAPT etc. Andy Wright, IAPT Advisor, Yorkshire and the Humber Clinical Networks</b></p> <p>Andy Wright provided the attendees with an overview of upcoming issues that it is important to be aware of. These include: outcome based payment systems, long term conditions and the alignment of physical and mental health services and employment advisors.</p>	
6.	<p><b>Supervision – Caseload Management and Clinical Supervision (Discussion)</b></p> <p>Heather Stonebank provided an overview of the supervision model and why supervision is important. The attendees then conducted table top discussions to consider: What do you value as a supervisor? What's working well? What are the challenges? What improvements could be made? Please see the slide pack and table top discussions summary for more information.</p>	
7.	<p><b>Increased Access Targets and Access for BAME and Older Adults (Discussion)</b></p> <p>Andy Wright advised the attendees that there is a very strong rationale for working with older adults, as they have good recovery rates and adhere to the treatment regime. The Older Adults Conference held in Leeds in June 2017 highlighted that this group, and people from a BAME background, require more focus in services to increase access rates. Andy Wright asked attendees to share any best practice or case studies on work undertaken to increase access to IAPT for older people and people from BAME backgrounds.</p> <p><b><i>ACTION: All to share any best practice or case studies on work undertaken to increase access to IAPT for older people and people from BAME backgrounds.</i></b></p>	All
8.	<p><b>Feedback from PWP Conference 05.09.17, Lead PWP Advisor, Yorkshire and the Humber Clinical Networks</b></p> <p>Heather Stonebank provided an overview of the PWP Conference held in early September. Please see the slide pack for more information.</p>	
9.	<p><b>Feedback from Psychoeducational Training Follow Up Evaluation, Sarah Boul, Quality Improvement Lead, Yorkshire and the Humber Clinical</b></p>	

	<p><b>Networks</b></p> <p>Andy Wright directed the attendees to the slide pack to consider the detailed feedback from the follow up evaluation survey. It was noted that the main recommendation from the follow up evaluation was that PWPs were lacking from in service support to implement changes learned from the training. Andy Wright advised the attendees that this would be raised with the IAPT Provider Network to ensure that learning is nurtured and embedded within services.</p> <p>Please see the slide pack for more information.</p>	
<p><b>10.</b></p>	<p><b>Any Other Business</b></p> <ul style="list-style-type: none"> <li>- <b>Self-help Materials</b> Andy Wright advised the attendees that the Network had conducted some table top discussion on the use of self-help materials and the outputs from these are available on the website if attendees wish to review them.</li> <li>- <b>Widening Participation Survey</b> Andy Wright thanked the Senior PWPs for their involvement in answering the widening participation survey and for circulating it to their PWPs. Andy Wright advised that as soon as the final report is received it will be circulated to all.</li> <li>- <b>cCBT</b> Andy Wright advised the attendees that the Clinical Network is in discussion with Silver Cloud to develop some bespoke training for PWPs. As soon as further information is obtained an update will be circulated.</li> <li>- <b>Accreditation Update</b> Heather Stonebank advised that as yet there is no update on the accreditation process but as soon as an update is received from the BABCP it will be shared.</li> </ul> <p><b>Online Forum</b></p> <p>Heather Stonebank advised the attendees, and in particular new attendees, that the Senior PWP Network has an online forum where people can post questions and receive answers from colleagues across the region. It was agreed that Sarah Boul would circulate the joining instructions for the online forum.</p> <p><b><i>ACTION: Sarah Boul to recirculate the online forum information.</i></b></p>	<p><b>Sarah Boul</b></p>
	<p><b>ITEMS FOR INFORMATION:</b></p>	
	<p><b>Future Meetings:</b> The next Senior PWP Network will be held in January 2018. A date will be circulated as soon as possible.</p>	